

## *Soroptimist International of Grosse Pointe*

### President's Message

Our club is off to a great start for 2018! We have many events, programs and activities planned. Our ever-popular Wine Tasting/Accessory Sale is coming up this Friday, February 2 at Ross Braun's house and our annual Awards Night is coming up on Wednesday, March 14th at Assumption Cultural Center. There are plenty of opportunities to volunteer at Positive Images parenting classes and computer lab as well as at Days for Girls workshops. Our club's Human Trafficking committee is planning a 5K Walk/Run and is looking for volunteers. Marya Malkovich and Ellen Chapin, SIGP Board members, will be hosting our Dream it. Be it. program this year at Kennedy Middle School in St. Clair Shores. This program is another way for members to empower girls in our community to by sharing our time and talents.

The girls and women that we help through our grants, awards, projects and programs help make our communities stronger. We are making in difference in the lives of women and girls locally through our awards, volunteer projects and mentoring programs and globally through our Ghana girl project, international service projects and Days for Girls workshops.

By continuing to embrace the Soroptimist mission of empowering women and girls, we will keep our

club strong and attract more members. Therefore, enabling our club to provide more services, programs and help to those we serve.

Thanks to each of you for helping our club fulfill its mission.

All the best for women,

Roseanne and Ross



Our Co-Presidents  
Ross Braun & Roseanne Horne



**Women, Water & Leadership**  
SI President's Appeal 2017-2019

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## DATES TO REMEMBER

# February 2018

**SAVE THE DATE**

SPRING CONFERENCE

April 27, 28 & 29, 2018

Sheraton Lisle Hotel in Lisle, IL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Wine Tasting & Accessory Sale	3 Midwestern Round Table
4	5	6	7 Board Meeting 6:30	8	9	10
11	12	13	14 Gen. Bus. Mtg 6:30 Meet and Greet @ GPYC	15 VW Award due to District Director & LYD to SIA	16	17
18	19	20 Maddy Jeffs Birthday	21	22 Deborah Thomas Birthday	23	24
25	26 Karen Klein Birthday	27	28			



Follow us on Facebook and Twitter

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**Jewelry Boxes**



**Silk Scarves**  
(infinity or fashion)

**Cosmetic Bags**



## MOTHER'S DAY ITEMS

**Mugs**

**Cosmetic Bags**

**Tote bags**

**Oprah magazines**

**Silk Scarves** (No bandanas or winter scarves please)

**Toothbrushes** (individually wrapped)

**Toothpaste** (sample size)

**Dental Floss**

**Jewelry boxes**



shutterstock - 123901525



Thank you to everyone who has donated items in the past.  
Please keep the women of PI in mind before you toss these item in a drawer.  
We collect items all year round for our Mother's Day Bags.

See photo's below.

Please contact **Mary Ellen Burke** to deliver donations.

**MARY ELLEN  
BURKE**

**meb650@aol.com**

Diana, Roseanne and Anita wrapping the Jewelry - Mary Ellen counting the bags - Items in each 2017 Mother's Day Bags



Good Women of SIGP,

One of our students at St. Anne, Braimah Faizah, finished last year. About a year ago she wrote me online, and I responded with words of encouragement. She is the only student so far who emailed me personally, probably from the local computer café. While scrolling through past emails yesterday I discovered hers again, and so I sent her another message.

Braimah needs to gain more skills to pursue her dream of becoming a journalist and motivational speaker. True, email messaging tends to be a bit more casual than a hard copy note. I am guilty of this myself and have sent many a note with imperfect grammar and punctuation. But you may not realize from her message how difficult it is to take the next step in one's education, especially living in a small town with few opportunities and few resources. Even to further oneself using library books and the internet is near impossible. The internet is very expensive and the public library does not exist. The larger towns with those resources remain hours away, and take money to get there. Furthermore, a trip would pull her away from her work with her mother. But she has high hopes.

Carol Hofer

Her response arrived today. In the next column is her note without alterations on my part.

## Our Ghana Girls

Hi, carol

Is good to hear from you again and is even more pleasing that you still help students from st Anne's. God bless you for your good work.

I live in Damongo the district capital of the northern region of Ghana which happens to be the town where the noble school, st Anne's is situated.

I help my mother with her cassava processing business so she can cater for my siblings and for me to be able to further my studies this year because I couldn't get into school last year.

I dream of becoming a journalist and most importantly a philanthropist or a motivational speaker and writer for girls especially. I hope and pray to be able to go to school this year.

