

**NASHVILLE ACADEMY OF REFLEXOLOGY**  
**Professional Reflexology Certification Program – Accelerated Schedule**  
**WEEKEND CLASS CALENDAR – 2023**

**Starting Date: April 15, 2023 – Ending Date: November 12, 2023**

Normally 1st and 3rd Weekends each month, except for June when it is 1<sup>st</sup> and 2<sup>nd</sup> and July and September when it's the 2<sup>nd</sup> and 3<sup>rd</sup> weekends, to avoid holiday weekends.

	Time of Class	Hours
<b>APRIL 2023</b>		
Sat. – April 15	10:00 a–6:00 p	2 O 4 R
Sun. – April 16	9:00 a – 6:00 p	4 A 4 R
<b>MAY</b>		
Sat. – May 6	9:00 a – 6:00 p	8 R
Sun. – May 7 (20 CE hours)	9:00 a – 6:00 p	4 A 4 R
Sat. – May 20	9:00 a – 7:00 p	Optional
Sun. – May 21	10:00 a – 5:00	Optional
Short Session Practice and Promoting Reflexology	Galactic Expo @ Fairgrounds	Sign up for shifts
<b>JUNE</b>		
Sat. – June 3	9:00 a – 6:00 p	8 R
Sun. – June 4	9:00 a – 6:00 p	4 A 4 R
Sat. – June 10	9:00 a – 6:00 p	8 R
Sun. – June 11	9:00 a – 5:00 p	4 A 3 L
<b>JULY</b>		
Sat. – July 8 – Prac. Clinic	10:00 a - 6:00 p	2 R 5 C
Sun. – July 9	9:00 a – 5:00 p	4 A 3 B
Sat. – July 15 -- H1-- 1 <sup>st</sup> clinic	9:00 a – 6:00 p	3 R 5 C
Sun. – July 16	9:00 a – 5:00 p	4 A 3 B

<b>AUGUST</b>		
Sat. – August 5 – H2	9:00 a – 6:00 p	3 R 5 C
Sun. – August 6	9:00 a – 5:00 p	4 A 3 B
Sat. – August 19 – H3	9:00 a – 6:00 p	3 R 5 C
Sun. – August 20	9:00 a – 6:00 p	3 A 5 C
<b>SEPTEMBER</b>		
Sat. – Sept. 9 -- H4	9:00 a – 6:00 p	3 R 5 C
Sun. – Sept. 10	9:00 a – 6:00 p	3 A 5 C
Sat. – Sept. 16	9:00 a – 6:00 p	3 R 5 C
Sun. – Sept. 17	9:00 a – 6:00 p	3 A 5 C
<b>OCTOBER</b>		
Sat. – Oct. 7	9:00 a – 6:00 p	3 R 5 C
Sun. – Oct. 8	9:00 a – 6:00 p	3 A 5 C
Sat. – Oct. 21– R test	9:00 a – 6:00 p	3 R 5 C
Sun. – Oct. 22	9:00 a – 6:00 p	3 A 5 C
<b>NOVEMBER</b>		
Sat. – Nov. 4	1:00 p – 6:00 p	5 C
Sun. – Nov. 5	9:00 a – 6:00 p	3 A 5 C
Sat. – Nov. 11 -- possible	makeup clinic,	if needed
Sun. – Nov. 12-- A&P test	10:00 a – 2:00 p	2 A G
Orientation		2
Classroom		123
Clinic Hours		75
<b>TOTAL HOURS</b>		<b>200</b>

Abbreviations: O = Orientation

R = Reflexology (end of 20-hour CE class; end of 36-hour CE class)

A = Anatomy & Physiology

C = Clinic

H = Hand Reflexology Classes 1, 2, 3, and 4

B = Business Practices & Marketing

L = Reflexology Law & Ethics

G = Graduation