

DAILY: Congregate Lunch 11:30 am Please RSVP 24 hours prior.

11/27: Birthday Lunch 11:30am Please RSVP the Friday before.

MONDAY:

Exercise Class 9:00 am Euchre & Games Tables 1:00 pm

TUESDAY:

Learn to play Bridge w/Al 12:30 pm Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAY:

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am
Bingo 10:00 am
Bible Study 10:30 am
Euchre Tables 11:30 am
Line Dancing 1:00 pm

DATES OF NOTE:

Monday, December 4 <u>by Appointment</u> Soul Solutions: footcare clinic

Wednesday, December 6 1pm Crafting w/Sonya

Thursday, December 7 8am PRODUCE DELIVERY

Tuesday, November 12 8am
COMMODITIES DELIVERY

Visit with Santa

FRIDAY, DECEMBER 22 ALL DAY MONDAY, DECEMBER 25 ALL DAY Christmas — BUILDING CLOSED

Wednesday, November 29 November Birthday Celebration

PICKAWAY SENIOR CENTER 2105 Chickasaw Drive Circleville OH 43113 740-474-8831 www.pickawayseniors.org



From the Desk of the Director

Christmastide is arrived and the season of Avent is here,

We're excited to welcome Santa Nick to the Center again this year Come, share cookies and fellowship on Tuesday, December 12. (p8)

If you live or work in Circleville, you can earn a \$25 Kroger gift card by sharing your thoughts on pollution reduction strategies and investments to be made here in Pickaway County. There will be 30 gift cards and you must be over the age of 18 to participate. (p6)

Trips for 2024 are being planned right now, with three already for sign up and initial deposit. (p3, p7)

Check out the updates from SALT and learn about the new Money Smart program rolling out in February. (p9)

Membership Renewal season has also arrived (p5) and we are pleased to say our numbers are growing.

Remember to sign up for Sole Solutions Footcare, Crafting with Sonya, the visit with Santa (especially if you're bringing cookies to share!), our shared (congregate) lunch at least 24 hours in advance; sign up for the birthday luncheon by Thursday, December 21, please.

If you pick up Produce (only once this month, Thursday, December 7) or Commodities (Tuesday, December 12), new forms are to be completed before your next visit. No job is complete without the paperwork...

Finally, please remember the Center will be closed on Friday, December 22, and Monday, December 25, in honor of Christmas.

Everyone stay safe and healthy! See you at YOUR Senior Center!

Bonnie Lowry Vallette,
Executive Director



Pickaway Senior Center BOARD OF DIRECTORS:

Sally Galecki President
Tonya Thompson Vice President
Lisa Robbins Treasurer
Al Canarsky Secretary &

Membership President

Bonnie Vallette
Dennis Bothel

Director Fiscal Officer

Bob Mabe

Ed Boyer

Ellery Elick Jackie Rish

Sheriff Matthew Hafey

Pickaway County Commissioners:

Jay Wippel Gary Scherer Harold Henson

SUGGESTED CONGREGATE LUNCH DONATION IS \$4

PLEASE RSVP THE DAY PRIOR

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive PO Box 565 Circleville OH 43113

pickawayseniors.org

Office 740-474-8831
Toll Free 888-397-7246
Nutrition 740-474-8617
Fax 740-477-8114

Office Hours: Monday-Friday 8am — 4pm

* Due to COVID-19: some services, hours and days have changed.

Services provided Monday — Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available Tuesday—Thursday 9am—1pm.

Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

i _____i

For additional information on any of these services, call Pickaway Senior Center:

740-474-8831



PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on second Tuesdays.



Produce Market

Mid-Ohio Foodbank delivers 2500 pounds, or more, of fresh produce on the second and fourth Thursday of each month. The Pickaway Senior Center is a non-profit organization.

We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

EQUAL



PROVIDER

DECEMBER BIRTHDAYS-HAPPY BIRTHDAY!



DECEMBER 1

Becky Davis Harold Phipps Hershel Rose Jacquelyn Writsel Jerry Zielinski

DECEMBER 2

Dianna Berry Terry Campbell **Evelyn Conley** Dick Grambo **Connie Young**

DECEMBER 3

Sally Henson Susan Sowers Angela Stevens

DECEMBER 4

Robert Carnes Eileen Flanagan Rose Henson Carol Leming Wanda Rider **Judy Schooley** Maria Thomas Linda Wunsch