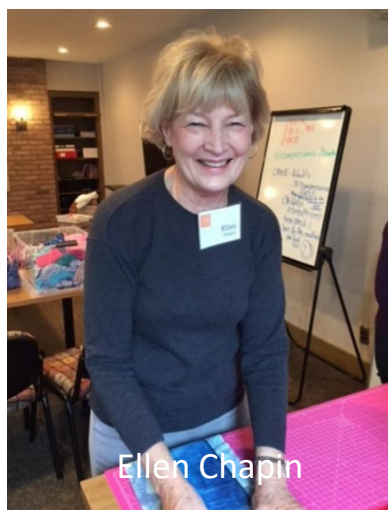
I will be forever grateful for all the help you gave me. For giving me light in darkness.

Greetings and my warmest regards to all the women in your group.

Stay blessed!!!

Braimah Faizah





Ellen Chapin



Maddy Jeffs



Diana Langlois

## Days For Girls workshop

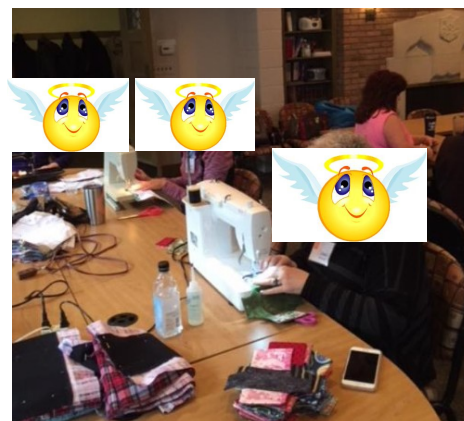
On Saturday, January 13th, several members of SIGP attended a Days For Girls (DFG) workshop at the Grosse Pointe Methodist Church. After packing 75 Days for Girls kits, we listened to Dr. Joyce Purakal and Dr. Carol Abiragi who are planning to take DFG kits to Africa and Krysta Forrester, a Wayne State University student who has distributed DFG kits in Africa on two occasions. The two doctors are members of HART (Haiti and Africa Relief Team) which is a volunteer organization that provides aid to those in need in Haiti and Africa. These two doctors have been travelling to Africa for several years with a team of doctors. They see patients from morning until night in a makeshift clinic. Both doctors commented on how grateful the people are for any small gestures. This year they are excited to bring 75 DFG kits to distribute to girls aged 12-18 in the local village they will be serving. They will also share the menstrual cycle information to these girls. We look forward to hearing their feedback after their trip.

Krysta was part of a group of nursing students from Wayne State that brought DFG kits to Africa 2 years ago. She went again with another group last year. Krysta is very passionate about educating the young girls of Africa about the DFG kits and providing much needed sex education training. She was able to tell us firsthand about the distribution challenges, the cultural differences and the reaction by the girls to receiving the kits and the information. She also answered many questions that Dr. Joyce and Dr. Carol had about their upcoming trip.

This was a very inspirational presentation. Listening to these women talk and hearing about what it is actually like in these underprivileged countries was heart breaking. It really gave us a sense that the DFG kits are truly making an impact in the lives of some very needy girls.



There are truly  
angels among us



*Members of SIGP, along with other volunteers, helped Days for Girls on Saturday, January 27, 2018, at Grosse Pointe United Methodist. (Not pictured: Peggy Hart and*

## POSITIVE IMAGES

It's been a quiet month with Parenting class and Computer sessions as the women have not been able to come to the E. Warren facility because the van was not running. Hopefully by Jan. 30 all will be back to normal.

## VIRGINIA WAGNER EDUCATIONAL GRANT (VWEG)

There are 12 completed VWEG applications that have been sent to the judges. They are due back by January 31. We will have the winner by February 3rd.

Having Liz Lucas as co-chair has been WONDERFUL!!! She worked diligently at Macomb to get the information out about the grant, then she made three copies of each application for distribution to the judges! As always, it has been a learning experience for each of us as questions arose this year that have not been addressed in the past. We will be looking forward to meeting the winner at the Awards Dinner in March!  
HUGS, Diana

## Exciting News!

Robin Wilson, a friend of our LYD Award Winner, Sara Baker, was a guest speaker at our October meeting. She discussed her plans to apply for a Fulbright scholarship and her ideas for improving the literacy rate among women and girls in Senegal.

Robin recently learned that she was selected as a Fulbright semi-finalist by the National Screening Committee of the Institute of International Education (IIE) for the 2018-19 Fulbright U.S. Student Program. That means that her application has been forwarded to the supervising agency abroad for the next stage of the review process.

