

# Herbal Companions In The Garden



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We can trace companion planting using herbs for insect control all the way back to the medieval period where they were used extensively by the monks in their monastery herb gardens. The list is extensive, so for brevity just a few are listed here.

## To control insects in the garden grow the following herbs:

<b>Ants:</b> Orange, nasturtiums, tomato leaves, basil, spearmint, onions, stinging nettle, garlic	<b>Aphids:</b> Rosemary, mint, dill, sage, hyssop, garlic, oregano, spearmint, tansy, thyme, chamomile
<b>Cabbage Butterfly:</b> Garlic, tomato leaves, pepper on plant's leaves	<b>Catepillars:</b> Tansy, pennyroyal, wormwood, spearmint and fennel
<b>Fleas:</b> Tansy, rue, wormwood, eau de cologne mint, basil	<b>Flies:</b> Tansy and basil
<b>Fruit flies :</b> Stinging nettle, sage, horseradish	<b>Fungus:</b> Wormwood, spearmint, mint
<b>Mice:</b> Chives, dried sage and nettle	<b>Mildew:</b> Tansy, pennyroyal, garlic, wormwood, sassafras,
<b>Mosquitoes:</b> Mint, catmint (nepeta cataria), tansy, garlic, pennyroyal, spearmint	<b>Moths:</b> Sage, mint, rosemary, thyme, pennyroyal, wormwood, lavender, and spearmint
<b>Red Spider Mites:</b> Onions	<b>Slugs:</b> Oak leaf mulch, dry rosemary cuttings and wormwood (artemesia of any variety)
<b>Snails:</b> Garlic; collect them in folded cabbage leaves or inverted citrus cups	<b>Tomato Worms:</b> Garlic
<b>Thrips:</b> Pyrethrum	<b>White Fly:</b> Nasturtiums, crushed basil leaves as a spray in water. Infuse in bucket, add water
<b>Weevils:</b> Garlic	