



“Glory be to You,
who laid your
Cross as a
bridge over
death that souls
might pass over
it from the
dwelling of the
dead to the
dwelling of life.”

St. Ephrem of Syrian

SCRIPTURE of the DAY

Acts 10: 34, 37-43

Psalms 117: 1-2, 16-17,
22-23

Colossians 3: 1-4 or
1 Corinthians 5: 6-8

John 20:1-9 or
Luke 24: 1-12

INTERNAL CIRCULATION ONLY
BUL 16/2025

Mary Magdalene, Sts Peter, John and the apostles suddenly realised all this on a sudden leap of faith, bestowed on those whom God specially calls. At Baptism, we too are called God's children and Easter affirms that God has come to save all of us as a loving Father.

Not only does Jesus offer us a promise for the future, HE is our ultimate hope. Contrastingly, we live amidst wars, changing gender identity, mental and spiritual anguish, the prospects and perils of an advancing AI world, a new financial lifestyle etc; Jesus offers us something even greater and deeper. He offers us the fruits of Easter, a promise of peace. This peace is guaranteed, it is assured, it is real. The promise of peace compels us to walk in the light for we become children of this enormous light. **Easter compels us to face the glorious cross with renewed enthusiasm for life.** We have a hope, a destiny, a God who comes, to save and to claim us as His own.

We reflect how the Easter message intertwines with us. Are we a reflection of Easter, do we share the message in word and action. What's different in our lives this year from the last? Heaven came down to earth, Jesus came to specially call us out as a disciple, to become a brother and sister in the faith. His Divine blood, poured out for you and me is a sign that we are His, and His alone. Easter changed the world; Easter altered the journey of life forever Let us become an Easter people filled with enthusiasm sharing the good news of our faith.

Wishing everyone a Blessed, Spirit-filled and Joyful Easter! ✦

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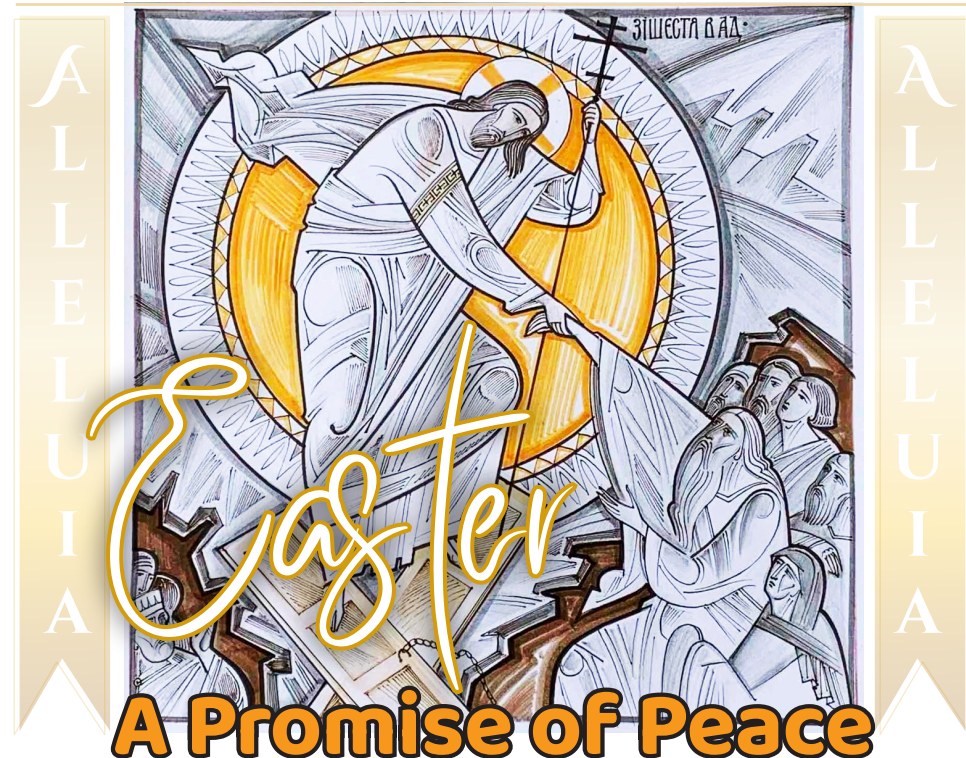
NEWBEC

