

7th Annual "Stir the Pot: Louisiana Seafood Cook-off"

Saturday, April 22, 2017 Palmetto Island State Park, south of Abbeville
Cook-off begins at 7 a.m. with Judging at 12:00 p.m. Music from 11 a.m.-5 p.m.

Cash Prizes awarded in each division: 1st place - \$300; 2nd place - \$200; 3rd place - \$100

To register your team in the cook-off, please complete the following and submit this form along with your entry fee to:
"Stir the Pot: Louisiana Seafood Cook-off," P.O. Box 33, Perry, LA 70575 by Friday, April 14, 2017
Make checks payable to: Friends of Palmetto Island State Park

Cook-off Entry Form

(please use separate forms if entering both divisions)

Our Team is entering the following division: Seafood Wild Game

Team Name: _____

Team sponsor (if any): _____

Name of Dish (for judging purposes): _____

We are preparing about _____ 4oz. portions (1/2 cup)

Registration Fee: \$100 per 4 person team if entering one division; \$150 per team if entering both divisions

Chief Cook contact:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

E-mail address: _____

Second contact:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

E-mail address: _____

Additional team members: (3) _____ (4) _____

I have read and understand the rules of the cook-off and my team will abide by them:

(signature) _____ *(printed name)* _____

Should you have any questions, please contact Shari Hebert at 337-652-6321 or Chad Dartz at 337-652-0630.

There is a **LIMITED number of campsites available for **REGISTERED** cook-off teams on a first come, first serve basis. **The cost is \$56 per site for Friday & Saturday nights.** If you are interested in reserving a spot, please include the cost for the site with your registration.**

Please reserve a campsite under the following name that is listed above: _____

“Stir the Pot: Louisiana Seafood Cook-off”

Contest Entry Form and Rules Entry Deadline: Friday, April 14, 2017

Saturday, April 22, 2017 Palmetto Island State Park, south of Abbeville

Cook-off begins at 7 a.m. with Judging at 12:00 p.m.

Prizes: 1st place \$300.00 (each division)
 2nd place \$200.00 (each division)
 3rd place \$100.00 (each division)

TWO divisions: Seafood Wild game

Rules and Information:

Participating in this cook-off is an all-day commitment. Please make sure you and your team will be able to stay for the entire cook-off before registering your team.

A cooking team consists of one (1) chief cook and three (3) assistants. Teams may set up their area on Friday, April 21 from 3-6 p.m. On Saturday, April 22, 2017, teams can check into the cooking area beginning at 7:00 am to begin cooking. On the day of the cook-off, **no teams will be allowed in before 7:00 am and all vehicles will need to be out of the cook-off area by 10:30 am.** Cooking spots will be marked and numbered. Upon arrival, please check in with a Stir the Pot Committee member to find your designated spot before you begin to set-up. You may have more than three (3) assistants on the team, but each person above the allotted amount will have to pay the gate fee of \$5 per person.

There will be a mandatory meeting at 9:00 a.m. at the supply tent. At least one member of your cook-off team must attend.

Each team is required to prepare a dish with Louisiana seafood as the main ingredient and supply enough food for 3-5 judges to sample the dish. For the wild game category, the only requirement is that the main ingredient be game which is defined as any animal that is hunted for food and not usually domesticated (duck, venison, geese, rabbit, hog, axis, elk, bear, etc.) For this cook-off, alligator is considered seafood.

Tasting bracelets: Each team will be given 4 complimentary tasting bracelets to be used by team members. Festival attendees will be allowed to purchase a tasting bracelet for \$5. At **noon**, festival goers who have purchased a bracelet will be allowed to pick-up small samples (4 oz. size; ½ cup) of your dish. Small food containers, plastic spoons/forks and napkins will be provided to each team to serve to the public that have purchased a tasting bracelet. **Each person will need a Tasting Bracelet to pick up samples.** Please check before handing out samples. **No food tickets will be accepted in the cook-off area.** We are expecting 1,200 people in attendance. Friends of Palmetto Island State Park will be selling hamburgers for people who do not want seafood. All proceeds from the food sells will go to the Friends of Palmetto Island State Park Event Fund and will not be split between the teams.

