

The Menai Suspension Bridge (Pont Grog y Borth) carries road traffic between the island of Anglesey and the mainland. Designed by the famous Thomas Telford and completed in 1826 it is a Grade I listed building.



**Môn**  
Social Enterprises Cyf  
Mentrau Cymdeithasol Môn Cyf

Creating sustainable local social enterprise

# Beautiful ANGLESEY & GWYNEDD

It's been 23 years since the foundation of Agoriad Cyf started to contribute to the betterment of disabled and disadvantaged people in the community. We have made a material difference to many hundreds of people during this time, building confidences and getting folk into meaningful employment.

We have worked within Government initiatives and grant funded organisations to achieve these objectives and we are champions of sustainable social enterprise businesses. What is a social enterprise business? It's a business that trades to tackle social difficulties, improve people's life chances and their

local communities. These businesses make money from selling goods and services, reinvesting the profits back into the business or the local community - when the business profits, society profits.

Môn Social Enterprises Cyf is a wholly owned company of Agoriad Cyf and is the business platform for currently five (with more on the way) social enterprise ventures; ranging from our mineral water business at Dinas Mawddwy, Dŵr Cerist; café and tearooms Llys Llewelyn at Aberffraw, Caffi'r Parc at Holyhead Country Breakwater Park, Caffi Coed-y-Brenin at Bethesda and our newly opened purpose built café and catering hub Caffir Ffynnon Cybi at Holyhead. These businesses are sustainable contributors to local employment and by sourcing through local suppliers, foodstuff providers and services they are contributing to our local economy wellbeing.

**Mick Barlow, Director**



Mick's other passion in life is Golf; he's Chairman and Membership Secretary of Baron Hill Golf Club located on the outskirts of the idyllic Georgian seaside town of Beaumaris; "It's the oldest privately owned golf course in the UK. If you are a visitor to the Island and you enjoy your golf come see us at Baron Hill our green fees are reasonable and our clubhouse has a warm welcome for members and visitors alike".



**Môn**  
Social Enterprises Cyf  
Mentrau Cymdeithasol Môn Cyf

Porth Penrhyn, Bangor, Gwynedd LL57 4HN

☎ 01248 361 392 📠 01248 372 050 ✉ info@agoriad.org.uk 🌐 www.agoriad.org.uk

Registered in England and Wales Wedi'i gofrestru yng Nghymru a Lloegr • Registered No. Rhif Cofrestredig 07902853

## Holyhead Breakwater Country Park

As you approach Holyhead Breakwater Country Park, you will see some amazing cliffs. Even though you will see various things growing on the cliffs, they actually look that way because the park used to be a place for quarrying. The old Brick Shed no longer makes bricks, but it now houses a really interesting feature at the park.

The Brick Shed, where, in the old days, they used to fire the bricks, now features the Outdoor Gallery. The Gallery contains many paintings and old pictures. There are, for example, photos of what the place used to look like when it was a working quarry. There are modern images of the local area - an interesting contrast to the black and white historical pictures. Where in Britain do you think holds the sunshine record? Visit the Outdoor Gallery to find out! Do you remember the Ladybird books of your childhood, the ones with scenes of Spring, Summer, Autumn and Winter? Do you remember the pictures of lambs in fields, scenes of Summer at its best, Autumn colours and Winter snow? We'd like to invite you to take a walk down memory lane as part of the Outdoor Gallery contains a sizeable collection of pictures from the Ladybird books, the artwork is just as you remember it! The Ladybird books feature artwork by Anglesey artist, Charles Tunnicliffe. The Outdoor Gallery also features many other paintings of birds by Tunnicliffe.

# this special place

We are more than happy to give you advice about the park and Holyhead Mountain. The park's Information Centre is staffed and open during all of the four seasons. We are here during the sun, wind, snow and rain. Ask us about anything to do with the park, the local area (and beyond) - if we may not have an immediate answer to hand, regarding anything to do with beyond the park, we will endeavour to get the information to you as soon as possible.



It is appreciated that you may wish to explore areas beyond the park. The park's Café, Caffi'r Parc, is one of the Cybi Bikes hubs where you can hire a bike from. Helpful staff at the Caffi and park will be happy to help you out with any questions that you may have about the local area. Actually, after a bike ride you may wish to treat yourself to a meal at the Caffi - have a look at some of the luscious creamy cakes on offer, you will be greatly tempted. Go on, you deserve it!

