



# THE CENTRAL NEW YORKER

<http://nysutretireecouncil7.org/>

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## WELCOME RC 7 RETIREES

**Auburn**    **Baldwinsville**    **Cato-Meridian**    *Cayuga-Onondaga BOCES*  
 East Syracuse-Minoa    **Fabius-Pompey**    **Fayetteville-Manlius**  
 Jamesville-Dewitt    **Jordan Elbridge**    LaFayette    **LIVERPOOL**  
**LYNCOURT**    **Marcellus**    **Moravia**    *North Syracuse*  
 Onondaga-Cortland-Madison BOCES    **Onondaga Central**    **PORT BYRON**  
**SKANEATELES**    *Solvay*    **Southern Cayuga**    **Syracuse**    **Tully**  
 Union Springs    **Weedsport**    **West Genesee**    **Westhill**



**2022 – 2023 MEETINGS**

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December 13– Bellevue CC, Syracuse  
*See reservation form on page 3.*

April 18 – Lasca’s, Auburn

May 16 – TBD

June 20 – TBD

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*Top: Ian Phillips updates RC 7 members in October.  
Bottom: Bill Spreter and Loretta Donlon share updates.  
Photo credit: Phil Cleary*

**Join Lasting Impressions Tours and RC 7**

***“Coastal Massachusetts’ Hidden Treasures” on June 6 – 9, 2023***

Cost determined by number of participants.

For more info, go to the RC 7 website <http://nysutretireecouncil7.org/>  
or contact Kathy LaRocca @315-466-9463 or [www.lastingimpressionstours.com](http://www.lastingimpressionstours.com)

As a NYSUT retiree from a school district in *Cayuga and Onondaga Counties*, you became a part of Retiree Council (RC) 7 of NYSUT. Through this group and your local chapter (if your local has one), you can stay informed and active as a union member and ensure your benefits are protected in retirement.

The NYSUT Retiree Services Program, part of Program Services, was established by NYSUT to help its retirees organize and to act as a service provider for those retiree groups. <https://www.nysut.org/members/retirees>

Update your information with NYSUT and RC 7. If you have a new address, phone number, or email address, please email [AnneMarie.Voutsinas@nysut.org](mailto:AnneMarie.Voutsinas@nysut.org) or leave a message at 315-431-4040. It’s critical that we have current contact information.

### From the President's Desk...

*Loretta K. Donlon*

Welcome to fall! By now, we are all exhausted from listening to all the news broadcasts describing the outcomes of the 2022 mid-term elections. The problem is that, even a couple of days after the big day, we still do not know for certain who won the coveted prizes, but it is certain that our work in politics is not done. While the past couple of months had many of us doing Union work - checking in on our members in Florida after Hurricane Ian, calling our members on behalf of our endorsed candidates in the recent election, or supporting our in-service members as they struggled through a beginning of the school year with many staffing deficits - we cannot let down our guard.



I'd like to thank our members who spent hours texting, calling and advocating. Many of you walked the neighborhoods, knocked on doors. Others increased their contributions to VOTE-COPE. How ever you did it, we are grateful. But there's always work to be done as we support for our students, our communities, and our own livelihood. Our advocacy and lobbying on behalf of our ideals and our accrued benefits is even more important and necessary. We heard in the candidates' exchanges with their opponents that there will be challenge to Medicare and Social Security. Nothing else can be a stronger call-to-arms for retirees than a possible attack on these basics of a dignified retirement. Stay ready to make our representatives know our concerns and to serve again as part of NYSUT's collective power! We count on YOU to be with us as part of our **Union For Life**.

A couple of reminders: We will be conducting an election for RC 7 Officers and Executive Board members in the spring. Watch for more details on how to submit your resume in the next issue. And, if you're fortunate to spend part of the winter - or all year - in a warm climate, please stay connected with us through our web-page and social media. RC 7 members who are in Florida for part or all year can partake in Florida events. Contact Miriam Hanan at [Miriam.Hanan@nysut.org](mailto:Miriam.Hanan@nysut.org) for more information about doing that!

