

Sweet Pea Room Schedule: Fall/Winter

This schedule may vary depending upon programming and the needs of individual children.

<i>Times</i>	<i>If specifically by age</i>	<i>Activity</i>
7:30 to 8:00		Greet families/free play
8:00 to 8:45		Morning snack
8:00 to 9:00		Diaper change
9:00 to 9:40	Younger	Gross motor for younger infants outside or in the gym (inclement weather)
9:00 to 10:00		Gross motor outside or in the gym (inclement weather)
9:40		Bottles as needed/free play/creative/sensory
9:45 to 11:00	Younger	Sleep time for younger infants
10:00 to 11:00	Older	Free play for older infants with creative/sensory activities
11:00 to 11:10		Diaper change
11:10 to 11:30		Group circle time/songs/finger plays/stories
11:30 to 12:15		Lunch in small groups
11:45 to 1:30	Older	Sleep time for older infants
12:15 to 1:00		Free play in room/creative activities
1:00 to 2:00	Younger	Gross motor for younger infants outside or in the gym (inclement weather)
1:30 to 2:30	Older	Indoor for older infants
2:00 to 2:30		Light snack/diaper change/ bottles if needed
2:30 to 3:45	Younger	Sleep time for younger infants
3:45 to 4:15		Afternoon snack
4:15 to 4:45		Diaper change
4:15 to 5:30		Afternoon activities
5:15		Light snack
5:30 to 6:00		Quiet classroom activities/books/music