Additionally, her application will be forwarded to the program sponsor, the Bureau of Educational and Cultural Affairs of the United States Department of State, for transmittal to the presidentially-appointed J. William Fulbright Foreign Scholarship Board

(FFSB). The FFSB makes final decisions on Fulbright awards.



In March 2018, Robin will have a final decision from the FFSB on her selection to teach in Senegal. Robin stated that she is, "extremely

excited and honored" and wanted to "share this information with the members of the Soroptimist International of Grosse Pointe."



Items collected at our January business meeting for a survivor of human trafficking who is due to have her baby in a few months. She is presently living in a shelter and has nothing for her new baby.

Our club's President-elect, Aleska Andjelkovic, is the director of the Human Trafficking division for the Salvation Army and has been working with this women.

Thank you for all your donations!

**Soroptimist International of Grosse Pointe's**

## **Award's Ceremony**

will be held

**Wednesday, March 14 at 6:30 pm**

at

**Assumption Cultural Center**

on Marter Rd in St. Clair Shores

(No business meeting in March.)

The cost for dinner is **\$25** per person

Wine and cocktails will be available for purchase.

Please RSVP to Kerri Green by

**March 7th.**

You can bring money to Wine Tasting party, February meeting, or contact her at [jazzykerri@yahoo.com](mailto:jazzykerri@yahoo.com)

Cash, check, credit card, and PayPal is accepted!

**Join us for Wine Tasting and  
an evening of friendship and information about**

## **SOROPTIMIST INTERNATIONAL OF GROSSE POINTE**

**website: [grossepointesoroptimist.org](http://grossepointesoroptimist.org)**

If you are interested in supporting and helping women in the community and around the world, this is an opportunity for you to meet the dynamic women of SIGP and take a look at SOROPTIMIST projects at local, national and international levels.

**Take part in the Accessory Sale during the wine tasting...bring new or gently used items (jewelry, scarves, purses, belts, surprises) Something you no longer want may become a treasure to someone else!**

**FRIDAY, FEBRUARY 2, 2018**

**6:30 – 10:00 p.m.**



Home of  
Ross Braun  
515 Middlesex  
Grosse Pointe Park, MI 48230



**Bring a favorite bottle of wine to share  
and an  
appetizer to pass.**



**RSVP** by January 31st to Ross Braun at (313) 909-0230

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**SOROPTIMIST INTERNATIONAL  
OF MONROE COUNTY**  
*invites you to an informative*  
**Roundtable Program**

**FEBRUARY  
3  
SATURDAY**

We will discuss what the various clubs are doing as well as what is currently happening at Soroptimist International.

We will focus our efforts on ways to enhance wellness levels and how to promote healthy lifestyles.



## *Healthy Living* 2018



The featured presenter for our Roundtable will be *Cindy Vedra*, who is a certified health coach and massage therapist. Cindy will lead us in an exploration of workable ways to incorporate health and fitness into our daily lives.

*This timely program can change the way you approach your own wellness routines and offer different perspectives on being your best self.*

*Make the time to join us for a helpful, insightful look at how you are ... and how you can be!*

**We will meet at Monroe Golf & Country Club**

LOCATED AT 611 COLE ROAD, MONROE, MICHIGAN

Directions from North I-75: Turn right at exit #18 [Nadeau Road], follow Nadeau Road to Vivian Road. Turn left and continue on

Vivian bearing to the right when it turns into Cole Road.

The Monroe Golf & Country Club will be on your right.

*Please park in the lot adjacent to the clubhouse.*

**TIME TABLE FOR OUR DAY:**

- 9 a.m. to 10 a.m.  
*Light & Healthy Breakfast  
plus Socializing*
- 10 a.m. - Meeting begins
- 12 noon - Lunch is served

**COST: \$35 per person**



***Please R.S.V.P.***

**NO LATER THAN**

**Friday, January 26th**

E-mail: [heather.burkhart@mbandt.com](mailto:heather.burkhart@mbandt.com)

Or call Pricilla Huba: 734.242.0153

## THE WRITE WAY *at the War Memorial*

By Margie Reins Smith

When she was a sophomore at Grosse Pointe North, Sarah Sheppard took a creative writing class that was supposed to be for juniors and seniors.

"I knew then, right away," she says. "I was a writer."

Today — 10 years later — she is on the brink of completing her first novel.

"It's about a woman in her late 20s who moves from New York City to the Midwest."

She pegged her novel as women's fiction, a category which typically features a female protagonist and deals with women's issues.

