

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				PB&J		
				Cheese Stick	GOOD	
				Chips	FRIDAY	
				Fruit / Juice		
				Milk		
4	5	6	7	8	9	10
	Muffin / Yogurt	Chicken Nuggets	Hotdog On Bun	Turkey & Cheese	PB&J	
	Cheese	Raw Veggies	Veggies	Baby Carrots	Cheese Stick	
	Chips	Chips	Chips	Chips	Cookie	
	Fruit/ Juice	Fruit / Juice	Juice / Fruit	Fruit / Juice	Fruit / Juice	
	Milk	Milk	Milk	Milk	Milk	
11	12	13	14	15	16	17
	Muffin / Yogurt	Burrito	Corndog	Hamburger On Bun	PB&J	
	Cheese Stick	Veggies	Raw Veggies	Pickle	Cheese Stick	
	Chips	Chips	Cookie	Chips	Chips /Fruit	
	Fruit / Juice	Juice / Fruit	Fruit / Juice	Juice / Fruit	Juice	
	Milk	Milk	Milk	Milk	Milk	
18	19	20	21	22	23	24
	Muffin / Yogurt	Chicken Nuggets	Hotdog On Bun	Chicken Sandwich	PB&J	
	Cheese Stick	Veggies	Pudding	Veggies	Cheese Stick	
	Raw Veggies	Chips / Fruit	Fruit	Fruit / Chips	Chips /Fruit	
	Fruit/ Juice	Juice	Juice	Juice	Juice	
	Milk	Milk	Milk	Milk	Milk	
25	26	27	28	29	30	
	Muffin	Hamburger On Bun	Burrito	Chicken Nuggets	PB&J	
	Yogurt/ Cheese Stick	Pudding	Veggies	Raw Veggies	Cheese Stick	
	Chips / Fruit	Fruit	Chips / Fruit	Fruit/ Chips	Chips / Fruit	
	Juice	Juice	Juice	Juice	Juice	
	Milk	Milk	Milk	Milk	Milk	
				MENU IS SUBJECT TO CHANGE		