

NEW!

Ear Acupuncture

I'm All Ears- Ear Acupuncture treatment with ecofin hand and foot massage 30 min \$40

Ear Acupuncture Add On- 5NP on ear for the effect of a full body treatment for stress management with ear seeds to keep you calm for the rest of the week! \$20, \$10 off first treatment!

Massage Specials

CBD Relief Cream Warm Stone- The cooling effect of the relief cream and the warmth of the stones work together to give you the best of both worlds. 30 minute focus \$85 or 90 minute full body \$165

Rambler's Foot Relief- if your dog's are barking, it's time to come off the trail and give them some TLC! Enjoy an invigorating CBD infused foot scrub, followed by a sports style lower leg and foot massage with Relief Cream, finishing with hot stones for extra rejuvenation. 60m \$100

Feelin' Footloose- deep tissue foot massage to focus on your specific issues 30 m \$65 (add eco-fin or Relief Cream to elevate your experience)

Handy Dandy- deep tissue hand and forearm massage to focus on your specific issues. 30m \$65 (add eco-fin to elevate your experience)

Vacation Escape- The Vacation from your vacation! Perfect for your first day back from a trip, a break from summer vacation activities. Full body relaxation focused massage to let your brain and your worries melt away. Complete with warm stones to the neck and shoulders, scalp massage and ecofin massage to the feet. 90m \$165