

News & Views



First Quarter
January-March, 2025

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Contact us

Give us a call for more information
about our services or an article you've
seen in the newsletter.

Illinois/Iowa Center for Independent
Living

501 11th Street

Rock Island, IL 61201

Phone: (309) 793-0090

Visit us on the web at www.iicil.com

Like us on Facebook at **Illinois/Iowa
Center for Independent Living**

36th IICIL Annual Meeting

*When: Monday, March 24, 2025 at
1:30p.m.*

*Where: Illinois/Iowa Center for
Independent Living*

501 11th Street

Rock Island, IL

*The IICIL will host their 36th Annual
Meeting, virtually on Facebook and
in-person (by invitation only).*

*Awards will be presented to the
Advocate of the Year, Volunteer of
the Year, Interpreter business of the
Year as well as Years of Service for
Board and Staff.*

*Please plan to join us virtually for
this event.*

IICIL Staff out in the community



IICIL staff, Marisa Cantu held her first Meet and Great with the Project SEARCH at UnityPoint Health - Trinity to talk to them about Self Advocacy and Self Determination and how that plays a role in their job training experience as they move towards being employed.



Ametra Carrol-Castenada at a Scott County Health Department Wellness Event.



Meet & Greet at a local Jr. HS with Fast Track Students in Illinois.



Students in the Project Search self determination program in Clinton, Iowa worked on a mini magnet that reminds them to stay positive!



Magnet from Clinton, IA Project Search.



REMEMBER

When it gets icy and cold:

DO THE PENGUIN WALK

- Keep your knees relaxed
- Point your toes out
- Take short steps
- Walk slowly
- Extend arms out to keep balance



Newsletters emailed to your inbox

Would you like to receive the newsletter faster and reduce paper??? Then sign up to receive our newsletter via email straight to your inbox. If you have access to a computer and an email address, just call our office 309-793-0090 and ask to have the newsletter sent to you through email. Just give us your name and email address and we can add you to our email list no more "snail mail".



2025 FREE TAX ASSISTANCE



TAX FILING STARTS FEB. 1

How it works

United Way and AARP help thousands of Quad Citizens prepare their income taxes, free of charge, with our Volunteer Income Tax Assistance (VITA) and AARP Tax Aide programs.

We help working families take advantage of all eligible tax credits, including the Earned Income Tax Credit (EITC), and Child Tax Credit (CTC).



Appointments open Jan. 20.
Scan the QR code or visit
UnitedWayQC.org/VitaQC

Supported by these partners



BY APPOINTMENT ONLY >> FEB. 1 – APR. 9

** TCE Location (Tax Counseling for Individuals age 60 or older)*

Bettendorf

Ascentra Credit Union, 2019 Grant St.
Feb. 10 – Apr. 7 (No Feb. 17) | Mondays 5-8 p.m.

Davenport

Davenport Public Library*, 6000 Eastern Ave.
Feb. 3 – Apr. 9 (No Feb. 17, 24, Mar. 5)
Mon. & Wed., 12:30-4 p.m.; Tue. 9:30 a.m. – 4p.m.;
Sat. Mar. 15, 29 – 9:30 a.m. – 1p.m.

Friendly House, 1221 N. Myrtle St.

Feb. 4 – Apr. 5 | Tue. & Thu., 5-8 p.m.; Sat. 9 a.m. – Noon

LeClaire

LeClaire Community Library*, 323 Wisconsin St.
Feb. 13, 27, Mar. 13, 27., Apr. 3, 12:30-4 p.m.

Moline

Moline Public Library*, 3210 41st St.
Feb. 3 – Apr. 9 (No Feb. 17) | Mon. & Wed.,
10:30 a.m. – 4:15 p.m.

WIU – Quad Cities campus, 3300 River Dr.

Feb. 6 – Apr. 4 | Thursdays, 5-8 p.m.

Rock Island

Rock Island Senior Center*, 2221 11th St.
Feb. 1 – Apr. 5 | Saturdays, 9 a.m. – 12:30 p.m.

Rock Island Township*, 2827 7th Ave.

Feb. 4 – Apr. 8 (No Feb. 25, Apr. 1)
Tuesdays, 9:30 a.m. – 3:30 p.m.

WALK IN ONLY >> FEB. 4 – APR. 5

Rock Island

MLK Center, 630 9th St.
Feb. 4 – Apr. 5 | Tue. – Thu., 5-8 p.m.; Sat. 9 a.m. – Noon



UnitedWayQC.org/VITA

852 Middle Road, Suite 401
Bettendorf, IA 52722 | 563.355.4310



Iowa Center for Independent Living

501 11th Street

Rock Island, IL 61201

Non-Profit
 Organization
 U.S. Postage Paid
 Permit No. 216
 Rock Island, Illinois

Addressee or Current Resident

ST. AMBROSE ADAPTIVE SPORTS SHOWCASE

APRIL 26, 2025
 1 PM - 4 PM

ST. AMBROSE UNIVERSITY
 WELLNESS & RECREATION
 CENTER (LOCATED ON THE
 NORTH END OF SAU CAMPUS)
 518 W. LOCUST ST.,
 DAVENPORT, IA 52803

HOSTED BY: IOWA adaptive sports ATHLETICS

Contact info:
 Name: Bob Juarez
 Cell: (563) 349-1972
 Email: fire0890@q.com

- Showcasing adaptive equipment and sports (racing chairs, football, tennis, pickleball, lacrosse and more!)
- Trial, learn and play adaptive sports!
- Get connected with Quad Cities Adaptive Sports, meet St. Ambrose Athletes and spread awareness!

Seasonal TOURS 2025

DATES

WINTER:	February 8th
SPRING:	May 17th
SUMMER:	August 30th
FALL:	November 8th

General Information

- Run Time: 11:00-12:30
- **FREE WITH ADMISSION**
- **NO RSVP Required** (Meet in the Lobby at 11:00)
- Tours include our Permanent Exhibit: The German American Experience and Featured Rotating Exhibits

ASL Interpreter Available
 Email Requests to aaron@gahc.org
 by the Monday the week of the tour

For more information
 Visit: www.gahc.org
 Call: 563-322-8844

GERMAN AMERICAN HERITAGE center & museum