

Major Trauma Rehabilitation Prescription 2019 Children

A first rehabilitation assessment should take place within 48-72 hours of admission and the Rehabilitation Prescription (2019) for children* will have to be completed for all major trauma patients who need rehabilitation at discharge. All children suffering major trauma will require an evaluation of their rehabilitation needs and this process must be recorded on TARN. If the child is found to have no rehabilitation needs, the full rehabilitation prescription outlined below does not need to be completed and the patient is still eligible for best practice tariff. If the child is found to need rehabilitation, the following six actions must be taken:

- 1. The Rehabilitation Prescription for Children must be developed with the involvement of the patient and / or their family/carers**
- 2. Administered by specialist health care professional in children's rehabilitation****
- 3. A Rehabilitation Plan which must contain 9 core items *****
- 4. The Rehabilitation Plan must be discussed with the patient where practical and with their parents/carers, and copies provided for them, their General Practitioner and the next care provider**
- 5. Completion of minimum rehabilitation data set******
- 6. All the above recorded by TARN**

* For best practice tariff, the children's rehabilitation prescription should be used for all patients who are under the age of 16 years on the day of their accident. It is recognized that some patients aged 16 or 17 years may choose to be, or be more appropriately managed by children's services. For this group of patients it is at the discretion of the clinical team to use either the children's or adult rehabilitation prescription. Patients injured on the day of their 18th birthday or afterwards should have the adult rehabilitation prescription.

** Rehabilitation Prescription- should be completed by Health Care Professionals after a multidisciplinary team (MDT) assessment and signed off by senior staff members, at a minimum a Band-7 specialist paediatric rehabilitation clinician.

*** The RP may be provided as a single document for both the patient and professionals or as two separate documents to be given on the point of discharge. The RP for children must contain, as a minimum standard, the following 9 core items:

1. Patient demographics
2. A Safeguarding Assessment relating to the circumstance of the injuries
3. Actions for the GP and / or community paediatric team plus parents/carer
4. A list of relevant injuries
5. A management list for each of these injuries
6. Ongoing rehabilitation needs
7. Services the patients has been referred to including an educational plan
8. A contact number for advice
9. A section where the patient and/or parent or carer can record their comments

The rehabilitation dataset that is collected (see below) may be provided to the patient or parents but this is not a requirement for Best Practice and is at the discretion of the local clinical team.

MTC's will be asked to provide templates of their documentation to the CRG and audit of the updated RP will form part of the national peer review in 2019.

**Rehabilitation Prescription minimum dataset
Children**

Part One: Education (pre-accident)

- Nursery
- Primary mainstream
- Secondary mainstream
- Special education school
- Home schooling
- Other alternative educational placement

Part Two: Rehabilitation needs checklist

Physical impairment requiring rehabilitation

- Physical needs, movement disorder
- Brain injury with prolonged disorder of consciousness (PDOC i.e., vegetative or minimally conscious state)
- Brain injury without prolonged disorder of consciousness
- Seizures – difficult to control
- Tracheostomy +/- weaning programme
- Spinal cord injury – ventilated
- Spinal cord injury – not ventilated
- Spinal fractures – no neurology
- Single complex fracture or dislocation
- Multiple fractures
- Amputee
- Brachial plexus injury / peripheral nerve injury
- Chest trauma
- Other

Cognitive or mood disturbance requiring rehabilitation

- Communication difficulties
- Cognitive difficulties
- Challenging behavior
- Mental Health difficulties pre-injury
- Mental Health difficulties post injury
- Emotional difficulties

<input type="checkbox"/> Other
<p>Psychosocial issues (that may impact rehabilitation)</p>
<input type="checkbox"/> Safeguarding concerns / other complex medico-legal issues <input type="checkbox"/> Educational needs, requirement for Special Educational needs or Education, Health Care Plan (EHCP) <input type="checkbox"/> Complex medico-legal issues including best interest decisions, safeguarding and DOLS <input type="checkbox"/> Educational <input type="checkbox"/> Vocational/ job role requiring specialist vocational rehabilitation <input type="checkbox"/> Other
<p>Who has legal parental responsibility for the child?</p> <input type="checkbox"/> Birth / adopted parents <input type="checkbox"/> Social services <input type="checkbox"/> Special guardians <input type="checkbox"/> Residency order <input type="checkbox"/> Looked after child
<p>Where is the child domiciled?</p> <input type="checkbox"/> Legal guardian <input type="checkbox"/> Family / friends / carer <input type="checkbox"/> Foster care <input type="checkbox"/> Residential care <input type="checkbox"/> Gang involvement <input type="checkbox"/> Other

<p>Part Three: Rehabilitation destination</p>
<p>What is the child's rehabilitation needs?</p> <p>Inpatient specialist units</p> <input type="checkbox"/> Children's Trust Tadworth <input type="checkbox"/> Specialist spinal unit e.g. Stoke Mandeville / Southport <input type="checkbox"/> Chailey <input type="checkbox"/> Residential neuropsychiatry unit <input type="checkbox"/> Regional inpatient paediatric neurodisability unit / SCIU <input type="checkbox"/> Inpatient paediatric / paediatric surgical / paediatric orthopaedic <input type="checkbox"/> Special school <input type="checkbox"/> Home with community rehabilitation support <input type="checkbox"/> Home with outpatient rehabilitation support
<p>Are they being transferred to an appropriate facility? Y/N</p> <input type="checkbox"/> Yes

<input type="checkbox"/> No
If no: What is the patient's destination?
<input type="checkbox"/> Transferred for ongoing medical or surgical needs <input type="checkbox"/> Local hospital without specialist rehabilitation <input type="checkbox"/> Local hospital awaiting specialist rehabilitation <input type="checkbox"/> Other inpatient rehabilitation than that recommended in the RP <input type="checkbox"/> Special school without rehabilitation <input type="checkbox"/> Own home without rehabilitation <input type="checkbox"/> Own home with rehabilitation <input type="checkbox"/> Mental health Unit without physical rehabilitation
If no: What is the reason for the variance?
<input type="checkbox"/> Service exists but access is delayed <input type="checkbox"/> Service does not exist <input type="checkbox"/> Service exists but funding is refused <input type="checkbox"/> Patient / parent / carer declined <input type="checkbox"/> Ongoing medical or surgical needs requiring rehabilitation at later date