




# ODE CNP CACFP Menu Form



**November 21-23**

Sponsor name/site name Gentog Menu C 2022

Month and Year \_\_\_\_\_

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Yogurt w/granola Toast (WW) Peaches Whole or 1% Milk	Orange Rolls Cheerios Fruit Cocktail Whole or 1% Milk	<p>Center will be closed Thursday and Friday</p> 	
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Hard Boiled Egg Club Crackers	English Muffins Melted Cheese	Ritz Crackers Sliced Cheddar Cheese		
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	<b>Intergenerational Meal</b> Sliced turkey Mashed potatoes Stuffing Green Beans Pears Cranberry Sauce Whole or 1% Milk Pie		
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Sliced Apples Cheese Slices	Rice Cakes Orange Slices	Teddy Grahams Whole or 1% Milk		

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.