I would also like to remember **Joanne Heisler**, a retiree from Syracuse, who served as an RC 7 Director and as president of STARS, the Syracuse Teachers Association Retiree Chapter. May she, and all our deceased members, rest in peace.

Finally, on behalf of the RC 7 Officers and Executive Board, we wish all of you a Happy Holiday season. We hope to see you at the December luncheon for a little pre-holiday FUN! But, be ready to move into renewed advocacy in the months ahead.

### Have You Sent in Your Participation Fee?

**Active membership** in Retiree Council 7 is open to every NYSUT retiree of any NYSUT represented group in Election District 7. ED 7 is comprised of all units in Cayuga and Onondaga counties. Active members are those who have paid RC 7's participation fee of \$10 per year and, if required by the local, payment of local retiree fees. **Associate membership** is open to the spouses of active members.

**One important note:** If you are retired from Jordan-Elbridge, Liverpool, North Syracuse, Port Byron, or Syracuse City, your RC 7 participation fee is collected with the dues for your local retiree chapter and then forwarded to us. (Contact [AnneMarie.Voutsinas@nysut.org](mailto:AnneMarie.Voutsinas@nysut.org) if you need more info or have a question.)

Participation fees are accepted at any time. However, **to be able to nominate your child or grandchild for one of our June 2023 scholarships you must pay your participation fee by December 31, 2022.**

Retiree Council 7 Membership Form 2022 - 2023		
Name	_____	
Address	_____	
City	State	Zip
Phone	_____	
Email	_____	
District retired from	_____	
Position	_____	

The Central New Yorker is published by  
 NYSUT Retiree Council 7  
 NYSUT, AFT, NEA, AFL-CIO

**Officers**  
 Loretta Donlon, President  
 Candace Johnson, First VP  
 William Spreter, Second VP  
 Melody Mariani, Secretary  
 Carol Graham, Treasurer  
 Margo Buckingham, Immediate Past President

**Board of Directors**  
 Phil Cleary Mary Duffin  
 Paul Farfaglia Edward O'Rourke  
 Lilli Rastegar

NYSUT Regional Office  
 4983 Brittonfield Parkway  
 E. Syracuse, NY 13057  
 315-431-4040

<http://nysutretireecouncil7.org/>  
<https://www.facebook.com/nysutretireecouncil7>

Loretta Donlon, ED 51 Director

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Anne Marie Voutsinas  
 Retiree Services Consultant

Lynn Davis, Web Master  
[nysutRC7@gmail.com](mailto:nysutRC7@gmail.com)



Please mail membership form with your \$10.00 check payable to NYSUT RC 7 to: RC 7 Membership Chair NYSUT Regional Office 4983 Brittonfield Pkwy E. Syracuse, NY 13057



Join Us on **Tuesday, December 13, 2021**, for the RC 7 Luncheon at  
**Bellevue Country Club, 1901 Glenwood Ave., Syracuse**  
 \$35 per person

**Registration @ 11:30 • Meeting @ Noon • Lunch @ 12:30 • Program after Lunch**

**UNDERGROUND FLUTE OPERATIVE** will provide entertainment.

Entrée Choices:

**Haddock or Lemon Chicken**

All entrees include rolls, garden salad, seasonal vegetable, oven roasted potato,  
 dessert, coffee, tea, and water

*Directions: Bellevue Country Club is located near the intersection of Bellevue Ave., Glenwood Ave., and Velasco Road. From Syracuse, take 690W to Geddes St. Turn left and continue on Geddes to Bellevue Ave. Take a right onto Bellevue and a left onto Glenwood. The restaurant is on the left. From the Auburn, take Rte. 20 E to Skaneateles, turn left on Rte. 321N to Old Seneca Tnpke. Turn right - the road becomes Rte. 175. Turn left on Velasco Rd. and follow the directions from Syracuse.*

**IF YOU REQUIRE PARKING ASSISTANCE, PLEASE INDICATE ON FORM.**

**Reservation Form RC 7 Luncheon - December 13, Bellevue Country Club**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

*If you require any device or accommodation as provided by the Americans with Disabilities Act, or need a dietary accommodation, please contact Mary Duffin at mduffin2@verizon.net*

Please indicate entrée choice below. If including multiple reservations, indicate names clearly next to meal choice.