NEW WAY OF BEING CHURCH

Easter Sunday

20 April 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE



The glorious day that forever changed the world—that's what we celebrate today. Sin severed the divine relationship; Jesus came to restore humanity. Eternal life was slipping from our grasp, but Jesus eternally reinstated that. God was foreshadowed within the synagogue and the sanctuary, yet Heaven came down to earth. The new Adam, the exclusive gateway to the Father came to the rescue, sent by The Father Himself. The Son of Man became the Lord and God forevermore.



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as
Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) **website:** omhip.org

Dear Parishioners,
Christ is Risen! Alleluia!
In the light of the Resurrection,
may your hearts be filled with
hope, peace, and renewed joy
in this year of the Jubilee.
As we celebrate the victory of life over death,
may we become living witnesses of
the Risen Lord—spreading His love
in our families, our parish, and our world.
Wishing you and your loved ones
a blessed and joyful Easter!
In the Risen Christ, (Fr.Patrick Massang,CSsR)

We welcome our newly Baptized who were
fully initiated into the Catholic Church on
Easter Vigil on 19 April,2025. O.M.P.H welcomes you.
Congratulations.

Our Special Thanks

- To the Liturgical Ministries and all who prepared throughout the Holy Week & Easter Triduum celebrations to make this Easter a faith-filled experience.
- To our IT members for their creative arrangement of the slides.
- To our Parishioners & friends who donated flowers to decorate the church.
- To the Art & Flower ministries for their creativity in decorating The church for an atmosphere conducive to Easter celebration. To all parishioners and friends for your continuous support to the parish in giving your time, finance and your thoughtful gifts. It is deeply appreciated. **God Bless you all.**

PARISH ACTIVITIES & MEETINGS: *(April/May 2025)*

- * 19/4/2025 – 12.00 p.m. – Infant Baptism Ssn. & rehearsal (St.Mk.Rm.)
- * 21/4/2025 - 7.30 p.m. - Ablaze practise (ven Francis Xavier Rm.)
- * 22/4/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- * 22/4/2025 - 7.30 p.m. – Lay Spirituality in Mission (St.Mk.Rm.)
- * 23/4/2025 – 8.00 p.m. – Chinese (St.Mk.Rm.)
- * 24/4/2025 – 7.30 p.m. - RCIA (E) (St.Mk.Rm.)
 - 8.00 p.m - RCIA (T) (St.Paul Rm.)
 - 8.00 p.m - RCIA (BM) (Wallace Rm.)
- * 25/4/2025 - 6.00 p.m. – Ablaze (St.Alphonsus Liguori Rm.)
 - 8.00 p.m. – RCIA (C) (ven Francis Xavier Rm.)
- * 25/4/2025 - 8.00 p.m. – Area Coordinators (St.Mk.Rm.)
- * 27/4/2025 - 9.00 a.m. – Zero waste Sunday (parish hall)
- * 29/4/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
- * 29/4/2025 - 7.30 p.m. - Lay Spirituality in Mission (St.Mk.Rm.)
- * 1/5/2025 - 9.00 a.m. – Discovering the Gospel St.Mark (C) (Parish hall)
- * 4/5/2025 - 10.00 a.m. – Sun. Sch. (parish hall)
- * 6/5/2025 - 8.00 p.m. – Legion of Mary (St.Mt. Rm.)
 - 7.30 p.m. – Lay Spirituality in Mission (St.Mk.Rm.)
- * 7/5/2025 - 8.00 p.m. - Chinese Apostolate (St.Mk.Rm.)
- * 9/5/2025 - 11/5/2025 – Confirmation camp (Wisma)
- * 13/5/2025 - 7.30 p.m. - Caritas OMPH committee (St.Mk.Rm.)
- * 13/5/2025 – 9.30 a.m. – Tamil Charismatic (Fmly. ministry (ven.Francis Xavier Rm. + St.Mk. Rm.)