DECEMBER 5

Martha Stonerock Robert Garner

DECEMBER 6

Jean Harral Melanie Willeford **DECEMBER 8**

Virginia Russell

DECEMBER 9

Connie Swoyer

DECEMBER 10

Joann Bowman Penny Cooper Pat Snuggs

DECEMBER 11

Jovce Gifford Ronald Huffman Janet Metzler Barb Tilton

DECEMBER 12

Sherry Kanney Rosie Roese

DECEMBER 13

Lawrence Pritchard

DECEMBER 14

Stephanie Sharpnack

DECEMBER 15

Connie Davis **Bonnie Morrison** Saralee Terflinger

DECEMBER 16

Dana Borror Loretta Detty

DECEMBER 17

Wayne Meinen

DECEMBER 18

Pegg Allen Susan Barnes Mark Schein

DECEMBER 19

Violet Carson

DECEMBER 20

Judy Hunt Georgia Shepard

DECEMBER 21

Donald Daubenmire

DECEMBER 22

Linda Foster Donna Lynn Little Darrell Smith

DECEMBER 23

Arlene Hart Donna Mitchell

DECEMBER 24

David Hartranft Karen Knisley

DECEMBER 25

Mary Tackett

DECEMBER 26

Kimberly Hayes Linda Kempton Kathy Klingensmith

DECEMBER 27

Ronnie Harper Robert Kiger Tom Tootle

DECEMBER 28

Sue Benner Colleen Bradley Gerald Rush Claudette Wilson

DECEMBER 29

Harold Brill Janice Kerns Bothel

DECEMBER 30

Karen Driesbach

DECEMBER 31

Allen Black Charlene Blue

CELEBRATE DECEMBER BIRTHDAYS

12/27 lunch

Please RSVP by December 21.

LaCOMDEIA TRIP

APRIL 2024 — watch for details!

WEST

One of America's greatest musicals of all time!

Two feuding street gangs, the Jets and the Sharks, are on a collision course in the gritty slums of New York City. Out of the chaos, a passionate romance blooms between Tony and Maria, teenagers caught on opposite sides of the turf war. But can they find a place for their love amid the prejudice and turmoil that surrounds them?

Winner of 10 Academy Awards® and two Tony Awards, Leonard Bernstein's West Side Story is one of the all-time great American musicals, with explosive dancing and some of the most electrifying music ever written for the Broadway stage, including "Maria," "Tonight," "Cool," and "I Feel Pretty."

Details are being put together for an April date right now!

> **OTHER 2024 TRIPS WILL BE ANNOUNCED AS THEY** ARE DEVELOPED!



new additions

Our Members who have passed in 2023

In October, Membership Representative, Al Canarksy, asked if we could publish the names of those who have recently passed away. We published the list last month and have received a few members and former board members we'd not included. Please feel free to call and let us know of others who have passed and we will add them to the list. In February, we will publish the names of all those who passed 2023; in March we will begin to list those who passed in January.

names in bold are

Carolyn Adams Eleanor Dean Forrest Kiser Marvin Rittinger **Urban Adams** Robert Dixon Pam Lewis Raymond Russell George Bandy Donna Dyke Carol Mader Anna Schooley Paul Barnes Jerry Eckart George Mateer Robert Schroeder Cheryl Bates Judith Gary Marjorie McCormick **Debbie Tobin** Karen Bensonhaver Brian Gerlach Ula Jean Ater Metzler Shirley Tyler Mary Ann Borror James Graves Jo Mineer Dixie Walker **Jenny Brooks** Michael Griffith Cathy Moss Carol Wallace Les Brown Judy Gulick **Dorothy Myers** Bertha Watson Lois Brown Alan Hall Mary Nelson Ethel Welch Deanna Carroll Geraldine Hannahs Jonnie Oakley Florence Williams Jack Clark Kenneth Harness Jeanne Palm Joann Woodward Darrel Conrad Gladys Hawks Patricia Pontius Ron Wunsch Olamae Cox **Dwight Hershey Evelyn Reynolds Betty Young Don Crabtree Harold Hewitt** Lu Rhoads we remember **Esther Davis** Ann Keckley Norma Rich

In Memory or Honor of...

Recognition Gifts to the Pickaway Senior Center are very thoughtful gifts which allow others in Pickaway County to be helped.