Sheppard earned a BA in English from St. Mary's College in Indiana and a MFA with a concentration in fiction from Lesley University in Boston. While in college, she had a short story, some personal essays and several poems published.

Since college, she has worked in a variety of positions in the publishing industry. She held a senior managing role for a domestic publication. She freelanced for a travel agency, for a law firm, for a business consultant and a marketing agency. She has written for nonprofits. She taught a personal essay class.

She traveled — by train — around the U.S. for two months. "We had assigned seats for meals — different each day. I met a variety of people with interesting stories to tell. This was wonderful experience for a writer."

Sheppard will teach two classes for aspiring writers at the War Memorial in the coming months. "I am excited about writing and I try to tailor each class to the interests of my students," she says.

"Establishing a Creative Lifestyle" will be offered on Tuesday, Jan. 16. "If you want to live a creative lifestyle, you need to embrace creativity in all its forms," she says. "This includes art, music, poetry, even travel and nature."

"Blogs, Newsletter and Email Writing" will be held Tuesday, Feb. 20. Sheppard will talk about the fundamentals of blogging, cover the guidelines for writing newsletters




and teach a few tricks about how to pitch stories to various markets.

"My goal is to finish my novel by the new year, then find an agent and a traditional publisher."

She writes at home, in coffee shops and in the library. "I try to write in the mornings. I aim for a certain number of words each day. Some days are easier than others, but building a writing routine is important."

She's currently freelancing for a law firm and a marketing agency and sending her short stories to various publications.

Her all-time favorite novels? *And the Mountains Echoed* by Khaled Hosseini and *East of Eden* by John Steinbeck. She admires the work of writers Joan Didion, Alice Munro, Adam Haslett and poet Lucille Clifton.

To register for one or both of the upcoming writing workshops, call the War Memorial at (313) 881-7511. 

As the new Friendship Link Chair for SIGP, I contacted SIA asking for contact information for the first 4 clubs listed below. Why only 4 you ask! Well I'm going to tell you why. Ann Cunningham, a member since the early 1950's was SIGP's Friendship Link Chair who corresponded with these 4 club on a regular basis - via the antiquated way of letter writing and the United State Postal Service. Who would have thought! Some of the seasoned members may remember the Friendship letters being sent around at meeting. When I became the newsletter editor I put the Friendship letters in *The Pointer* for all to read. Well, in this digital and electronic age, which I embrace completely, I will be communicating with our Friendship Link Clubs via email and our newsletter.

When I decided to take on this adventure my first stop was the "chatliners". The chatliners is an email club of Soroptimists from around the world who keep in touch via an email Google group much like the one we use as a club. I first asked to join this group last year hoping to keep in touch and stay "in the know" with ALL the SI clubs around the world. I have used a few article's from these chats in our newsletters as well as articles from their club newsletters. Through my email with the group I was contacted by Laxmi Parasuram, Link Correspondent of SI/ Kolkata, Wiil, Bengal requesting a friendship link. Amazing! I responded to her with delight and have added her contact information to my list of recipients for our newsletter and added her club to a growing list of friendships links.

As your Editor, Webmaster and now Friendship Link Chair I will keep you "in the know" of what is going on across the world with our Soroptimist Sisters and Friends.

Please read our newsletter! SIGP members take time to write these articles to keep you aware of with what we as Soroptimist are contributing to our community and working to improve the lives of women and girls through programs leading to social and economic empowerment.

Here is a list of our Friendship Link Clubs:

1. Osaka-Moriguchi, Japan
2. Hikone, Japan
3. Manchester, UK
4. Moreton, Australia
5. Ormskirk, England  
(Disbanded)
6. Brisbane City, Australia
7. Quito, Ecuador
8. South Kolkata Wiil, Bengal

Submitted by: Karrie Blankenship  
Webmaster, Editor and Friendship Link Chair





**LAST CALL FOR SIGP  
WALKING/EXERCISING/ RELAXING JACKETS**

Jackets are at my house if you are thinking about ordering one and would like to try it on ... and I will be bringing them to the Wine Tasting Membership Evening at Ross's home on February 2nd. After that, I will give Ross the orders and the sale of these jackets for now will be over. Please note that they run large and have longer sleeves as there is a thumb hole in the sleeve ... I encourage you to try one on especially if you are between sizes!

