

COSSO SPIRITUAL FORMATION
Friday Gathering

JUNE 24-25, 2016

"ORDINARY DAYS FOR HEALING & WHOLENESS"

→PLEASE PICK UP A STONE AS YOU ENTER

Gathering Music

WELCOME (*community announcements*)

Introduction

***GREETING**

Leader: Praise to God, whom we gather to worship and who knows the masks we need to wear: tolerance, when we feel hate;

patience when storms rage within;

acceptance, when we want to walk away;

People: Praise to God for continuing to love us, for sinners all are we.

Leader: Praise to God for continuing to accept us, even when we disfigure the image in which we were created.

People: Praise to God for the Spirit who consoles the faint-hearted.

Leader: Come, let us worship; come let us sing to God,



***OPENING SONG "O God, Our Help in Ages Past" UMH #117**

PRAYER OF CONFESSION (*Hold onto your stone*)

Christ our Lord, you have graced our lives with love beyond measure.

Emptied of selfish ambition, you poured yourself out for us.

Our response has hardly been generous, and our love for you has not been whole-hearted. Christ our Savior, have mercy on us. Cleanse our hearts and minds. Through your Spirit, empower us to love as you have loved us.

The mercy of the Lord is from everlasting to everlasting. In the name of Jesus Christ, you are forgiven!

May the God of mercy, who forgives all our sins, strengthen us with all goodness, and by the power of the Holy Spirit, keep us in eternal life.

GOSPEL READING Matthew 11:25-30

***SONG "Come to the Water"**

-Matt Maher (on screen)

INTERCESSIONS FOR HEALING *(while holding our stones)*

God, our Creator, your will for us and for all people is health and salvation:

Have mercy on us.

Jesus Christ, Son of God, you came that we might have life and have it in abundance: **Have mercy on us.**

Holy Spirit, your dwelling within us makes us the temples of your presence:

Have mercy on us.

To you, the triune God, the source of all love and all life, we offer our prayers for healing and wholeness,

(silence) Lord in your mercy,

Hear our prayer.

For all who are not able-bodied by birth, injury or illness,

(silence) Lord in your mercy,

Hear our prayer.

For those who grieve,

(silence) Lord in your mercy,

Hear our prayer.

For all who are troubled by confusion or pain,

(silence) Lord in your mercy,

Hear our prayer.

For the church, broken and divided,

(silence) Lord in your mercy,

Hear our prayer.

For all who work for healing and wholeness,

(silence) Lord in your mercy,

Hear our prayer.

Into your hands, O God, we commend all our prayers, trusting in your mercy; through Jesus Christ our Lord.

Amen.

LITURGY OF ANOINTING

My brothers and sisters, we come now to a time of special grace.

The apostle James asked: "Are there any among you who are sick? Let them send for the priests and let the priests pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick and the Lord will raise them up. If they have committed any sins, their sins will be forgiven."

Friends, who are sick or in need of healing in body, mind or spirit, it is our privilege as a priestly people to pray God's healing and anointing on each other. Know that it is in your power to offer your need for healing as a gift of worship to God. In God's power, may we be healed.



Healing Ritual

During the music, you may come for anointing or remain in your seats, please pray for your healing or the healing of others... Within the Jewish faith it is customary to leave a stone on a grave as a sign of the lasting memory of the deceased. You may come forward and leave your stone on the table, as a sign of honoring any grief you have experienced and placing your needs in the everlasting presence of God. The water reminds us of coming to the waters of baptism, the living water, so we will never thirst again. You may choose to kneel or stand for an anointing or use oil to anoint each other.

Anointing *(the forehead or hands)*

Through this holy act, may God's love and mercy strengthen you, with the grace of the Holy Spirit.

Prayer after Anointing

Holy God, we pray that we may be comforted in our suffering and made whole. When we are afraid, give us courage, when we feel weak, grant us strength; when we are afflicted give us patience, when we are lost, offer us hope; when we are alone, move us to each other's side. This we pray in the name of the one who saves us and raises us up, Amen.

***CLOSING SONG "He Touched Me"**

UMH #367

***BLESSING**

Sources:

Prayers adapted from Healing Liturgies for the Seasons of Life, by Abigail Rian Evans, (Louisville: Westminster John Knox Press, 2004).