BIBLE REFLECTION & HOME-GATHERING:

- * 23/4/2025 – 8.00 p.m. – BEC St.Peter (C) – (Cafeteria)
- * 28/4/2025 – 8.30 p.m. – BEC St.Alphonsus Liguori; Home of Victor & Bernie.

APRIL, MAY COFFEE MORNINGS:

- 20/4/2025 - Youth
- 27/4/2025 – RCIA
- 4/5/2025 - CCR
- 11/5/2025 - RECHOSO

ECOLOGICAL PARISH

We have just signed the protocols to become an Ecological Parish. This would mean that we have to refrain from using plastics, polystyrene/styrofoam containers, plates, cups etc. plastic spoons,forks,straws, wrapping incl. waxed paper, paper towels, paper cups and plates etc. in our cafeteria among other requirements. Let us work together as the earth is our home.



B.E.C. COORDINATORS MEETING-
Every 2nd Friday of the month
at 8.00 p.m.in St.Mark's room.
All B.E.C. leaders, please take note
that the Parish is trying to revive
the
B.E.C.s of all language groups.
Kindly inform the parish office to
insert into the bulletin of your
BEC monthly meetings.
Next Meeting:
Fri. 25 April,2025.

EVENING FOR THE ENGAGED 2025

**Please see your Parish Priest
for registration.**

EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married
in the year 2025, please take note
of the EE Weekends held
in **english** during the year.
You are requested to register
six (6) weeks before the weekend
For **Tamil marriage preparation**
course **2025** –

Dormitory St.Anne, Bukit Mertajam. Church of St.Anthony, Nibong Tebal.	May 24/25 Aug 23 & 24/ Nov 15 & 16 (Closing date on: 1st day of each month)
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**Please see your Parish Priest for
registration.**

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian
Meditation group which meets
* **EVERY SATURDAY** AT 11.00 A.M. –
12 NOON in the Meditation room.

BAPTISM: Please contact the
Parish Priest at least
ONE MONTH in advance.

MARRIAGE:

Please contact the Parish Priest
at least **SIX MONTHS** in advance.

JUBILEE OF FAMILIES

**Enchancing Family Life
organized by Penang Diocesan
Family Life Ministry.....**

(date) 21 & 22 June, 2025
(time) Mass @ 7 a.m. (21/6/25)
Registration/Breakfast
at 8 a.m.

(venue) Domus St.Anne, Minor
Basilica of St.Anne, B.Mertajam
Contact: Theresa 017 5788192.

ADORATION TO THE BLESSED SACRAMENT

– 1st Friday of each month
on **Friday, 2 May,2025** at
7.20 p.m. followed by Mass at
8 p.m in Church.

ANNOUNCEMENTS:

A NATIONWIDE HUMANITARIAN APPEAL from 26 April till 31 May, 2025.

The Catholic Bishops' Conference of
Malaysia is launching a nationwide
humanitarian appeal to
participate in the following ways –

1 Donate to special **2nd collection** on
the weekend of Divine Mercy Sunday
26 & 27 April,2025.

2. On-going donations until 31 May,
2025. You can sent in your cash
donations at the parish office or
Online transfer –

Account name: **Caritas Malaysia**

Bank: **RHB Bank**

Branch: 380-A, Jalan Burma,
10350 Georgetown, Pulau Pinang.

Account no.: **20708200054188**

Swift code: **RHBBMYKL**

Ref.: **"CaritasMy Myanmar Relief"**

Notification: kindly email your
transfer slip to info@caritas.org.my

3. DuitNow QR code
(pls refer to notice-board)

Let us, as **Pilgrims of Hope**, bring
the light of Christ to those in
darkness. May our generous
response be a living testimony of the
mercy of our Heavenly Father and
the unity of the Body of Christ.