**\$42 cash or check to SIGP  
\$44 VISA or PayPal**



There are still SIGP fleeces available:  
\$35

One SMALL - white  
Three MED - black  
One LARGE - black



**Happy New Year!**

We are proud to announce that since September 2017 we have gained five new members: **Molly Ann Augustine, Helen Clarren, Judi Dara, Eva Habib and Elizabeth Lepouttre.**

New member installation will be held at our February 14th General Meeting, at the Grosse Pointe Yacht Club. We hope all new members will be able to attend.

Please note that our annual wine tasting party is scheduled for Friday, February 2. This is a great membership growth opportunity. Our members are encouraged to invite a friend/possible new member so they can find out about our amazing organization, while enjoying wine, appetizers and our fabulous accessories sale.

We look forward to another wonderful year with new members, ideas and service.

Dorothea Williams  
SIGP Vice President/Membership Chair

**2018 MWR Spring Conference**

April 27, 28 & 29, 2018

Sheraton Lisle Hotel

3000 Warrenville Rd, Lisle, IL

Reservations:

(866) 716-8134

Room rate \$103 / night + 11% tax

Please us this information for

your reservations . . .

To view The Call for spring conference please click the link below.

**The Call**



**The President shall**

1. direct the conduct of the business of the Club;
2. set meeting agendas for Club and Board meetings;
3. preside at Club and Board meetings;
4. oversee all committees, working closely with the President-Elect and Vice-President;
5. be an ex-officio member of all committees, except nominating;
6. sign all checks in the absence of the treasurer;
7. appoint delegates from a list of district, region, Federation, or International meetings;
8. serve as the club delegate at district, region, Federation, and International meetings, or appoint an alternate from a list of meeting attendees.

**The President-Elect agrees (program chair)**

1. to assume the office of president at the end of her two-year term;
2. shall be responsible for program of service committees;
3. shall have such duties and powers as arise from membership on the board or as assigned by the president or the Board.

**The Vice-President shall (membership chair)**

1. be responsible for the activities of the membership activities;
2. shall have such duties and powers as arise from membership on the Board or as assigned by the President or the Board.

**The Secretary shall**

1. keep the minutes of the Club and the Board meetings;
2. be custodian of The Club's permanent records;
3. submit to the membership the minutes of the business meetings and the recommendations of the Board;
4. submit to the Board the minutes of the Board meetings;
5. send out notices and carry on such correspondence as does not properly belong to other officers.

**The Assistant Secretary shall (public awareness chair)**

1. maintain a log of attendance at Club business meetings;
2. fulfill the responsibilities of the secretary in her absence;
3. perform any other duties assigned by the president or the secretary;
4. be responsible for overseeing public awareness.

**The Treasurer shall**

1. receive all funds of the Club and deposit them in financial institutions authorized by the Board;
2. sign all checks or arrange for the president to do so;
3. make remittances as required by Federation Bylaws and Procedures;
4. prepare monthly Treasurer's Reports for each of the Club funds serve as ex-officio member of the Finance/Budget Committee;
5. have the authority to define and supervise committee procedures as they relate to the finances of the club

**The Assistant Treasurer shall (fundraising chair)**

1. be responsible for overseeing fund raising;
2. maintain a roll of membership (directory);
3. prepare and send acknowledgements for donations from non-members;
4. assume the responsibilities of the treasurer in her absence;
5. serve as ex-officio member of the finance/budget committee;
6. perform any other duties assigned by the president or the treasurer.

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**STOP TRAFFIC –5k Race/Walk Fundraiser**

Carrie Petrocelli, Karrie Blankenship, Sarah Sheppard, Renee Rodriguez, and Jessie Enloe are the members currently on the planning committee for this event.

The committee made great strides during our first planning meeting for the 5k Run/Walk on January 23rd. At this point in the process we are finalizing potential partners and determining our needs. We will present volunteer opportunities to the club once the timeline and details have been established.

This event will be a non-timed awareness event beginning with the 5k Run/Walk and ending with an educational expo. The small exposition will allow participants to learn more about various organizations in our area that dedicate themselves to human trafficking prevention and youth empowerment. We are also in the process of choosing 1-3 charitable groups that will benefit from the proceeds of the event. There will be much more to come, but wish us luck as we embark on planning this inaugural event for our chapter.

We hope to partner with St. Lucy in order to have a venue to begin and end our event.

Though it has not been finalized, our top two date choices would be 22nd or the 29th of September.

Our next meeting has not yet been determined but will be open to all members who would like to join us in planning this event.

