

The BioMat delivers the highest vibrational resonance deeply into all body tissues. The combination of far infrared light, negative ions and amethyst quartz opens the channels for intelligent cellular communication leading to DNA repair and total body wellness.

### **NEGATIVE IONS for Positive Effects**

- Increase Serotonin Levels
- Alleviate Allergies
- Minimize Migraines
- Subdue Sinus Problems

Negative ions are odorless, tasteless and invisible particles that we inhale in abundance near waterfalls, rain forests and oceans. Scientifically they are molecules with an extra electron helping to alleviate allergies, migraines and sinus problems. Once they reach our blood stream Negative Ions have a positive effect on the rate at which Serotonin is oxidized in the bloodstream, resulting in higher alertness, decreased drowsiness, and more mental energy and clarity.

### **AMETHYST CRYSTAL for Body Balance**

- Soothe Nervous System
- Strengthen Colon, Kidneys, Liver
- Improve Memory Skills
- Regulate Intestinal Flora
- Reduce Inflammation

Amethyst bolsters the production of the hormones, and strengthens the cleansing organs, the circulatory system and blood. This brings the immune system and body metabolism into balance and harmony. Amethyst also soothes the nervous system and aids in the transmission of neural signals. And memory skills improve with the use of this stone.

### **INFRARED a High-Speed Healing Frequency**

- Induces Sleep
- Sports Injury Recovery
- Relieve Anxiety
- Decrease Blood Pressure
- Accident Recuperation

Far Infrared Heat is pure energy in the form of LIGHT from the invisible area of the electromagnetic spectrum. Far Infrared Heat was discovered by NASA to be the most

beneficial light wave for penetrating the skin and increasing circulation to detoxify the body of harmful toxins and acid wastes.