Enclosed is my gift of \$			in:	☐ Memory of:	or □ Honor of:	
Occasion:	□ Birthday	☐ Anniversary	□ Other _			
Given by: _						

Please make checks payable to the Pickaway Senior Center. Mail gift to:
Pickaway Senior Center
2105 Chickasaw Dr
Circleville OH 43113

Memorial/Honor of Donations

In Loving Memory of Cletus E Kuhn Sr in gratitude for the Senior Center & their December 19 Anniversary

& In Loving Memory of
Cletus E "Pete" Kuhn Jr
in gratitude for Meals on Wheels & on
December 19 anniversary of his passing
Given by,
Gracille M Kuhn

In Memory of
Shirley Walters
Given by,
Friday Line Dancers

~~~~~~~~~~

In Memory of
Terry Allen
a donation to Meals on Wheels
Given by,
Ellen Dick

~~~~~~~~~~

In Honor of
Pat Stevens
for her birthday
Given by,
Janes Jones

In Memory of
Terry Allen
a donation to Meals on Wheels
Given by,
Sue Benner

In Memory of Family & Loved Ones

a very generous & loving donation
Given by,
Donald E & Betty E Smith

\$10 Fund Donations

Jeane Crider
Vickie Robinson
Linda Harden
Charles and Susan Patrick



Cary Blankenship Brad Dalrymple Jim Stauffer Jerry Turnage

MEMBERSHIP RENEWAL

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You are invited to renew your membership by March 31, 2024! This will ensure you continue to receive the monthly newsletter.

Dues are \$10.00 per year per person. Thank You.

|                | Dues are \$10.00 per year per person. Thank You.                         |                                        |
|----------------|--------------------------------------------------------------------------|----------------------------------------|
|                |                                                                          |                                        |
| NAME           |                                                                          |                                        |
| ADDRESS        |                                                                          |                                        |
| CITY/STATE/ZIP |                                                                          |                                        |
| TELEPHONE      |                                                                          | BIRTH DATE                             |
|                | MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$_ | ************************************** |

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113

Please join The Ohio State University, IMPACT Community Action, the City of Columbus, and Mid-Ohio Regional Planning Commission for a

# Community Conversation and Feedback Session

FOR POLLUTION REDUCTION STRATEGIES AND INVESTMENTS

PARTICIPANTS WILL RECEIVE A \$25 KROGER GIFT CARD!\*

\*Limited to 30 people over the age of 18 living or working in Circleville

FRIDAY, DECEMBER 1 -OR- DECEMBER 8, 2023

FROM 1 - 3 PM

AT THE PICKAWAY SENIOR CENTER, 2105 CHICKASAW DR

RSVP to CenterforHOPES@osu.edu or The Pickaway Senior Center



#### **TRAVEL FAR AFIELD IN 2024**

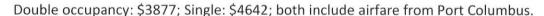
Majestic Alaska to and from Anchorage (10 Days): 6 cities; 9 overnights, 1 Welcome Reception, 9 Breakfasts, 2 Lunches, 3 Dinners.

A wild escape brings dream of Alaska to life. When you're not traversing Denali National Park's tundra or sailing past Humpback whales and icebergs on an Alaska cruise in Kenai Fjords National Park, you'll find yourself panning for gold and riding a dome car on the Alaska Railroad.

Double occupancy: \$6760; Single \$7260; both include airfare from Port Columbus.

**Irish Wonder Tour** to Dublin, Cliffs of Moher and the Ring of Kerry (9 Days) includes 8 cities; 8 overnights; 8 Breakfasts, 2 Dinners.

Centuries of Irish culture and heritage are revealed on this adventure across the windswept valleys of Ireland, from Dublin to the breathtaking coastal landscapes of Connemara. Kiss the Blarney Stone, witness Mother Nature's magic touch at the Cliffs of Moher and circle the Ring of Kerry. There's much to celebrate on this grand 9-day journey across the 'Emerald Isle'.







The Center is pleased to welcome Santa Nick again this year.





His visit last year was magical!

(Who was naughty? Who was nice?)





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email: pmha@pickawaymha.com
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Contact Ohio Relay Services at 711 or 1-800-750-0750
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#### Kim Shook

**Community Relations Director** 

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740-653-9461

Fax 740-654-9645

Cell 740-243-8285

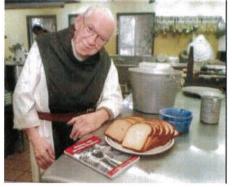
#### **PICKAWAY SENIOR CENTER**

**CONGRATULATIONS TO** OUR S.A.L.T. COCA COLA COOLER RAFFLE WINNER:



MORAH KROUSE-CIRCLEVILLE, OHIO

THANKS TO EVERYONE WHO HELPED



Brother Boniface Schnitzbauer, known for his breads, cakes and pastries at the Trappist monastery near Charlston. Give us this day our daily bread.

Matthew 6:11-13 NKJV

Pick up a loaf for \$5.00 at the Senior Center for the Holidays



#### **DECEMBER 2023 NEWSLETTER**



The Center is will offer a new discussion group, beginning in February, based on the FDIC **Money Smart for Older Adults** and The Savings Bank Smart-Banking Blog.

The program is being designed to cover current exploitation schemes and scams, as well as smart tips on investing and money management.



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**Pickaway Senior Center** 

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**Current Resident** 