**Next Meeting:**

**Tuesday, February 20rd  
at 7:00 pm at GPW Library  
All are welcome to join**

[View Map and Directions](#)

**Woods Branch**

20680 Mack Ave | Grosse Pointe Woods, MI 48236 | [313-343-2072](tel:313-343-2072)



**END HUMAN TRAFFICKING NOW!**

**Report a tip**

**Call 1-888-3737-888 or text BEFREE**

**<https://humantraffickinghotline.org/>**



*Business Name*  
*member of the Midwestern Region*

2016-2018 Board Members &

Chairs

**Roseanne Horne**-Co-President

**Ross Braun**-Co-President

**Aleksa Andjelkovic**-Pres. Elect

Program Chair

**Dorothea Williams**-VP

Membership Chair

**Mary Ellen Burke**-Past Pres

**Kerri Green**-Treasurer

**Jane Evola**-Asst. Treasurer

Fundraising Chair

**Ellen Chapin**-Secretary

**Nancy Solak**-Asst. Sec.

Public Awareness Chair

**Myra Golden**-Director

**Marya Malkovich**-Director



Please have your article's to  
Karrie Blankenship by 9:00 pm  
on or before 28th of each  
month to:  
[karrieb40@gmail.com](mailto:karrieb40@gmail.com)

## Soroptimist Pledge

*I pledge allegiance to Soroptimist and to  
the ideals for which it stands:*

*The sincerity of friendship,  
The joy of achievement,  
The dignity of service,  
The integrity of profession,  
and the love of country.*

*I will put forth my greatest effort to promote,  
uphold, and defend these ideals, for a lar-  
ger fellowship in home, in society, in busi-  
ness, for country and for God*

For upcoming events and to see what SIGP has been up to  
check out our website by clicking the link below  
<http://www.grossepointesoroptimist.org/>

# Connections for Local, Region & HQ

## District III Emails Contacts

Governor- **Vivian Walczesky** - ([vivianwal@sbcglobal.net](mailto:vivianwal@sbcglobal.net))

Governor-Elect **Kris Armstrong** - ([krisquin@msn.com](mailto:krisquin@msn.com))

Secretary - **Anita Newman** - ([siurbana@soroptimist.net](mailto:siurbana@soroptimist.net))

Treasurer - **Valencia Clark** - ([vcclark003@columbus.rr.com](mailto:vcclark003@columbus.rr.com))

District III Director - **Darcy Merritt** ([dmerritt81@hotmail.com](mailto:dmerritt81@hotmail.com))

District III Secretary - **Mary Pilon** ([pilonm@sbcglobal.net](mailto:pilonm@sbcglobal.net))

Soroptimist International of the Americas - ([siahq@soroptimist.org](mailto:siahq@soroptimist.org))

## Soroptimist Websites

Soroptimist International Midwest Region - ([simwr.org](http://simwr.org))

Soroptimist International of the Americas ([soroptimist.org](http://soroptimist.org))

Soroptimist International ([soroptimistinternational.org](http://soroptimistinternational.org))



SOROPTIMIST  
Best for Women®



# Bulletin Board

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**When:** Monday, March 12, 2018

**Time:** 6:45 p.m. (movie starts promptly at 7:00 p.m.)

**Where:** Okulski Family Theater at the Lavins Activity Center- Windmill Pointe Park-Grosse Pointe Park

**Movie:** *Brooklyn*. This movie tells the story of a young Irish woman's immigration to Brooklyn where she falls in love. When her past catches up with her, she must choose between two countries and the lives that exist within them for her.

**Cost:** \$10.00 (pre-paid by following the instructions and completing the form below). There will be no collections at the door and therefore no walk-ins will be honored.

This is a fundraising event. Bring a friend and support the American Association of University Women Grosse Pointe Branch for an evening of friendship and camaraderie.

**RSVP deadline:** Wednesday, March 7, 2018

Please return the form below with your payment. Proceeds will benefit the AAUW Scholarship fund

Make checks payable to *AAUW Grosse Pointe Branch* and send to:  
Barbara Tecos, 1237 Balfour, Grosse Pointe Park, MI 48230, (313) 882-1081

Name \_\_\_\_\_

Address \_\_\_\_\_ Phone# \_\_\_\_\_

Total # attending: \_\_\_\_\_ Total enclosed: \$ \_\_\_\_\_

Name(s) of those attending \_\_\_\_\_

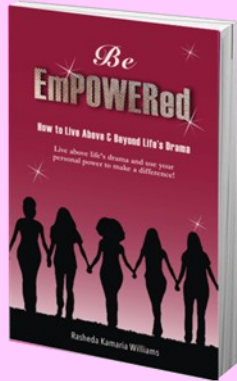
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# Bulletin Board

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**EMPOWERING  
TEENS TO LIVE  
ABOVE  
BULLYING, DRAMA  
AND SOCIETAL  
PRESSURE**

Get "Be EmPOWERed" on [Amazon!](https://www.amazon.com)

*Rasheda  
Kamaria*

**Chief Empowering Officer  
Empowered Flower Girl**  
**313-492-3879 (Cell)**  
**[www.rashedakamaria.com](http://www.rashedakamaria.com)**



I have been a Massage Therapist for over 15yrs and I am licensed with the state of Michigan, insured, and attend continuing educational classes to stay current with the latest techniques.

