



“I Finally Get It”: Interprofessional Collaborative Practice in Undergraduate Nursing Education



Laura H. Clayton, PhD, RN, CNE & Cara Burkner, MSN, RN
Shepherd University, Shepherdstown, West Virginia

Purpose

The purpose of the project was to create interprofessional collaborative practice opportunities for undergraduate nursing students.

Background

- 88% of US baccalaureate nursing programs are not associated with academic health centers (AACN, 2012)
- Nursing is the only health discipline at Shepherd University
- BSN program lacked interprofessional learning opportunities

Framework

- Essentials of Baccalaureate Education for Professional Nursing Practice (2008)
 - Standard VI – Interprofessional Communication and Collaboration for Improving Patient Health Outcomes
- Core Competencies for Interprofessional Collaborative Practice (2016)
- Groups of Students Engaged in Patient Activities
 - Nursing
 - Social Work
 - Psychology
 - Exercise Physiology
 - Nutrition
 - WVU Medical Students

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CHOICES

Changing Health Outcomes for Patients with Diabetes through an Interprofessional Collaborative Practice Environment at Shenandoah Valley Medical System

- A HRSA NEPQR-IPCP Grant Funded Program
- Program Goals
 - To build an interprofessional, collaborative practice medical home model to provide continuity of care and chronic disease management to vulnerable diabetic patients who experience socioeconomic, cultural, language, or health literacy barriers to health
 - To create novel opportunities for healthcare professionals and students to participate and enhance skills in an interprofessional, collaborative practice medical home model.



Opportunities for Collaborative Practice

- Grand Rounds
 - Workshops
 - Motivational Interviewing
 - Case Studies and Role Play
 - TeamSTEPPS
 - Poverty and Cultural Simulations
- Interprofessional Team Meetings
- Support Groups
- Health Education



- Patient Assessments
 - Triage
 - Fitness
 - Head to Toe
 - Health Literacy
- Activity
 - Group Walks
- Nutrition
 - Dining with Diabetes
 - Grocery Store Tours
 - Eating Out



Challenges and Lessons Learned

- Academic Schedules
 - Different Programs
 - Different Schedules & Requirements
 - Service Learning vs Clinical Time
- Colleagues Value Experience
- Clinical Agencies
 - Patient Availability
 - Provider Role Models
- Student Participation
 - Scheduling Conflicts
 - Difficulty Recruiting Medical Students
- Lessons Learned
 - Communicate
 - Promote Program
 - Engage Stakeholders
 - Enlist Champions
 - Remain Flexible

Student Feedback

“I heard the terms but had no idea what they meant, now I finally get it!”

“Wow! What an awesome experience. I do not want to work anywhere that does not focus on collaborative practice. I have worked in those places before - but never again! The care is so much better when healthcare professionals work collaboratively to help the patient(s). Patients have so many unique needs and it takes a team to help them meet those needs.”

“I no longer want to work in a practice that does not have interprofessional teams - individually there is no way that we can meet the needs of the patients, but together we have a better chance.”

