

Updated 7/29/2021

# LAB RAT ACADEMY

## COVID-19 SAFETY GUIDELINES AND PROTOCOL

Lab Rat Academy considers in-person education an *essential activity*. For that reason, we are continuing to offer our services to the homeschool community while keeping the protection of your health and safety in consideration. According to the California Department of Public Health COVID-19 safety guidelines, Lab Rat Academy has implemented the following:

### What Lab Rat Academy is doing to try and keep you healthy.

- Class size has been reduced to allow for adequate distance between students and teacher
- Symptom checks are being conducted before students may enter the work space
- Quantity of fresh outside air has been increased for sufficient ventilation
- Common areas and high contact surfaces are being disinfected frequently
- Hand sanitizer effective against COVID-19 will be available to all students
- Soap and water will be available for hand washing
- Face masks are encouraged to be worn except when doing so compromises the health of the individual
- Copies of this protocol will be distributed to all families registered for Lab Rat Academy labs
- Guidelines and protocol will be posted at the entrance to our facility

### What we ask of you to try and keep you healthy.

- Screen yourself, your household, and your student for COVID-19 symptoms prior to coming to class (see below)
- Do NOT come to class if you or anyone in your immediate family has recently had COVID-19 symptoms
- Maintain a minimum six-foot distance from classmates, if possible
- Sneeze and cough into a cloth or tissue or, if not available, into your elbow
- Only students will be allowed to enter the facility
- Do not shake hands or engage in any unnecessary physical contact
- Use the bathroom before coming to class to decrease the use of the facility

### How to screen yourself for symptoms.

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Please, do not come to class if your household, or anyone that your student has come into contact with, has experienced these symptoms.