I am trained in many styles of message therapy techniques some of which are listed below:

- Swedish** ( lighter style)
- Therapeutic** (getting into those sore areas)
- Deep** (getting deeper into those knots)
- Reflexology** (concentrated massage on the hands, feet, legs arms, can stay mostly dressed for this one)
- Prenatal** (massage for the Mom to be).

Massage's help many different aspects of your life such as circulation, stress/ anxiety, muscle soreness, headaches, insomnia, menstrual cramps, sinus problems, just to name a few. Since I work with the body muscles I can sell BioFreeze, a pain relief gel which comes in roll-on or gel in a tube for \$12 each.

YOU get my undivided attention, I work on you the whole time you pay for no cutting corners and I can design a massage program just for you and your specific needs. I have a massage special that can't be beat, a 70 minute massage for ONLY \$60, my office is located in a quiet and private area of the Eastin Inn complex, 2nd floor, located on Little Mack Ave. between Masonic Ave. and 13 Mile Road in Roseville, Michigan.

I offer gift certificates, I can travel to you, I also do private parties or come to your office to offer stress relief for the staff with my Massage Chair, the ideas are endless.

Feel free to call and discuss options [313-205-7117](tel:313-205-7117)

**NEW LOCATION: 20166 Greater Mack, SCS, MI 48080**  
**MOVING SPECIAL: \$50 for an hour or \$60 for 70 minutes**  
**Anyone can take advantage of this offer, new are past clients. Buy a gift certificate for gifts, go in on a gift for the boss, teacher, or**

**LuLaRoe**  
simply comfortable

**PAULA & TISHARA DAVIS**  
INDEPENDENT FASHION CONSULTANT  
586-354-0831  
TisharaDLuLaRoe@gmail.com  
shoptheroe.com/party/252833968p  
fb.com/groups/LuLaRoeTisharaDavis  
@TisharaDLuLaRoe  
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# Bulletin Board

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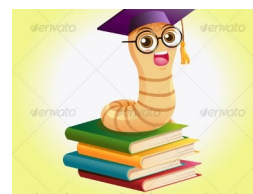
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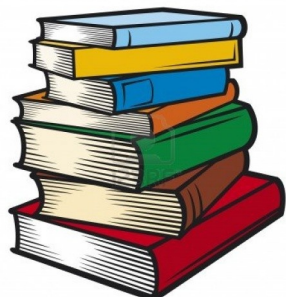
**Sarah Sheppard**  
**313-804-4100**



Writer, Book Editor, Copy Editor,  
Ghostwriter, Writing Instructor

**Below is SIGP's book club picks for 2018.**

**If you are interested in reading any or all of this years picks and joining us in the discussion please contact Karrie Blankenship or Mary Ellen Burke for the details. We meet the third Thursday of each month at 7pm. Every month is hosted by a different member of the club.**



Friday, February 16, 2018  
Thursday, March 15, 2018  
Thursday, April 19, 2018  
Thursday, May 17, 2018  
Thursday, June 21, 2018  
Thursday, July 19, 2018  
Thursday, August 16, 2018  
Thursday, September 20, 2018  
Thursday, October 18, 2018  
Thursday, November 15, 2018  
Thursday, December 20, 2018

The Leopard by Guiseppe Di Lampedusa  
A Thousand Splendid Suns by Khaled Hosseini  
Donut Dolly by Joan Puffer Kotcher  
A Gentleman in Moscow, by Amor Towles  
A Man Called Ove by Fredrik Backman  
The Tour by Jean Grainger  
The Wright Brothers by David McCullough  
Little Fires Everywhere by Celeste Ng  
The Tea Girl of Hummingbird Lane by Lisa See  
The Nightingale by Kristin Hannah  
Commonwealth by Ann Patchett





# Bulletin Board

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Join accidental tourist and reluctant traveler Nancy Solak when she gives a slide presentation about her three trips to China. Attend a Chinese wedding, see how people on the other side of the world get to work, what they eat for breakfast and see examples of China's disappearing hutongs. Don't know what a hutong is? Find out when you come.