What an amazing place for nature, the park is! Take a walk along the protected Rocky Coast, the beautiful heather - which provides a food source for wildlife - carpeted, in parts, with flowers such as

“ We are more than happy to give you advice about the Park and Holyhead Mountain... the Information Centre is open during all the four seasons. ”



clover, bird's foot trefoil and spring squill. If you listen carefully, you may hear a really unusual sound - from a bird called a stonechat. The reason why it is called a stonechat is because its call or sound is similar to the sound of two pebbles being knocked together.

Look out for acrobatic choughs, as they swoop and dance in the air. Oyster catchers are also to be seen, as well as grey seals. As you walk by fresh water areas, you may well see dragonflies and damselflies, watch out for the large red damselfly. The colours are just amazing! Near a place where there is a cannon (there's a story behind that - ask any member of staff at the park's Information Centre), there may often be many different butterflies flying, as they feed on the heather and the gorse. Look out for the rare silver studded blue (tell us if you see one!), the peacock, gatekeeper and red admiral.

There has been a lot of bluebells at the park, this year. On a sunny day, carpets of bluebells have been a sight to behold. It is a regular yearly sight to see marsh orchids and bee orchids. Do you know why they are called bee orchids? It's because the flower looks like it has a bee on it!

On the big lake, there are many ducks to be seen. Sometimes, you will see moorhens - look at the feet of moorhens, they do not have webbed feet, yet, they seem perfectly okay in the water.

The park really is a place for all seasons - Spring, Summer, Autumn and Winter. The park has basked under a summer sun and there have been a few times when the air has been so still, with snowflakes falling gently around you, the sounds of feet scrunching on the snow bringing delighted laughter from excited children.

The park is open all year round, that means you get to experience all of the seasons at this very special place.

Will Stewart, Chief Warden

## Caffi'r Parc

For good food, snacks and drinks for all the family, with a new secure fun facility for the kids

Mon Social Enterprises has extended Caffi'r Parc, doubling the seating areas and building a purpose designed children's play area. This incorporates further lawned space with outside seating for adults to enjoy the scenery with their food or drinks, keeping an eye on the younger members of the family as they enjoy the rides and slides.



Continued overleaf...

## Caffi'r Parc

...continued



### "We all had a lovely time in the Park"

"It's a great place to visit; we all had a lovely time in the Park and called by the Café for a meal which was very good and afterwards sat in the sun to enjoy our coffees. The kid's area provided our two with a lot of fun and its reassuring that we could all enjoy ourselves within what is a very well thought-out and safe area for children. Nothing was too much trouble for the staff and the service was excellent" ... *Kirsty was visiting Anglesey from the Midlands, meeting up with her parents who are residents on the Island.*



Come and see us at Caffi'r Parc when you visit the Holyhead Breakwater Park

Call by for some delicious food made from locally sourced products, snacks and drinks in our modern and friendly café. There's a great breakfast for visitors and hot food from our specials board throughout the day. Want to get food and drinks to go? We're ready to serve you just what you need if you're planning to take refreshments with you on your way around the Park.

You will find Caffi'r Parc a great stopping off place during your visit.

Find out more: 01407 761317 or [www.caffirparc.org.uk](http://www.caffirparc.org.uk)



# Hire a bike, Hire a memory

Cybi Bikes is a new Cycle hire company based on the Holy Island, Anglesey. Hubs are located at key tourist locations on the island to offer cycle hire facilities, catering for everyone's needs.

Bikes can be hired to explore the Island at leisure, and to help you travel along the safest routes we have developed four Green Links Cycle routes.

There is also a free breakdown service to any customers, no need to worry about anything. You can get a take away lunch from our cafes for your picnic on the way or just sit back, relax and pedal.



Our three cafes are important hubs for bike hire here on Anglesey, follow this **QR code** or go to [www.cybi-bikes.co.uk](http://www.cybi-bikes.co.uk) to see the safe, scenic bike routes mapped out for your enjoyment.

