

# Ashtead All Stars : Weekly Update

## W/c Monday 23rd February 2015

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### Results:

#### Friendlies:

Mon 9<sup>th</sup> Feb: U12A v U13A

U13s WON 14 – 7

Wed 18<sup>th</sup> Feb: U12A/B v The Downs

LOST 14 – 22 (Star Player Martha)

#### Nonsuch League:

U14 v Fetcham Hawks

WON ? - ?

U14 v Focus

WON 19 - 12

U15 v Richmond Ravers

LOST 3 - 20

U15 v Walton and Hersham

WON 15 - 10

#### Natalie's Match Reports for the U14s

We played Fetcham Hawks and Focus. Started off slowly in both matches and scores were very close at half time, but the girls pulled together and moved ahead in the second half of both matches, winning both comfortably in the end. The majority of the girls were understandably tired after their ski trip and did brilliantly well to keep going.

My **Star Player was Anya** for great support play, lovely movement down the court and a generally gutsy performance. Well done Anya!

#### Jane's Match Reports for the U15s

Richmond Ravers are notoriously strong and they proved to be today aswell. The girls played well but were beaten by a better side. It definitely didn't go all Richmond Ravers way; we put up a good fight, but were eventually beaten 3 – 20.

Walton & Hersham on the other hand, were much stronger than expected, and the girls really had to concentrate and work hard. It was a great game, neck and neck through most of the match, and then our confidence built and we won 15 – 10.

**Star Player today was undoubtedly Faye Rainger**, who was the most consistent player on court.

And a huge thank you to Anya, who played GK for us, having already played two matches for the U14s. Despite not having played the position before, she did exceptionally well, listening carefully to instruction, and learning very quickly.

#### Jane's Match Reports for the U12s

I thought the girls did really well, and it was good to see how versatile they all are, and how much strength in depth we now have. Although we managed to stay neck and neck with Downs until near the end, I always felt that they were a slightly stronger team. Their passing down the court and their positioning was better than ours, however they never ran away with it and we put up a very good fight. It helped that they only had 9 players so they were making a lot less changes.

Three players stood out for me today: Elsa played a great defence, specifically her timing and her focus were excellent; Isabel played well at GA and C, but then amazed us all as an impressive GD; and Martha played well in every position she played, noticeably implementing things we learned at training on Wednesday.

Overall I am giving Star Player to Martha who played a very intelligent game, reading the game well and making some great interceptions.

**The Week Ahead:**

Mon 23rd February 6 – 7pm:	U12 and U14 Training
Mon 23rd February 7 – 8pm:	U13 and U15 Training
Mon 23 <sup>rd</sup> February 6.15pm at Oxshott:	Match for U12B v Oxshott
Mon 23 <sup>rd</sup> February 7pm at Oxshott:	Match for U13B v Oxshott
Wed 25 <sup>th</sup> February 6 – 7pm:	U10 and U11 Training
Wed 25 <sup>th</sup> February 6 – 7pm:	U13 Squad Training
Wed 25 <sup>th</sup> February 7 - 8pm:	U14/U15 Squad Training
Sunday 1 <sup>st</sup> March:	Dorking League matches for U12, U13 and U14
Sunday 1 <sup>st</sup> March:	Nonsuch League matches for U10 and U11