



Free wellness education

Lunch and Learn

Mental health first aid is important – not only to think about taking care of ourselves, but also to help when you see someone in need or if someone reaches out for help.

Bring a lunch, and learn from one of our Saint Luke's experts.

This event is the one of several free lunch and learn sessions to be held throughout the year at Anderson County Hospital.

Mental Health First Aid

Maralee Marie Bauman, BS, EMT
Youth Mental Health First Aid Instructor

Tuesday, Jan. 15
Noon – 12:30 p.m.

Anderson County Hospital
Conference Rooms A and B
421 Maple St.
Garnett, KS 66032

785-448-3131

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421 S. Maple
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saintlukeshealthsystem.org

 **Anderson
County Hospital**
SAINT LUKE'S HEALTH SYSTEM