You can telephone for more information:

Caffi'r Parc: 01407 840847

Caffir Ffynnon Cybi: 01407 762158

Llys Llewelyn Café and Tearooms: 01407 840847

Kerry and Nan visiting Anglesey from Canada stopped by at the Holyhead Country Breakwater Park and took advantage of the Bike Hire service that's available at Caffi'r Parc.

*"It was most enjoyable to be able to bike to places around this part of the Island and hiring the bikes was quick and easy and came with all the correct safety hats, high viz vests and advice from Allison of Caffi'r Parc for places to see and routes to take - we had an outstanding time and the biking was such good fun".*



# Finding the right person for your business through free professional recruitment services

John Hughes is Agoriad's Work Programmes Manager

Agoriad is a third sector organisation delivering training, support and employability services in Gwynedd and Anglesey. Our experience in supporting a wide range of people to realise their full potential, thus enabling people to make a real step change for a better future.

Agoriad delivers the Work Programme as a sub-contractor for Working Links across Gwynedd and Anglesey. The Work Programme is the UK Government's flagship welfare to work programme that was introduced in 2011. Agoriad brings a combination of expertise, enthusiasm and a broad knowledge of the local labour market to the Work Programme and we recognise that employers can have difficulty in getting the right person and the cost of recruiting can be high for small businesses.

We pride ourselves on our expertise in working with small to medium businesses and in understanding their local recruitment needs. There are no recruitment costs to employers as they recruit through Agoriad. We are meticulous in providing candidates that fit the individual requirements of businesses and can provide a free service of ongoing in work support to the employee and the employer.

We are happy to talk through this recruitment offer; our aims are to help create an understanding of social responsibility within our local workplace.

Call me on 01248 361392 or contact [john@agoriad.org.uk](mailto:john@agoriad.org.uk)



Our service includes:

- A single named point of contact
- Tailored employee development courses that are specific to your business
- Onsite visits so we can understand your business and your requirements
- Advice on progressing your workforce and accessing free training
- Free work trials carried out by suitable candidates

As part of our free employee recruitment service we will:

- Advertise your vacancy on the same day you give it to us
- Screen candidates so you only see people who are right for the job
- Give you an update within 24 hours and every day after that
- Provide you with space at our offices for you to interview candidates
- Prepare your candidates to make sure they understand your business

## Rhys Mann Agoriad Employment Officer



Rhys has been with Agoriad for 10 years, during his time he has volunteered to work in the field gaining a very real insight into the difficulties that face some of the more disadvantaged members of societies. In addition to his Agoriad work he has travelled overseas and in 2009 ("was it really six years ago; he says") spent time in Vietnam working with disadvantaged people "It was a moving period in my life working every day amongst 600 people desperate for help in an orphanage in Saigon, it gave me many reasons to believe that with the right support and help, everyone can and will get more out of life"

# the little church on its island

## The island of Cribnau with the 7th century Church of Saint Cwyfan perched on top...

With its stunning location, its isolation and its extraordinary stone-walled island, Saint Cwyfan is possibly the iconic Anglesey church. It's image is frequently used to promote Anglesey to tourists.

The church is only accessible at low tide, so keep your eye on the sea or your stay may be longer than a planned. A narrow lane with lots of passing places leads almost from the gates of St. Beuno Church in Aberffraw to a small parking area that slopes to the beach. On a sunny day the view across the bay to the Church of Saint Cwyfan is stunning.

Keep to the beach that curves round to the Church island and access the island via a flight of stone steps - **a must have experience on your visit to Anglesey.**



Come and visit Llys Llewelyn Tea Rooms and Café at Aberffraw the ancient home of the Welsh Princes.

Aberffraw lies on the South West Coast of Anglesey just along the A480, or follow the signs from the A55. In the middle ages it was the main court of the kings and princes of Gwynedd, historically one of Wales' most important places.

Today it's a friendly place with beautiful sandy beaches - bring the family as you call and see us at our café and tearooms. You will find a great choice of local foods, hot meals and we are licensed for your refreshments... you will love our Welsh teas.

We are pleased to prepare food and drinks to go and we do offer a function service and outside catering, very popular with our Island customers.