\_\_\_\_\_ Haddock \_\_\_\_\_ Chicken

Number of reservations \_\_\_\_\_ at \$35. Amount enclosed \$ \_\_\_\_\_ Check # \_\_\_\_\_ Cash \_\_\_\_\_

If you need Parking Assistance, please indicate here: \_\_\_\_\_

Please send reservation form and a check payable to **NYSUT RETIREE COUNCIL 7** to:  
**RC7 Luncheon Chair, NYSUT Regional Office, 4983 Brittonfield Parkway, E. Syracuse, NY 13057**  
**Reservations must be received by December 4. No one can be seated without a reservation.**

**We Remember Fondly ...**

Baldwinsville

Alida Bender  
 David Crast  
 Barbara Long

Jamesville-Dewitt

Carl Bjork  
 Joan Christy +FP  
 Brian Corbett  
 Barbara Farnsworth  
 Susan Levine  
 Carmella Mantaro  
 Ruth Pierce  
 Catherine Simon  
 +OCC

West Genesee

Robert Amerman  
 Richard Camken  
 Veronica Capraro  
 Christine Edinger  
 Ruth Lawton  
 Shirley Newstead  
 Virginia Voorhest

Liverpool

Marie Korta  
 Louis Levanti

Cato Meridian

Janice Chase

East Syracuse-Minoa

Margaret Green  
 Robert Kinsella  
 Lois Messe

Jordan Elbridge

Graydon Wheeler

North Syracuse

Donald Brower.  
 Lucille Dietrich + L'pool  
 Maurice Downey  
 Raymond Howard  
 Edward Loos  
 Ruth Macko  
 Edwin Macomber  
 Joanne Marsh  
 Alice Mattson  
 Tresa Miles.  
 Loomis Pardee  
 Frank Wentworth

Auburn

Susan Watkins Carter

Fayetteville-Manlius

John Hale  
 Barbara Oakley  
 Janet Rudolph

Syracuse

James Antonacci, Sr.  
 Marilyn Barletta  
 Lillian Burgos  
 Amy Kipping Cayen  
 Mary Jo Coleman  
 Bonnie Connelly  
 Joanne DeVecchio  
 Annabelle Dickinson  
 Stephanie DeMarco  
 Donna Fioretto  
 Elizabeth Grady  
 Donna Grihin  
 Joanne Heisler  
 Tina Jarmacz  
 John Kelly  
 Ethelina Leone.  
 William Markovitz +OCC.  
 Christine Myers  
 Larry Page  
 Pauline Palmieri  
 Edna Pendergast  
 Bernice Romocki  
 Frederick Scholl.  
 Darlene Starling  
 Jeanette VanAlmelo

OCC

Kenneth Reed

Skaneateles

Eugene Finnegan  
 Lois Harter

Tully

Doris Fisher

Marcellus

Teresa Beresik

Lyncourt

Emanuel LaMacchia

Lafayette

Mary Ann  
 Capone

Solvay

Madaline Caslake  
 Kenneth Darrow  
 Peter Martin

Westhill

Warren Bonnell  
 William Roach, Jr.

**Joanne Heisler**




*RC 7 Director and  
 STARS President*

**Please Note:**  
 Our newsletter is posted on the RC 7 Website before it is printed and mailed from NYSUT Headquarters.  
 Be sure to check the site for luncheon information and avoid sending in a late reservation due to unexpected printing and/or mailing delays.



**Life is complicated. NYSUT Member Benefits can help.**

# PEER SUPPORT LINE



**The Peer Support Line is a new service available through NYSUT Member Benefits that's offered at no cost to all NYSUT members and their families.**



**The Peer Support Line can help with:**

- Finding mental health services or support groups
- Answering questions about Medicare and Medicaid
- Managing work-related stress
- Providing support to new members
- Sourcing elder care or caregiving services
- Assisting with marital, relationship or child rearing concerns
- Reducing feelings of isolation and loneliness

The Peer Support Line is a partnership between NYSUT Member Benefits and Rutgers University Behavioral Health Care.

**For more information or assistance, call toll-free 844-444-0152.** Nov/Dec 2022