



An annual event since 2008

BIG CARDIO

5K • FITNESS • SPORTS • CYCLE • FUN

Saturday, May 5, 2018

7am - 2pm

Central Broward Regional Park
3700 NW 11th Place, Lauderhill, FL 33311
(NE corner of Sunrise Blvd and US 441)

Something for Everyone!

EVENT ACTIVITIES

| | | | |
|-----------------|-----------------|------------------|---------------|
| 5K Run/Walk | Wheelchair Div. | Fun Zone For All | Kiddie Rides |
| Cardio Class | Soccer | Climbing Wall | Bounce Houses |
| Cycling Class | Volleyball | Bungee Jumping | Face Painting |
| Obstacle Course | Basketball | Slides | Mini Golf |
| KidFit | Soccer Clinics | Carnival Games | |

Registration and information: www.bigcardio.org



Be part of doing good while changing lives!



Team Spirit • Camaraderie • Fun

SIGN UP

- Become a team captain (download your kit at bigcardio.org).
- Join a team.
- Participate individually.

SPONSOR

- You're in good company when your company's a corporate sponsor.
- Unable to participate? You can sponsor someone else.

SERVE

- Volunteer tent with refreshments.
- Service hours for high school and college students.
- Sign up at bigcardio.org.

START FUNDRAISING

- Earn cool prizes.
- Registration includes easy, customizable fundraising page.
- Emails, social media posts, tips provided.

Sign up today at bigcardio.org!

Thank You to our Sponsors:

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EFS

BIG
CHILDREN'S
FOUNDATION
Providing opportunity and hope for at-risk youth.

The Big Cardio Event is produced by BIG Children's Foundation, Inc., a 501(c)3 non-profit organization that provides opportunity and support for at-risk youth in South Florida. BigCF.org