ZERO WASTE SUNDAY

Join us on

Sunday, 27 April, 2025 from
9 a.m. till 12 noon in the parish Hall
as we come together to care for
God's creation through mindful,
sustainable living. Learn practical
tips, enjoy eco-friendly activities,
and explore how small changes can
make a big impact.
Let us walk gently on the Earth –
together. Everyone is welcome!

KURSUS PRA-PERKAHWINAN DALAM BM

(Tarikh) **26-27 April,2025.**

(Tempat) Auditorium, Minor
Basilika St.Anne Bukit Mertajam
Untuk pertanyaan dan maklumat
lanjut sila hubungi:
Sr.Lucynia (010 7966882)
Sr.Florence (012 8484158)
Byron (013 5950232)
Tarikh tutup penyertaan: 20/4/2025.

THE GOSPEL OF MARK Treasure Hunt Course (Mandarin)

(date) Thurs 1 May, 2025
(time) OMPH parish Hall
This course aims to teach
participants how to read and
memorize scripture effectively,
enabling them to recognize the
unique portrayal of Jesus in each of
the 4 Gospels.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.

(20 April 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)

(All in *English* unless stated otherwise.)

SUN.20 EASTER SUNDAY OF THE RESURRECTION OF THE LORD

8.00 a.m. Mass (E)

11.30 a.m. Mass (C)

MON.21 MONDAY WITHIN EASTER OCTAVE/St.Anselm

7.00 a.m. Mass

TUES.22 TUESDAY WITHIN EASTER OCTAVE

7.00 a.m. Mass.

8.00 p.m. Tamil Charismatic prayer meeting.

WED.23 WEDNESDAY WITHIN EASTER OCTAVE

7.00 a.m. Mass.

THURS.24 THURSDAY WITHIN EASTER OCTAVE/St.Fidelis of Sigmaringen.

7.00a.m. Mass.

FRI.25 FRIDAY WITHIN EASTER OCTAVE/St.Mark

7.00 a.m. Mass

SAT.26 SATURDAY WITHIN EASTER OCTAVE /B.V.M

7.30a.m. Mass. (Novena intentions)

9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)

5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)

5.45 p.m. Mass.

SUN.27 DIVINE MERCY SUNDAY/SECOND SUNDAY OF EASTER

8.00 a.m. Mass (E)

10.00 a.m. Mass (T)

11.30 a.m. Mass (C)

ST.MARY'S CHAPEL, KG. TERSUSUN.

* Sun. 20/4/2025 - 8.00 a.m. Mass in Tamil.

2nd COLLECTION:

20/4/2025 – For parish maintenance.

27/4/2025 – For the earthquake victims of Myanmar & Thailand.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS::: Year C) (WEEKDAY READINGS ::: Year 1)

SUNDAY 20 (20 APRIL – 27 APRIL, 2025)

(a) Acts 10: 34, 37-43. (Ps 117: 1-2, 16-17, 22-23)

(b) Col 3: 1-4/ (1 Cor 5:6-8)

(c) Jn 20: 1-9/ (Lk 24: 1-12)

MONDAY 21 (a) Acts 2: 14, 22-33. (Ps 15: 1-2, 5, 7-11)

(b) Mt 28: 8-15

TUESDAY 22 (a) Acts 2: 36-41. (Ps 32: 4-5, 18-20, 22)

(b) Jn 20: 11-18

WEDNESDAY 23 (a) Acts 3: 1-10. (Ps 104: 1-4, 6-9)

(b) Lk 24: 13-35

THURSDAY 24 (a) Acts 3: 11-26. (Ps 8: 2, 5-9)

(b) Lk 24: 35-48

FRIDAY 25 (a) Acts 4: 1-12. (Ps 117: 1-2, 4, 22-27)

(b) Jn 21: 1-14

SATURDAY 26 (a) Acts 4: 13-21. (Ps 117: 1, 14-21)

(b) Mk 16: 9-15

SUNDAY 27 (27 APRIL – 4 MAY, 2025)

(a) Acts 5: 12-16. (Ps 117: 2-4, 22-27)

(b) Rev 1: 9-13, 17-19

(c) Jn 20: 19-31