All cook-off dishes must be cooked on site, without pre-cooking. Each team will be allowed to bring in peeled/shelled shrimp, crab and crawfish. If needed, teams may also bring in roux, pre-chopped vegetables, cooked rice/pasta, however it cannot be added to the dish until on-site. Random inspections may be performed to assure that the rules are being adhered to.

No outside beverages are to be brought in. Teams may bring in an ice chest to contain food for preparation in the cook-off.

Teams are required to prepare and cook food in as sanitary a manner as possible. Under no circumstances will any food, gray or black water be dumped, except into a proper disposal facility. Unauthorized dumping will be met with stiff penalties and disqualification from the cook-off.

Each team is to supply their own butane stove or grill, cooking utensils, ingredients, water, table, etc. There are limited electrical outlets located near the bath house, so if you need electricity for something (like a rice cooker) bring a cord. Cords will not be allowed across the cook-off area. Small Quiet generators will be allowed at sites.

Each team may bring a tent for shade during the competition. All tents/canopies **MUST be anchored** down to prevent the tent from toppling over with a gust of wind. All cooking set-ups and tents must be taken down by 5:00 p.m. Each team is responsible for picking up their items and disposing of all their trash in the appropriate trash receptacles.

For the safety of the festival goers, all vehicles need to be out of the festival area by 10:30 am on Saturday, April 22. No vehicles will be allowed to remain in or back into the festival area until all pedestrian traffic is out of the festival area. If your team must leave before 5:00 pm, a Stir the Pot staff member will bring a trailer for you to load up your equipment. You and your cook-off items will be driven to your vehicle, located outside the festival area, by the Stir the Pot staff member. Only cooking trailer or cooking-rig, will be allowed to remain in the cook-off area. **NO VEHICLES – NO EXCEPTIONS!**

Judging:

Judging will begin at 12:00 p.m. with the 1st, 2nd and 3rd place winners announced at approximately 2:30 p.m.

Covered containers and utensils for judging will be provided to each team. Each team will receive a numbered Styrofoam dish to prepare their dish for judging. Teams will be judged in order of cook-off team numbers. **DO NOT FILL UP THE DISHES.** The judges only take 3-4 bites and the rest is thrown away. Dishes will be judged on originality and overall taste, not presentation. The judging will be a blind system where the judges will not know which team prepared the dish. A point system from 1-10 will be assigned to each dish. The dish receiving the highest number of points will be declared the winner. Should there be a tie; the tied dishes will be judged again and rescored. You may reserve a portion of your dish in the event that there is a tie. If your team is out of food for the tie-breaker, then your team will be disqualified.

Conduct and Alcohol Consumption:

The chief cook for each team will be responsible for the conduct of his/her team and will be responsible for their team's compliance with the rules and regulations in this registration packet. The distribution of alcoholic beverages to the public by a team member is prohibited. Alcohol will be sold and allowed in the cook-off area, however, **excessive use of alcoholic beverages and outrageous behavior will result in disqualification.** Excessive use will be determined by on-site security and contest organizers.

The decisions and interpretation of these rules and regulations are at the discretion of the cook-off coordinators. Their decision is final.

Should you have any questions, please contact Shari Hebert 337-652-6321 or Chad Dartez at 337-652-0630. Thank you for participating in this event!

**Please return Cook-off registration form and entry fee to:
“Stir the Pot: Louisiana Seafood Cook-off”
P.O. Box 33, Perry, LA 70575**

The Louisiana Office of State Parks has graciously allowed the use of Palmetto Island State Park for the use of this fundraiser and cook-off. The utmost respect must be given to the property, waterfront, vegetation and facilities located on the state park grounds.