**Telephone: 01407 840847**



Caffi Ffynnon Cybi - our new purpose built café and catering hub is at Stanley Terrace, Holyhead.

Visiting Holyhead? Call in at our new café on Stanley Street, relax for a while with your coffee and enjoy our excellent food and snacks.

The comfortable interior has leather armchairs and plenty of space over two floors, there is a private meeting/dining area that's a perfect venue for your functions, and we are planning the introduction of outside catering for the Holyhead area.

There's plenty of parking behind the café and off road opposite Stanley Street.

**Telephone: 01407 762158**



Coming back or going to the mountains, call in to the slate town of Bethesda and Cafe Coed-y-Brenin.

The café has been part of our family for over six years and has a reputation for being a favourite for the residents of Bethesda.

Specialising in its range of homemade cakes, teas and its all day Welsh breakfasts, Karen and her team will give you a warm welcome.

**Ask for Karen on 01248 602550**



## Dŵr Cerist

Working with the business community to promote our local businesses and suppliers

The mineral water from the ancient springs at Llaw Cae, Dinas Mawddwy, bottled at source by Dŵr Cerist Cyf is pure and refreshing from a source unchanged for thousands of years from the magnificent Snowdonia mountains.

The superb quality and pureness of the water is well known and its low sodium content has an increasing reputation for health benefits.

You will find Dŵr Cerist water on the shelves of local convenience stores and supermarkets - check out the label of the water you are drinking as it might be ours supplied with own-label branding.

Since the introduction of an own-brand label service, our designers will create a bespoke label

and businesses both large and small can promote their own brand on the bottles of the water they provide. This has proved very popular with the business community and surprisingly cost effective for an acceptable order level of water to carry brand advertising on its label.

Deliveries of Dŵr Cerist water are made directly along the North Wales Coast and Anglesey. With a wholesaler in Aberystwyth delivering to Cardiff and beyond, Dŵr Cerist supplies its natural still mineral water in (PEP) plastic bottles in three sizes - the popular 500ml, 2 litres and 5 litres.

**Find out more: [www.dwrcerist.com](http://www.dwrcerist.com)**

**To discuss how we can inexpensively get your own brand advertising onto the labels of the water you sell: [sioned@agoriad.org.uk](mailto:sioned@agoriad.org.uk)**



# Want to know more about the **FREE** Wales Coast Path App?

The Wales Coast App has been developed by the environmental charity Keep Wales Tidy, in partnership with Visit Wales and Natural Resources Wales with project support from the Coastal Communities Fund.

This free app details the entire route of the Wales Coast Path and contains information on 153 beaches including: how to get there, the awards they hold, facilities such as toilets, car parks and lifeguards, as well as nearby wildlife and historical attractions. Perfect for when you want to explore the beautiful beaches in Wales.

Tracking the entire Wales Coast Path, the app highlights the different gradients and allows you to search for stretches of path without stiles or gates, ensuring the path is accessible to everybody. Users can search for nearby attractions, accommodation providers, and your nearest food and drink facilities. Perfect for planning your day along the coast.

Welsh coastal businesses can now support the coastal work carried out by Keep Wales Tidy by advertising on the official Wales Coast app. Revenue generated from the app will support Keep Wales Tidy's coastal work, meaning that advertising on the Wales Coast app will help maintain and protect local beaches and coastline, in addition to promoting businesses to a new audience. Packages start at £100 per year.

**For more information visit the [www.walescoastapp.com](http://www.walescoastapp.com) or email: [pauline.vella@keepwalestidy.org](mailto:pauline.vella@keepwalestidy.org)**

**The Wales Coast App is available to download for free on the Apple App Store and the Android Play Store. Get out and make the most of the coast!**

## Creating sustainable local social enterprise



**Môn**  
Social Enterprises Cyf  
Mentrau Cymdeithasol Môn Cyf

Porth Penrhyn, Bangor, Gwynedd LL57 4HN

☎ 01248 361 392 📠 01248 372 050 ✉ [info@agoriad.org.uk](mailto:info@agoriad.org.uk) 🌐 [www.agoriad.org.uk](http://www.agoriad.org.uk)

Registered in England and Wales Wedi'i gofrestru yng Nghymru a Lloegr • Registered No. Rhif Cofrestredig 07902853