



Breakfast

Served Mon-Fri **7am-10:30am**
Saturday **7am-12pm**

Original Burritos

On a Flour Tortilla with Choice of Hot or Mild freshly made Salsa

Potato Burrito

2 Eggs, Potatoes, Cheddar & Red Onion

• Add Bacon, Sausage or Ham

Veggie Burrito

2 Eggs, Potatoes, Red Onions, Spinach, Mushrooms & Swiss

Southwest Burrito

2 Eggs, Sausage, Potatoes, Red Onion, Green Chiles & Monterrey Jack

Chipotle Burrito

2 Eggs, Bacon, Avocado, Mushrooms, Parmesan,
Cream Cheese & Chipotle Sauce on a Wheat Tortilla

Classic Breakfast

2 Eggs any style • Side of Bacon or Sausage • Toast or Home Fries

Espresso Drinks

Cappuccino • Latte • Mocha • Raspberry Truffle

French Caramello • Milky Way • Vanilla Nut

Smoothies

Very Berry • Strawberry Banana • Orange Strawberry

Orange Banana • Peanut Butter, Chocolate & Banana

Z Favorites Your favorites your way!

Scramble Mix it up

Omelette 3 Eggs, and choice of Toast, Salsa or Fruit

Burrito On a Four Tortilla with fresh Salsa

Egg Sandwich Choice of Bread

The Albuquerque

2 Eggs, Sausage, Monterrey Jack, Cream Cheese,
Green Chiles and Homemade Salsa

Spinach, Mushroom & Bacon

2 Eggs, Spinach, Mushrooms, Bacon and Cream Cheese

Traditional Egg & Cheese

2 Eggs and Cheddar

Irwin

3 Eggs, Red Onion, Double Bacon & Double Cheddar

Spicy

3 Eggs, Green Chiles, Monterrey Jack Cheese, Jalapeños,
Red Onion & Cream Cheese

Zinke

2 Egg Whites, Chicken, Mushrooms, Artichoke Hearts,
Tomatoes, Spinach, Roasted Red Peppers & Monterrey Jack

Sandwiches

1. Choose your Sandwich
2. Choose your Bread/Wrap
3. Choose your Side Dish

Breads: White, 9 Grain, Sourdough, Marble Rye, Ciabatta, Croissant, Gluten Free

Wraps: Flour, Wheat, Spinach, Sun-dried Tomato, Jalapeno Cheddar

Sides: Macaroni Salad, Potato Salad, Bow-tie Pasta Salad, Fruit, Chips

Upgrade: Add a House Salad, Soup or Specialty Salad

COLD SANDWICHES

Chicken Bacon Ranch

Chicken, Bacon, Lettuce, Tomato, Ranch & Chipotle Sauce

BLT & Avocado

Bacon, Lettuce, Tomato, Avocado & Mayo

Turkey, Bacon & Avocado

Turkey, Bacon, Avocado, Lettuce, Tomato, Chipotle Sauce & Mayo

Chicken Z-Light

Chicken, Avocado, Lettuce, Tomato & Mayo

Manhattan Club

Turkey, Ham, Bacon, Cheddar, Lettuce, Tomato, Mayo & Mustard

Turkey & Swiss

Turkey, Swiss, Sprouts, Lettuce, Tomato & Mayo

Chipotle Chicken Salad

Chicken Salad made with Chipotle Sauce, Avocado,
Lettuce & Tomato

Chicken Caesar Wrap

Chicken, Romaine, Parmesan & our Homemade Caesar Dressing

Italian Roast Beef

Italian Roast Beef, Cheddar, Red Onion, Lettuce, Tomato,
Creamy Horseradish & Mayo

Southwest Wrap

Chicken, Avocado, Tomato, Corn, Black Beans, Cilantro, Red Onion,
Mixed Greens and our Homemade Salsa Ranch Dressing

Tuna Salad, Egg Salad or Chicken Salad

Served with Lettuce & Tomato

Hummus & Peppers (Vegetarian)

Our Homemade Hummus, Cucumber, Spinach, Tomato, Sprouts,
Roasted Red Peppers, Red Onion, Lettuce & Feta Cheese

• Add Chicken or Turkey

Gabster (Vegetarian)

Cream Cheese, Avocado, Sprouts, Lettuce, Tomato,
Cucumber, & Red Onion

• Add Chicken or Turkey

Mediterranean Wrap (Vegetarian)

Mixed Greens, Tomato, Cucumber, & Red Onion, Feta,
Artichoke Hearts, Olives & Balsamic

• Add Chicken or Turkey

Soup

Served with Bagel Chips

8oz Cup or 12oz Bowl

Just for Kidz

1/2 Turkey & Cheese • 1/2 Ham & Cheese

Whole Grilled Cheese • Whole PBJ

Served with chips or fruit

HOT SANDWICHES

The Bloom

Turkey, Bacon, Provolone, Cheddar, Avocado, Red Onion & Chipotle Sauce

Godfather

Ham, Salami, Provolone, Pepperoncini, Roasted Red Peppers,
Italian Dressing & Mayo

Alloush

Turkey, Provolone, Cheddar, Red Onion, Tomato, Chipotle Sauce & Mayo

Vincente

Turkey, Cheddar, Sliced Avocado & Mayo

Dylan

Chicken, Bacon, Monterrey Jack, Green Chiles, Ranch & Chipotle Sauce

Reuben

Corned Beef, Swiss, Sauerkraut, Spicy Mustard & Thousand Island

Spicy Roast Beef

Italian Roast Beef, Monterrey Jack, Green Chile, Avocado, & Chipotle Sauce

Mushroom Melt

Chicken, Mushrooms, Spinach, Provolone, Red Onion
& Chipotle Sauce

Maddy's Grilled Cheese

Cheddar, Cream Cheese & Avocado • Add Bacon & Tomato

Z-Chick

Chicken, Bacon, Swiss, Red Onion & Honey Mustard

SALADS

Served with Bagel Chips

Mediterranean

Mixed Greens, Tomato, Cucumber, Red Onion, Feta Cheese,
Artichoke Hearts, Olives & Balsamic

Chef

Mixed Greens, Tomato, Cucumber, Red Onion,
Ham, Turkey, Swiss, Hard Boiled Egg & Ranch

Southwest

Mixed Greens, Tomato, Red Onion, Chicken, Avocado,
Corn, Black Beans, Cilantro, & Salsa Ranch

Spinach

Spinach, Bacon, Mushrooms, Hard Boiled Egg & Tomato Vinaigrette

Chicken Caesar

Romaine Lettuce, Sliced Chicken, Parmesan & Caesar

House

Mixed Greens, Tomato, Cucumber, Red Onion & Ranch

Light Lunch (Cold Sandwich only)

1/2 Sandwich with Soup or Salad

1/2 Salad with cup of Soup