

“The Doctor of the future will give no medicine but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease.” -Thomas Edison

SPINAL HEALTH AND CORRECTION CENTER

1468 N. HIGH POINT RD.
MIDDLETON, WI 53562
608-833-7422

Points of Interest:

- **New Location**
- **Orthotics**

Spinal Health and Correction Center

www.spinalhealthandcorrection.com

Newsletter Date: March 2015

New Location and Hours

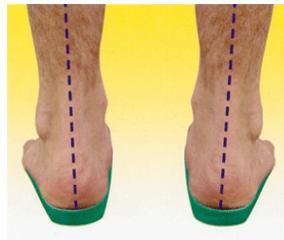
For patients who have not had an appointment for some time, we are now settled in our new location. The address is:

1468 N. High Point Rd.
Middleton, WI 53562

We are located directly behind the old clinic and in the first building on the left when turning into Foxridge Hills Office Park. Normal clinic hours have resumed. They are Monday through Friday 8:30 to 6:00, Saturday and Sunday by appointment.

Orthotics Can Help Lower Your Pain

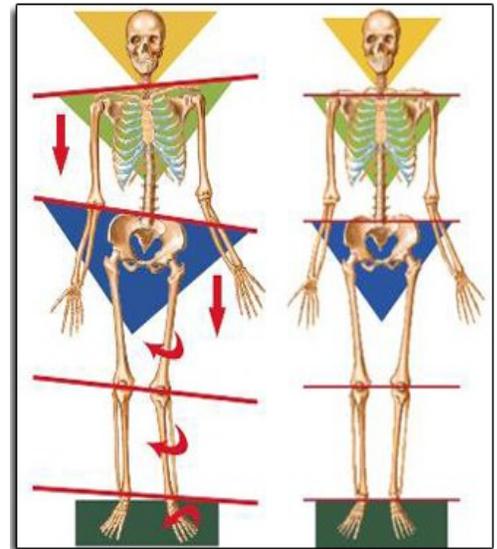
Orthotics are shaped insoles placed inside shoes with the purpose of restoring natural foot movement.



This is necessary when the natural balance of our lower body has been disrupted by, for instance, over-pronation shown by the red arrows below.



Many common complaints such as muscle pain, heel pain, knee pain and lower back pain can be caused by poor foot mechanics.



The above picture shows how a rotated foot can cause many other postural misalignments. This results in joint dysfunction and pain. If left uncorrected, it may result in arthritis, sciatica, headaches and more.

Chiropractors treat the whole body and can determine how the use of orthotics can complement our treatment. We also use specific mobilization and manipulation techniques to ensure that areas of restricted movement are released, which will have an effect on how your feet are functioning, helping your problem resolve better. It doesn't make sense to just put an orthotic in a shoe without both using manipulation to clear the restrictions in your foot and give specific exercises to strengthen the supportive musculature.

Dr. Brent is trained in fitting custom orthotics and can determine if you require orthotics.

Thank you for the referral of your family and friends.