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Dear Neighbors,

Although I said last month there would be no plant sale because of COVID-19 restrictions, we may have found a way to keep our plant sale tradition alive in this time of social distancing. The CHCA board has decided to have an on-line, pre-order, home delivery plant sale in mid-May. Full details of that sale, including pictures of the plants and order form, will be provided in May's email that will be sent out May 1. An online sale cannot take the place of our wonderful neighborhood social but we'll still get to have our favorite annuals without having to go shopping.

Another good thing about a pre-order sale is that we can set a week for the sale and then select a day with the best weather. We can then sort and deliver the plants without rain, or even snow as we had on one other occasion. A small group of volunteers, with spacious trunks or trucks, will deliver the plants to the buyer's front yard. We'll notify the buyers of the date of delivery.

The difficult part of such a sale is we must limit the number of items we can provide and we can only deliver to the streets within Crescent Hills. We will choose those plants that have been perennial favorites

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Your part in this project will be to identify those plants you want, complete the order form including totaling the amount due, and then mailing a check or paying by PayPal available on CH-CA.org website. These details will be provided in May's email.

If anyone wants to help with the deliveries or sorting orders, please call me at 412-795-2607.

The following are some of the plants we may be selling. The prices and availability is still subject to change. Stay tuned for the order form and details.

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SUN PLANTS



New Guinea Impatiens



Geraniums

Calibrachoa (Million Bells)



Drought resistant

Dahlias



Ageratum with Marigolds*



Petunias



Zinnias*



Attracts butterflies and hummingbirds

Bacopa



Container plant

Dusty Miller



Drought resistant

Vinca*



Celosia



Polka Dot Plant*



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Border plant attracts pollinators
Streptacarpella (False Violets)

Sweet Potato Vine

**SHADE OR PARTIAL
SHADE**



Full sun to partial shade

Coleus*



Dark Leaf Begonias*



Green Leaf Begonias*



Impatiens



Trailing Tuberous Begonia



*Plants marked with an asterisk are deer resistant. To be on the safe side, however, you may want to remind the deer of this.

PENN HILLS COUNCIL MEETING VIRTUALLY
MONDAY, APRIL 20 7PM



The Penn Hills Council meeting scheduled for April 20, 2020 at 7:00PM will be a virtual meeting conducted online. The meeting is scheduled for Monday, April 20, 2020 at 7:00PM. The meeting complies with all guidance and laws governing open meetings held remotely due to COVID-19.

There will be no in-person meeting conducted at the Government Center. The Mayor and members of Council will be participating in the public meeting remotely from their homes.

The public is encouraged to participate in the meeting. Residents can participate in the April Council meeting in one of two ways.

First, residents can call into the meeting by dialing toll-free 1-866-899-4679, and using the access code 363-186-029.

Secondly, residents can also access the meeting from their computer or phone by visiting:

<https://www.gotomeet.me/JesseT/penn-hills-council-meeting>

Residents using their phones or computers should check GotoMeeting.com in advance, to ensure their device and internet connection is capable of displaying the video feed.

The virtual meeting will also be recorded in its entirety and uploaded promptly to YouTube after it is conducted.

The FY 2020-24 Consolidated Plan, Action Plan and Housing Analysis is available at www.pennhills.org on the main page.

Meeting materials for the Council Meeting are available at this link:

Penn Hills Council Meeting Dropbox



In an effort to help the residents of Penn Hills, Dr. David Alan Brock and his helpers will be distributing food at the following locations on Monday, Wednesday and Friday of every week until further notice.

They will be delivering brown bag lunches in cooperation with Eat-n-Park to the following Penn Hills locations. They will drop off to senior living buildings to the building captains.

Penn Hills Lunch Distribution

Senior Living Buildings:

- Duff Manor Senior Building 50 Duff Rd, Penn Hills (125 lunches)
- Penn Arbors Apartments 10918 Frankstown Rd (125 lunches)
- Penn Hills Senior Center--147 Jefferson Rd (40 lunches)
- Jefferson Manor Apartments 160 Jefferson Rd (125 lunches)

Partner Food Sites: Lunches are allocated

- Rosedale Food Pantry 5501 3rd St, Verona, PA (300 lunches)
- Lincoln Park Community Ctr 7300 Ridgeview Avenue (250 lunches)

Grab-n-go Sites: Lunches are allocated (These sites will be manned by A Second Chance staff)

- Hulton Arbors 815 Arbor Ln, Verona, PA 15147 (250 lunches) 12PM to 12:30PM
- A.J Demor Towers 1 Demor Dr, Verona PA 15147 (200 lunches) 1:30PM to 2:30PM
- Hebron United Presbyterian Church 10460 Frankstown Rd (250 lunches) 12PM to 1PM

Let's thank Dr. David Alan Brock and all his helpers for doing this truly spectacular deed of humanity for the residents of Penn Hills.

Residents should also be aware that we have at Penn Hills Service Association a place that gives out free food five days a week. The Association is located at 2519 Main Street, (Universal Rd.), Penn Hills. Persons interested must call 412-798-2711 to get a designated time to pick up the food. This is an answering machine and someone will return your call and get information from you. It beats waiting in long lines.

