

May 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 Spring football 3:30-6	2 Spring football 3:30-6	3 Spring football 3:30-6	4
5	6 Spring football 3:30-6	7 Spring football 3:30-6	8 Spring football 3:30-6	9 Spring football 3:30-6	10 Spring football 3:30-6	11
12	13 Spring football 3:30-6	14 Spring football 3:30-6	15 Spring football 3:30-6	16 Spring football 3:30-6	17 Spring football 3:30-6	18
19	20 Dark Week	21 Dark Week Finals	22 Dark Week Finals	23 Dark Week	24 Dark Week	25
26	27 Memorial Day	28 Weight Room 4-6 Day 1 Summer Wokouts	29 Weight Room 7-9AM 7 on 7 @ Tbird 6PM	30 Weight Room 7-9AM	31	

NOTES

June 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 Weight Room 4-6PM UofA 7s/Big man 5:30 PM	4 Field Work 4-5:30 PM	5 Weight Room 7-9AM	6 Weight Room 7-9AM	7	8
9	10 Weight Room 4-6PM	11 Field Work 4-5:30 PM 7 on 7 @ Greenway 6pm	12 Weight Room 7-9AM	13 Weight Room 7-9AM ASU 7s/Big man 4:00PM	14	15
16	17 Weight Room 4-6PM	18 Field Work 4-5:30 PM	19 Weight Room 7-9AM 7 on 7 @ Ironwood 6PM	20 Weight Room 7-9AM	21	22
23	24 Weight Room 4-6PM	25 Field Work 4-5:30 PM	26 Weight Room 7-9AM	27 Weight Room 7-9AM	28	29
30						

NOTES

July 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Dark Week	2 Dark Week	3 Dark Week	4 Dark Week	5 Dark Week	6
7	8 Weight Room 4-6PM	9 Field Work 4-5:30 PM	10 Weight Room 7-9AM	11 Weight Room 7-9AM	12	13
14	15 Weight Room 4-6PM	16 Field Work 4-5:30 PM	17 Weight Room 7-9AM	18 Weight Room 7-9AM	19	20
21	22 Weight Room 4-6PM	23 Field Work 4-5:30 PM	24 Weight Room 7-9AM	25 Weight Room 7-9AM	26 Football Camp	27 Football Camp
28 Football Camp	29 Varsity Equipment 3-4PM Varsity Weights 4-5PM JV Weights 3-4PM	30 Varsity Weights 3-4 PM JV Equipment 3-4PM JV Weights 4-5PM	31 Weight Room 7-9AM Frosh Equipment 3-4PM			

NOTES