

Ashtead All Stars Netball Club: Weekly Update

W/E Sunday 31st January 2016

SURBITON LEAGUE

U12B v Surrey Panthers	LOST 3 - 20
U12B v U13C	DRAW 8 - 8
U12B v Fetcham U13B	WON 11 - 1
U13C v Tiffin	LOST 5 - 20
U13C v U12B	DRAW 8 - 8
U13C v Focus	LOST 5 - 22

U12 Match Reports - Jane

The day started wet and windy and with a heavy loss to Surrey Panthers, 3 – 20. It warmed up nicely with an 8 – 8 draw with our U13C team, and as the sun finally came out, our brave U12s had a fabulous win against Fetcham U13s. The girls showed great team spirit, all playing out of position for the sake of the team, and always doing so with a positive attitude. **Star Player goes to Caroline** who was consistent throughout, showing athleticism and determination. I don't often see this age group play and it was a pleasure to do so. Thank you girls.

U13 Match Reports - Lisa

First match the girls started a bit slow playing with different players but the defence was good with Sadie and Aine making some great interceptions and working well in the circle whilst Marcie fought for every ball. We missed some opportunities and made a few mistakes whilst finding our rhythm and the other team took advantage.

Second game, oh dear, the fun of playing our own club i think took over, footwork and loose balls galore. But they all seemed to enjoy it as did the parents on the sideline. 8:8.

Final game, they played a team who fought every ball and with loads of energy. We started off slow but started to settle down and think ahead and we saw some good netball in the second half. We were too far behind to catch up but saw the teams potential.

Star players are Marcie who worked really hard throughout all 3 games, **and Aine** who played with more confidence and assertion.

NONSUCH LEAGUE

U14A v Hillcrest	LOST 11 - 14
U14A v Whitton	WON 22 - 15
U14A v Crystal Palace	LOST 9 - 35
U14A v Whitton	WON 25 - 6
U14B v Hillcrest	LOST 11 - 21
U14B v Whitton	WON 18 - 10
U15/16B v Crystal Palace	LOST 12 - 20
U15/16A v Crystal Palace	WON 10 - 7
U15/16B v Focus	WON 26 - 12

U14 Match Reports - Natalie

A team:

Hillcrest 14-11 loss - this match was neck and neck until the last few minutes which saw a tough Hillcrest team just pull away.

Whitton 22- 15 win - a well controlled performance from the girls resulting in a deserved win
Crystal Palace 35-9 loss - the one they all fear!! We took on the enormously tall and athletic
13/14 year old ladies of Crystal Palace, last year's unbeaten league winners, knowing it was
going to be incredibly tough, and we weren't wrong. However, our girls showed real
determination, never giving up and showing real spirit until the final whistle.

Star player - Lucy Fitzgerald for a solid performance wherever she played today. She moved up
the court starting at GK, then GD, next came C and finally finishing off at GA with a great goal
which made her day!

B team:

Hillcrest 21-11 loss - a strong Hillcrest team just proved too difficult today, but a really
determined effort from all the girls.

Whitton 18-10 win - a great performance and real team effort from the girls to come away well
deserved winners.

Star player - Amy Tubb for a fantastically consistent and mature performance, controlling the
centre court well and linking up brilliantly with Libby. Well done!

U15/16 Match Reports - Natalie

A team:

Crystal Palace 10-7 win - a hard fought end to end game reflected in the low score, but the hard
work paid off with us pulling ahead for the win.

Star player - Anya for a gutsy and determined performance, showing real flair.

B team:

Crystal Palace 20-12 loss - once again, another big and athletic Crystal Palace team who just
proved too strong, but well fought by our girls.

Focus 26-12 win - lovely performance from all the girls, showing some lovely flowing netball and
good movement, coming away for a convincing win.

Star Player - Natasha for a really mature performance. Her movement around court and
confidence in the shooting circle was a pleasure to watch.

KINGSTON DISTRICT NETBALL LEAGUE

AAS Ladies v Weybridge Vandals

LOST 29 - 39

AAS Ladies v Surrey Panthers

WON 30 - 28

What a match v Weybridge Vandals!! Bearing in mind we lost last time 55-20, we did amazingly.
First quarter we were down 15-4 and then lost the next quarter 12-7, but after that we
absolutely flew and the team were phenomenal winning both the last two quarters. We were
within 7 at one point. Everyone played brilliantly. I was so proud of them. Our four U16 girls
looked like really accomplished netballers. Their movement around court now is just great and
passing was fab. So exciting!! **My Star Players are Faye and Kirsty and the opposition chose
Ella**, but an overall excellent whole team performance.

Another great performance v Surrey Panthers. Despite playing a less than friendly opposition,
the ladies/girls battled hard and came away well deserved winners. The match saw Jane make
her big comeback at GS, with an impressive performance. My **Star Player goes to Sophie** for a
mature performance at centre, and a pair of legs that just seem to be able to run and run. It was
exhausting just watching her!

NEWS

Fitness sessions start this week, Monday 1st Feb, for year 7 and up. These are optional sessions. There will be a 15 minute circuit, 6.45 – 7pm, for those who train at 7pm. And a 15 minute circuit, 7 – 7.15pm, for those who train at 6pm.

THE WEEK AHEAD

01/02/2016	Monday	6 - 7pm and 7 - 8pm	17th training session, All U12s, U13s, U14s, U15/U16s PLUS OPTIONAL FITNESS SESSIONS
03/02/2016	Wednesday	6 - 7pm	17th training session, All U10s and U11s
03/02/2016	Wednesday	6 - 7pm and 7 - 8pm	7th squad training U14 and U15/U16
03/02/2016	Wednesday	8 - 9pm	Adult training
06/02/2016	Saturday		Adults AWAY v Teddington Thunder
06/02/2016	Saturday	2 - 3pm	15th Minis
07/02/2016	Sunday	U10 AND U11	NONSUCH
07/02/2016	Sunday	U12, U13, U14, U15/16	DORKING

Kind regards
Jane

Please refer to our website www.ashteadallstars.com