

L.B. J & C. Head Start
2020-2021
Daily Classroom Schedule
South Cookeville A

7:00 a.m.—7:45 a.m.	Arrivals/Free Play	<i>Learning Centers Open</i>
7:45 a.m.—8:00 a.m.	Group /Music & Movement	<i>Gross Motor Activities</i>
8:00 a.m.—8:30 a.m.	Breakfast	
8:30 a.m.—8:50 a.m.	Free Play/Clean up	<i>Learning Centers Open</i>
8:50 a.m.—8:55 a.m.	Transition to Outdoor Play	
8:55 a.m.—9:35 a.m.	Outdoor Play	<i>Gross Motor Activities</i>
9:35 a.m.—9:40 a.m.	Transition to from Outdoor Play	
9:40 a.m.—11:00 a.m.	Free Play	<i>Learning Centers Open</i>
11:00 a.m.—11:15 a.m.	Clean up Transition to Group Time	
11:15 a.m.—11:30 a.m.	Group / Transition to Lunch	
11:30 a.m.—12:00 p.m.	Lunch	
12:00 p.m.—12:30 p.m.	Free Play/Clean up	<i>Learning Centers Open</i>
12:30 p.m.—12:45 p.m.	Group Time	
12:45 p.m.—1:00 p.m.	Transition	<i>Get ready to rest/nap</i>
1:00 p.m.—2:00 p.m.	Rest Time/Teacher Planning	
2:00 p.m.—2:15 p.m.	Snack Time	
2:15 p.m.—2:25 p.m.	Clean up/Transition to Outdoor Play	
2:25 p.m.—3:00 p.m.	Outdoor Play /Transition/Depart	<i>Gross Motor Activities</i>

Free Play—2 Hours & 55 Minutes Scheduled

Gross Motor—1 Hour & 15 Minutes Scheduled

Group Physical Movement—15 Minutes

Revised 8-14-20



L.B. J & C. Head Start
2020-2021
Daily Classroom Schedule
South Cookeville B

7:00 a.m.—7:45 a.m.	Arrivals/Free Play	<i>Learning Centers Open</i>
7:45 a.m.—8:00 a.m.	Group/Music & Movement	<i>Gross Motor Activities</i>
8:00 a.m.—8:30 a.m.	Breakfast	
8:30 a.m.—9:30 a.m.	Free Play/Clean up	<i>Learning Centers Open</i>
9:30 a.m.—9:35 a.m.	Transition to Outdoor Play	
9:35 a.m.—10:10 a.m.	Outdoor Play	<i>Gross Motor Activities</i>
10:10 a.m.—10:15 a.m.	Transition from Outdoor Play	
10:15 a.m.—11:10 a.m.	Free Play	<i>Learning Centers Open</i>
11:10 a.m.—11:30 a.m.	Group/Transition to Lunch	
11:30 a.m.—12:00 p.m.	Lunch	
12:00 p.m.—12:20 p.m.	Clean up/ Transition	
12:20 p.m.— 12:45 p.m.	Outdoor Play	<i>Gross Motor Activities</i>
12:45 p.m.—1:00 p.m.	Transition	<i>Get ready to Rest/Nap</i>
1:00 p.m.—2:00 p.m.	Rest Time/Teacher Planning	
2:00 p.m.—2:15 p.m.	Snack Time	
2:15 p.m.—2:25 p.m.	Clean up/Transition to Big Room	
2:25 p.m.—2:40 p.m.	Gross Motor Activities	<i>Gross Motor Activities</i>
2:40 p.m.—3:00 p.m.	Free Play /Transition/Depart	<i>Learning Centers Open</i>

Free Play— 3 Hours Scheduled

Gross Motor—60 Minutes Scheduled

Group Physical Movement—30 Minutes

Revised 8-14-20



L.B. J & C. Head Start
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Daily Classroom Schedule
South Cookeville C

7:00 a.m.—7:45 a.m.	Arrivals/Free Play	<i>Learning Centers Open</i>
7:45 a.m.—8:00 a.m.	Group/Music & Movement	<i>Gross Motor Activities</i>
8:00 a.m.—8:30 a.m.	Breakfast	
8:30 a.m.—9:50 a.m.	Free Play/Clean up	<i>Learning Centers Open</i>
9:50 a.m.—10:05 a.m.	Group	
10:05 a.m.—10:10 a.m.	Transition to Outside Play	
10:10 a.m.—11:10 a.m.	Outdoor Play	<i>Gross Motor Activities</i>
11:10 a.m.—11:15 a.m.	Transition from Outside Play	
11:15 a.m.—11:30 a.m.	Group	
11:30 a.m.—12:00 p.m.	Lunch	
12:00 p.m.—12:30 p.m.	Free Play/Clean up	<i>Learning Centers Open</i>
12:30 p.m.— 12:45 p.m.	Group Time	
12:45 p.m.—1:00 p.m.	Rest Time	Get ready to rest/nap
1:00 p.m.—2:00 p.m.	Rest Time/Teacher Planning	
2:00 p.m.—2:15 p.m.	Snack Time	
2:15 p.m.—2:25 p.m.	Clean up	
2:25 p.m.—2:40 p.m.	Gross Motor Activities	<i>Gross Motor Activities</i>
2:40 p.m.—3:00 p.m.	Free Play/Transition/Departure	<i>Learning Centers Open</i>

Free Play—2 Hours & 55 Minutes Scheduled

Gross Motor—1 Hour & 15 Minutes Scheduled

Group Physical Movement—15 Minutes

Revised 8-14-20