Thursday, March 22, 2018, 7:30 p.m., at the Ewald Branch of the Grosse Pointe Public Library, 15175 E. Jefferson, Grosse Pointe Park. Free admission. Reserve by calling the library at: 313-343-2074 or 313-821-8830.



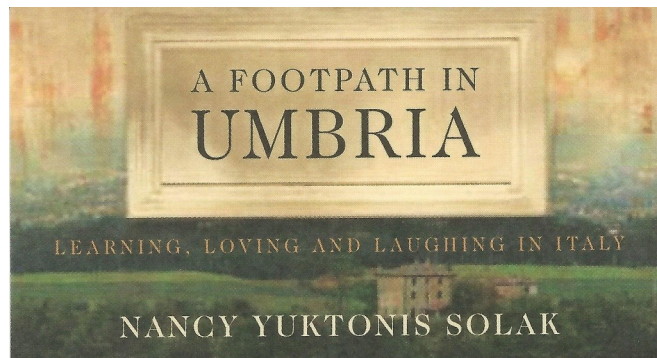
Nancy Solak is an award-winning writer and editor and author of the travel memoir, *A Footpath in Umbria: Living, Loving & Laughing in Italy*. She is also a certified instructor of the Amherst Writers & Artists method and facilitates writing workshops. [www.areluctanttraveler.com](http://www.areluctanttraveler.com)

## A Reluctant Traveler

Nancy Yuktonis Solak

Nonfiction Editor:  
memoir, travel, medical, health,  
history, essay, technical & how-to

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Website: [www.areluctanttraveler.net](http://www.areluctanttraveler.net)



Do you like to cook? Do you like to eat great food? Would you like to try new recipes and cuisines?

The SIGP Foodies group (Diana, Laura, Carolyn, Marya and Maddy) meets once a month, rotating at the home of that month's host member, with everyone providing a menu

item that compliments the "theme" chosen by the hostess. This year we have enjoyed trying new food experiences from Eastern Europe and Italy, while also learning more about soups and stews, making homemade ravioli, preparing a very portable Mediterranean picnic and making an elegant yet comforting beef dinner in a crockpot. We are eagerly looking forward to our second year of culinary delights.

Even more importantly, Foodies provides an ongoing opportunity to en-

joy the fellowship of our SIGP members outside of our typical venues. We would like to extend this same opportunity to other members, particularly those new to our club. Ideally we would like to add 1-2 new members to Foodies. If you have any questions about our Foodies or are interested in joining us, please contact Maddy Jeffs at 509-551-1695.



## ***MIDWESTERN REGION 2017-2018***

### **FOCUS - IMPORTANT DATES**

**\*\* Use MWR dates for ALL awards – do not use SIA dates \*\***

July 1	Club Celebrating Success Entries due to Vicky Hicks
July 1	2017-2018 Club Dues to SIA HQ with Club Officer info
July 1	2017-2018 Member & Club dues to MWR w/Club officer info
July 21-23	MWR Summer Board Meeting – Middlebury, IN
October 6-7	District I & III Meeting at Best Western – Hilton Garden Inn Chesterton, IN
October 20-21	District II & IV Meeting at Holiday Inn Express, Lima OH
November 15	Form 990 due to IRS
November 15	Live Your Dream Applications due to Clubs
December 2	International Day for the Abolition of Slavery
December 10	Human Rights Day – SI President's Appeal
December 15	Club Live Your Dream Award Winner due to District Director
<b>2018</b>	
January 11	National Day of Human Trafficking Awareness in US
January 15	Virginia Wagner Award Applications due to Club
January 15	District LYD Award Winners due to Region Chair
<b>February 15</b>	<b>Virginia Wagner Club Award Winner due to District Director</b>
<b>February 15</b>	<b>Region LYD Winner info due to both SIA and Treasurer Valencia by Region Chair</b>
March 1	Soroptimist Club Grant Applications due at SI HQ
March 8	International Women's Day
March 8	Virginia Wagner District Winners due to Region Chair
March 15	Award Report due from District Directors to Governor-Elect Kris
March 31	Region Virginia Wagner Award winners names to Region Treasurer Valencia by Region Chair
March 31	Governor's Club Award form due to Governor Vivian
April 27-29	2018 Spring Conference – Sheraton Conference Center – Lisle, IL
July 30- August 2	SIA Convention – Yokohama, Japan