



NAMI

National Alliance on Mental Illness

**Volusia/Flagler/
St. Johns**

**OCTOBER 26, 2018
NAMI VOLUSIA/FLAGLER/ST.JOHN'S
APPRECIATION LUNCH
12:00 PM**

**Flagler Hospital, Osceola Room
400 Health Park Blvd.
St. Augustine, FL**

**Guest Speaker: Dr. Stanley Cohen, D.O.
"Practicing Psychiatry in 2018"**

Dr. Cohen will discuss the history of the DSM and its purpose in classifying emotional disorders. An explanation of diagnosing mental health conditions based on the Axis I-V system and its current non-usage will be provided, along with a more in-depth explanation of the Axis IV and V. A brief breakdown of major disease states and symptomology criteria will be addressed. The treatment options for mental health conditions will be discussed:

1. Medication: risks and benefits of use and major classification of the same
2. Psychotherapy: CBT, DBT, Exposure therapy, Play therapy
3. Medication & Psychotherapy: when both are necessary because medication alone cannot provide relief of symptoms
4. Non-Psychopharmacology: ECT and TMS

*Join us for this
special event to recognize
NAMI
Volusia/Flagler/St.John's
volunteers and
community
advocates!*

*Call 904-827-7404
or email*

support@namivfsj.org

*by October 18 to make a
reservation.*

*Get your reservation in
early - seating is limited.*

*Reservation includes
lunch.*

Please visit us at

<http://www.namivfsj.org>