

Vanilla Cookies



Prep Time: 10 minutes

Cook Time: 4 minutes

Ingredients:

1/3 cup fat free milk

1 tbsp. fat free milk

1 cup reduced fat baking mix (Bisquick)

¼ cup sugar

1 tsp. vanilla extract

2 tbsp. vanilla frosting (reduced fat)

Directions:

1. Preheat oven to 400 degrees F. Spray 2 cookie sheets with non-fat cooking spray and set aside.
2. In a medium bowl, mix ingredients except frosting.
3. Drop by rounded teaspoonfuls onto prepared cookie sheets.
4. Bake at 400 degrees for 4 minutes or until lightly golden brown on bottom.
5. Microwave frosting 10-15 seconds (just enough to melt); drizzle frosting over cookies.

Additional Information

A sweet flavor cookie that the whole family will love.

Nutrition Facts

Makes 24 servings

Amount per serving:

Calories	33.5
Total Carbs	6.4 g
Dietary Fiber	0.1 g
Sugars	3.1 g
Total Fat	0.6 g
Saturated Fat	0.1 g
Unsaturated Fat	0.5 g
Potassium	4.5 mg
Protein	0.5 g
Sodium	61.3 mg