

Woman Wise AWESome Adventures
What to Bring List
Christina: 208-315-3075

Everybody

Journal and pen
Ball cap or visor
Airplane survival bag
Chargers for electronics
Sunscreen
Toiletries as desired
Clothing in layers:
 Wool and cotton best for flying backcountry (Synthetics can be fire issue)
 Long pants for flying backcountry recommended
 Bathing suit (For hot springs and aquatic center)
 PJs
 Shorts/tee shirts
 Socks, undergarments
Hiking shoes + tennis shoes+ sandals
Water shoes if desired
Food/snacks to keep in airplane/flight bag
Water bottle
Flashlight/headlamp
Extra batteries
Hiking poles if desire
Yoga Matt
Camera with extra battery and photo chip
Guitar etc if desired
Day pack for hiking
Water clothes if kayaking or swimming
1st aid kit and any personal medications etc
Any "booth" materials and business cards to share

Campers

Sleeping bag 30-degree/warmer
Sleeping pad
Pillow
Cook stove, dishes, utensils
Tent
Rain fly
Ground cloth under tent if desired
Rope for whatever, duct tape
Camp chair if desired
Rain poncho (lawn size trash bag is good)

Airplanes

Tie Downs (limited at U70. Also for fly-out camping)
Headset and extra batteries
Engine oil
Windscreen cleaner/cloths
Aircraft sunscreens
Navigation: Ex: Foreflight iPad, app, charts
Warm clothes/layers/hats
All chargers for electronics
Aircraft covers for ramp parking if desired