FEATURE YOUR HOME!



Send us a picture of your home, porch, patio, gardens...anything you'd like to share and we can post it on social media. We would like to feature many of our beautiful homes.

Do you know the history of your home? Would you like to share that too?

For example, this is an old sketch of a home on 531 Springdale Dr. That home has a twin on 106 Crescent Hills Road. They were the first homes in the original Crescent Hills Development. Built in 1928 by Porter Beck they served as model homes that were opened to prospective home buyers. Due to the great depression, no more of this design were built and Porter instead sold off each of the 453 lots in the development.



CRESCENT HILLS CARES

Crescent Hills is a special neighborhood filled with interesting people who have excellent ideas and opinions. With that in mind, we invite you to submit your ideas, opinions and information on how to keep Crescent Hills beautiful as well as ways to protect and improve it for the people and wildlife who live here, and to offer helpful hints and suggestions. If you would like to have your information shared in this newsletter, please submit an article to Mary Beth Phillips at marybethphillips@comcast.net who will see that it is included in an upcoming edition.



The Penn Hills Shade Tree Commission (PHSTC) is proud to announce that Penn Hills is now recognized as a Tree City USA! Tree City USA is a national recognition program that began in 1976 and is sponsored by the Arbor Day Foundation in partnership with the U.S. Forest Service and National Association of State Foresters.

Penn Hills will now join our neighbors, Forest Hills, Mt. Lebanon, Swissvale and Wilkinsburg in sharing this honor. In recognition, we will receive 2 road signs, a 4x6' flag and a wall plaque, both of which we can hang at our Municipal building.



Consider Another View – Becky Byerly

Some of us would prefer to work toward having operation night sky, rather than "Operation Night Light". Of course safety is important, but so is preserving the night sky. We like to look up and see the stars, planets, Big Dipper, and perhaps the International Space Station passing overhead. There are other wonders to behold once you get into a study of this realm.

Also, night is important for animals, owls for instance, to look for food and continuing the food chain: bats, butterflies, bugs, fireflies and other creatures. The day/night cycle is critical for earth's environment. People need dark of night to sleep more peacefully, and often it is not possible to block out high wattage LEDS. And, in this time of cutting down on power use, we could be cutting down on unnecessary electric power.

Instead of high wattage LED porch lights, a single low watt focused on the ground is very effective. Let's assume that an intruder will not be zooming in from the sky. Ground lighting is needed for safety. Also, a motion -sensor light can alarm you that something is amiss, thus a light on all night would be unnecessary.



Beef vs Beans – Katlyn Dougherty

Did you know that animal agriculture is on par with or even surpasses the entire transportation sector for the amount of greenhouse gasses it emits? It is also the leading cause of deforestation, habitat loss, animal endangerment and water pollution. The amount of water required for a single pound of beef is 1,800 gallons compared to 200 gallons for soybeans. The footprint of our eating habits can be quite heavy on our Mother Earth. (Sources include the EPA, Stanford Report, Environment Journal, Climate Nexus and more.)

Limiting your dependence on cattle is a great starting place. Poultry meat production has a much lower impact than that of beef. Choosing meat and dairy free meals a few times a week is another simple way to begin lowering our individual environmental footprints. Meatless Monday has become a popular practice all over the nation and people choosing vegetarian and vegan diets are on the rise. Consider to what extent you might be willing to alter your diet in small ways to better the planet and give this delicious chickpea salad recipe a try!

Chickpea Salad

Vegan, gluten-free, nut-free, refined sugar-free

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- 1 (14-ounce) can chickpeas, drained & rinsed
- 1 garlic clove, minced
- 2 celery stalks, finely chopped
- 1½ tsp. yellow mustard
- 3 green onions, thinly sliced
- 2 tsp. minced fresh dill (optional)
- ¼ cup finely chopped dill pickle
- 1½ to 3 tsp. fresh lemon juice, to taste
- ¼ cup finely chopped red bell pepper
- ¼ tsp. fine sea salt, or to taste
- 3 Tbsp. mayonnaise
- Freshly-ground black pepper

In a large bowl, mash the chickpeas with a potato masher until flaked in texture. Stir in the celery, green onions, pickles, bell peppers, mayonnaise, and garlic until combined. Now, stir in the mustard and dill, and season with the lemon juice, salt, and pepper, adjusting the quantities to taste. Serve with toasted bread, on crackers, wraps, or on top of a basic leafy green salad. Or just enjoy it all on its own! Makes 3 servings.



In this time of social distancing it is more important than ever that we stay in touch over digital mediums such as Nextdoor.com and our Facebook Group. If you aren't in our group yet please join us. Let us know you are ok or if you need help. Join us by clicking the facebook logo:





Please help us grow our email list so we can keep everyone in the neighborhood informed!

If you can help call your neighbors to get their email addresses so we can add them please let us know by emailing us or calling Andrea at 412-795-2607



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