



# Reversing the Slobification of America...Are You Slobified?



Please read the following statements and answer honestly. Your response options, and subsequent points are:  
Not Even Once – 0 Points, Rarely – 1/2 Point, Sometimes – 1 Point, A Lot – 1 ½ Points, Quite Regularly – 2 Points

1. I have answered a call or text during a meeting, workshop, on a first date or interview.
2. I wander aimlessly in a location or change directions quickly, expecting others to clear the way and anticipate my next move.
3. I place orders for food or service or check out at a bank or store while on the phone or texting.
4. I turn away from people to do something else and say “I am listening to you” for them to continue because multi-tasking is efficient.
5. I have placed a phone call while approaching a check out at a store, toll both that is manned, or another area where a person is.
6. I run late.
7. I readily email people who sit less than 100 yards from me.
8. I call people who sit on the same floor as I sit at work.
9. I ask people “how are you?” when I don’t really care, or don’t allow time to listen if they respond with information other than “fine”.
10. I RSVP yes to events and don’t show.
11. I RSVP “maybe” to invitations.
12. I have texted someone within the same room while others were present.
13. I chew gum while talking with others, in meetings, on the phone, and/or presenting.
14. I wear sneakers to anything I want, including weddings and/or funerals.
15. I have texted someone while at dinner with someone else.
16. I say “I am so busy”, “I am too busy” or “I don’t have time for that”.
17. I ask people at work to “do me a favor”.
18. I say “to tell the truth”, “truthfully” or “honestly”.
19. I walk into meetings late and say “sorry I am late”.
20. I put my name tag on my left side, belt, waistline, sleeve or breast at events...or just don’t wear it.
21. I have answered or initiated a call or email while in the bathroom.
22. I expect supreme service regardless of how I act.
23. I think blinkers on vehicles are optional for my use.
24. I ask clients and/or customers “how may I help you?”.
25. I wear what I typically wear to bed when I am out in public.
26. I litter.
27. I complain openly and freely even when my opinion is not solicited.
28. I send emails without subject lines.
29. I reply to old email subject lines with new information/topics without changing the subject line.
30. I have had my mobile phone ring (with sound) while in a meeting or formal presentation.
31. I have had my mobile phone ring (with sound) while in a movie.
32. I have been at the airport and made loud phone calls that included the words “yea, I’m at the airport”.
33. I walk around in public talking on my Bluetooth as though people want to hear my “important” call.
34. I have worn my Bluetooth on during a wedding, funeral or interview or first date.
35. I announce when I have to go to the bathroom rather than simply excusing myself.
36. I call people after the time we are supposed to meet to say “I’m running late”.
37. I talk on my phone, text or surf the web during movies, plays or Broadway shows.
38. I call people hoping to get their voicemail so I don’t have to talk to them.
39. I am guilty of not cleaning up after my child or pet in a public place.
40. I act like I have a call and put my phone to my head when I see someone coming with whom I do not want to converse.
41. I say “no problem” instead of “you’re welcome”.
42. I say “have a nice day” or “there you go” instead of “thank you”.
43. I let the door shut after me even when I know someone is approaching the door behind me.
44. I do not give the courtesy wave after someone lets me in when I am attempting to merge or turn in traffic.
45. I say “sorry” for getting in people’s way or wanting to get past them.
46. I tell people “I’ll try” to do something they ask.
47. I opt not to use the expression “excuse me”.
48. I write emails or texts to people when I am on the phone with someone else.
49. I wear clothes that do not fit me properly.
50. I have spent time on the Las Vegas strip and thought it seemed “normal”.

**Total Points = Your Percentage Slobified**

**<35% - You’re Not Too Slobified, 36-60% - You’re seriously succumbing to the Slobification, >60% - You’re Slobified!**

**You choose: are you good with being Slobified, or do you want to be part of “Reversing the Slobification of America”™?**