



## TERM 3 & 4 2021 PROGRAMS

### Program Key Details



**SCHOOL SKILLS SUCCESS**

WARRAGUL  
TUESDAYS 11:15AM  
TERM 3 2021  
20TH JULY - 31ST AUGUST

CHILDREN ATTENDING  
PREP IN 2020 & 2021

2 X PARENT/CARER SESSIONS  
(60 MINS)  
5 X SCHOOL SKILLS SESSIONS  
(90 MINS)

FIND OUT MORE OR START YOUR  
ENROLMENT ONLINE AT  
[WWW.STRONGMINDSPSYCHOLOGY.COM.AU](http://WWW.STRONGMINDSPSYCHOLOGY.COM.AU)



#### ***School Skills Success – children in Kindergarten & Prep 2021 – WARRAGUL Term 3***

- Janelle Chilton (Provisional Psychologist) & Kaitlyn Turner (Provisional Psychologist)
- Sessions (Tuesdays):
  - 20/7 – Parent/Carer – 11:15-12:15
  - 27/7 – Children – 11:15-12:45
  - 3/8 – Children – 11:15-12:45
  - 10/8 – Children – 11:15-12:45
  - 17/8 – Children – 11:15-12:45
  - 24/8 – Children – 11:15-12:45
  - 31/8 – Parent/Carer – 11:15-12:15
- Maximum 6 children
- **Program Cost: \$890**
  - 9.5 session hours
  - 4 hours indirect client support



**SMASHING SENIOR SCHOOL**  
ONLINE PROGRAM TERM 3

10 SESSIONS  
MON 4-5PM  
12/7-13/9

DESIGNED FOR STUDENTS IN YEAR 11 OR 12 2021  
INTRODUCTORY PRICE FOR TERM 3 – \$195 FOR 10 SESSIONS  
FIND OUT MORE OR START YOUR ENROLMENT ONLINE AT  
[WWW.STRONGMINDSPSYCHOLOGY.COM.AU](http://WWW.STRONGMINDSPSYCHOLOGY.COM.AU)

#### ***Smashing Senior School – Year 11 & 12 students – ONLINE- Term 3***

- Lisa Archer, Toby Mizzi, Richard Dagher, Holly Moreton, Moya Matthews & Suzannah Willis (SMP Psychologists)
- Sessions (Mondays):
  - Monday 12<sup>th</sup> July until Monday 13<sup>th</sup> September (inclusive)
  - All 10 weeks of Term 3
  - 4-5pm
- **Program Cost: \$195 – introductory cost**
  - 10 session hours
  - 4 hours indirect client support

Thursdays Term 3  
4-5pm  
At Yarra Junction

**STRONG MINDS PSYCHOLOGY**

**GREAT MATES PROGRAM!**

7-10 Year Olds  
6 x 1 hour Sessions  
29/7 - 2/9  
find out more or start your enrolment online at  
[www.strongmindspsychology.com.au](http://www.strongmindspsychology.com.au)

**Great Mates – 7-10 year old children – YARRA JUNCTION – Term 3**

- 2 Provisional Psychologists Sessions (Thursdays)
  - 16/10 – 4-5
  - 30/10 – 4-5
  - 6/11 – 4-5
  - 13/11 – 4-5
  - 20/11 – 4-5
  - 27/11 – 4-5
  - Maximum 8 children
  - **Program Cost: \$690**
    - 6 session hours
    - 4 hours indirect client support

**Mindful Parenting**

6 week program with Toby Mizzi  
All parents & carers welcome

6 X 2 HOUR SESSIONS IN YARRA JUNCTION  
WEDNESDAYS 9:30AM  
TERM 3 OR 4 (DATE TBC)

FIND OUT MORE OR COMPLETE AN EXPRESSION OF INTEREST FORM ONLINE AT:  
[WWW.STRONGMINDSPSYCHOLOGY.COM.AU](http://WWW.STRONGMINDSPSYCHOLOGY.COM.AU)

**STRONG MINDS PSYCHOLOGY**

**Mindful Parenting - YARRA JUNCTION**  
Toby Mizzi (Counselling Psychologist)

*We are in consultation for a grant application, hopeful to subsidise the cost of this program. Currently taking expressions of interest.*

- Dates TBC
- Maximum 8 parents/ carers
- Program Cost: TBC
  - 12 session hours
  - 6 hours indirect client support

**STRONG MINDS PSYCHOLOGY**

ONLINE PROGRAM WITH LISA  
4-5PM THURSDAYS TERM 4  
6 SESSIONS: THU NOV 4TH - THU DEC 9TH

**HELLO HIGH SCHOOL!**

FOR STUDENTS ATTENDING YEAR 7 IN 2022

FIND OUT MORE OR START YOUR ENROLMENT ONLINE AT  
[WWW.STRONGMINDSPSYCHOLOGY.COM.AU](http://WWW.STRONGMINDSPSYCHOLOGY.COM.AU)

**Hello High School! – Year 7 2022 – ONLINE – Term 4**

- Lisa Archer (Educational & Developmental Psychologist)
- Sessions (Thursdays)
  - 4/11 – 4-5
  - 11/11 – 4-5
  - 18/11 – 4-5
  - 25/11 – 4-5
  - 2/12 – 4-5
  - 9/12 – 4-5
- Maximum 8 students
- **Program Cost: \$690**
  - 6 session hours
  - 4 hours indirect client support

## Frequently Asked Questions

- Attendance of all sessions is recommended:
  - Group dynamics & social interactions will be easier if you/your child attends each session
  - Therapeutic outcomes are likely to be better if all sessions are attended
  - Fees will be paid in advance to secure a position in the program
- Can I leave while my child is in the program?
  - Parents/carers will need to leave the building due to distancing requirements
  - For safety we require all parents/carers to remain in the same suburb during sessions
  - Please ensure your phone is on & the team have your current contact details
- How can I communicate regarding the group?
  - Email the team around sessions to provide updates or ask questions. You can also ask brief questions in person so that children (& siblings) can transition calmly in and out of each session
  - A program summary & personalised report will be provided for each group member at the completion of the program
- Programs include:
  - Session Facilitation
  - Clinician preparation of content & materials for every session
  - Clinician file notes for each participant's personal file with specific areas of strengths & weaknesses that are being developed
  - Program summary report
  - For participants not known to the SMP team, a 15 to 30-minute intake appointment will need to be scheduled prior to ensure we are addressing your child's specific needs and goals
- Funding queries:
  - Fee payable on or before the first session, or agreement from plan manager that program will be funded
  - Funding subsidies available:
    - **NDIS:**
      - Self-Managed: Program invoice will be provided when enrolment forms received
      - Plan-Managed: Details of your plan manager are required with your enrolment form. Invoices will be provided on the day of the first session to your plan manager
      - NDIA Managed: Details of your plan are required with your enrolment form. A service agreement and funding package need to be allocated from your funds on the portal for processing
    - **Medicare (clinic based programs):**
      - Obtain a Mental Health Care Plan referral for GROUP sessions. If a plan is already in place, ask for a letter indicating that group sessions are requested
      - Your child is entitled to up to 20 Individual sessions AND 10 Group sessions in a calendar year
      - Medicare rebate for group sessions is currently \$22 per session
    - **Private Health Insurance:**
      - Contact your insurance provider to determine if psychology group sessions are able to be claimed under your plan