SATURDAY MORNING PRAYERS

HOLY SPIRIT, COME AND BE WITH US,
GUIDE US AND INSPIRE US,
LET US KNOW YOUR POWER.
POWER TO HEAL, POWER TO COMFORT, POWER TO CONSOLE.
HOLY SPIRIT, COME AND BE WITH US. -Martin Dudley

SONG "Praise You in This Storm" -Casting Crowns (on screen)

Psalm 121 (Psalter 844)

PRAYER

Savior of the world, by your cross you have redeemed us; save us and send
your Spirit to help us, we humbly beseech you,
We come now with the rising sun and greet each other
In the blowing wind and scorching heat we feel your presence
When we are weary and need strength we pray to you
When we are lost and sick in body mind or spirit we call to you
When we have joys we long to share we turn to you
When we are tired of papers and worried about grades we remember your
words and pray the prayer you have taught us -
OUR FATHER...

SONG "Tell Your Heart to Beat Again" -Danny Gokey (on screen)

COSSO SPIRITUAL FORMATION
Saturday Eucharist

JUNE 24-25, 2016

"ORDINARY DAYS FOR HEALING & WHOLENESS"

Gathering Music

WELCOME (*community announcements*)



Introduction

***OPENING SONG** "He Lives" UMH #310

Opening Words

(*after "Jesus lives" please repeat "Jesus lives"*)

In light defeating darkness, in wisdom conquering foolishness, in trust
overcoming fearfulness, Jesus lives **Jesus lives**

In strength coming to weakness, in health rescuing from sickness, in hope
saving from despair, Jesus lives **Jesus lives**

In love victorious over hatred, in forgiveness dispelling anger, in glory
dispersing dullness, Jesus lives **Jesus lives**

In joy growing from sorrow, in life rising from death, in God giving the
victory, Jesus lives **Jesus lives**

He holds the keys of love, of peace

He holds the keys of life, of death

He holds the keys of heaven, of earth

He holds the keys of now, of eternity.

-David Adam

SCRIPTURE READING Isaiah 58:6-12

"the repairer of the breach, the restorer of streets to live in"

PRAYER OF CONFESSION

Merciful God, you know us as we are and still love us, we confess that we
are afraid to admit the fear that lies in the depths of our souls. Help us to
face that which we want to hide even from ourselves.

**Forgive us for the walls around our hearts, our apathy in the face of
need, our indifference to oppression, our numbness in the midst of
sorrow.**

Forgive us for our loss of faith, our loss of hope, our loss of love, our loss of
joy, and our lack of peacemaking.

**Give us the courage to find ways of being faithful disciples. Awaken
us to your presence. Break down the barriers we have built. Forgive
our sins.**

(*silent prayer of confession*)

Hear the Good News: God gives us the courage we need to believe that we will see the goodness of the Lord in the land of the living. In the name of Jesus Christ, we are forgiven.

In the name of Jesus Christ, we are forgiven! Glory to God. Amen.

LIGHTING CANDLES FOR HEALING

We light a candle for Love

**For the love that we have shared with those precious to us;
For the love that flows deep within us that will never end.**

We light a candle for Joy

**For the joy that gave birth to so many positive moments in our lives;
For the joy that gave encouragement to us and helps us encourage others.**

We light a candle for Hope

**For the hopes and dreams we shared with others;
For the hope that lives in us still and moves us to the next season of our lives.**

We light a candle for Peace

**For the peace that we want for our ourselves and our loved ones;
For the peace that helps heal the distance that separates us from each other;
For the peace that passes all understanding.**



CHOIR "Out of the Depths" (from TFWS)

Music Director, Lori Douglas Weaver

CELEBRATION OF HOLY COMMUNION

(from Eucharistic Prayers in Feasting on the Word)

Prayer after Communion

Our Father...

***CLOSING SONG "In Christ Alone" (on screen)**

***BLESSING**

Sources:

-Prayers adapted from Healing Liturgies for the Seasons of Life, by Abigail Rian Evans, (Louisville: Westminster John Knox Press, 2004).

-Communion Liturgy from Feasting on the Word, by Kimberly Bracken Long, ed., (Louisville: Westminster John Knox Press, 2012).