



Pickaway Senior Center

SEPTEMBER 2022

IMPORTANT DATES:

MONDAY, SEPTEMBER 5
BUILDING CLOSED
.....in honor of Labor Day

THURSDAY, SEPTEMBER 8
PRODUCE TRUCK..... 8:00 am

WEDNESDAY, SEPTEMBER 14
BOARD MEETING 10:15 am

NEW THURSDAY, SEPTEMBER 15
Trivia in the Afternoon ..1:00 pm
(gather a team & come to win!)

TUESDAY, SEPTEMBER 20
COMMODITY BOXES 8:00 am

THURSDAY, SEPTEMBER 22
PRODUCE TRUCK..... 8:00 am

WEDNESDAY, SEPTEMBER 28
OSHIIP COUNSELING
..... 8:30—10:30 am

Pickaway Senior Center
2105 Chickasaw Drive
PO Box 565
Circleville OH 43113
740.474.8831
www.pickawayseniors.org

From the Desk of the Director

I can't believe it's September already! I always look forward to fall. It is my most favorite season!

Here's a look at what we have coming up this month at the center.

The Center will be closed for Labor Day on Monday, Sept. 5! We wish you a safe and happy Labor Day.

Free Produce pick up is the second and fourth Thursday each and every month. This month we will pass it out on Sept. 8 and 22. Commodity pick up day is Tuesday, Sept. 20 from 8am until 1pm.



OSHIIP visits the center Wednesday, Sept. 28, 8:30—10:30am to help answer your insurance questions. **Reminder, Medicare open enrollment begins Oct. 15.** (see p6)

Jessica Lowe, The OSU Extension Office will present, "Fall Prevention Around the Home," on Tuesday, Sept. 20 at 1 pm. Presentation is open to everyone! (see p9)

We will host a drive-thru lunch this month on Thursday, Sept. 8 from 11 to Noon. On the menu, baked spaghetti, salad, garlic bread and a cookie. Cost is \$5. **RSVP by Sept. 2.**



BREAKING NEWS: The Adena Mobile Mammography Coach will be at the Center Monday, October 24, 7am—3:30pm. CALL to RSVP now!

See the insert to complete an opinion survey and see a recap of Red, White, Dance fundraiser!



We have scheduled an overnight holiday trip to Amish Country! We will leave on Nov. 8 and return on Nov. 9.

We will stay at the Berlin *Encore* Hotel & Suites and see a show at The Amish Country Theater. More details on page 8. Sign-ups are open now! Final payment is due Oct. 3.

Everyone stay safe and healthy! See you at YOUR Senior Center!

Holly Cottrill,
Executive Director



Pickaway Senior Center

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Tonya Thompson	Vice President
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Al Canarsky	Secretary
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Pickaway County

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PICKAWAY SENIOR CENTER

2105 Chickasaw Drive
PO Box 565
Circleville OH 43113

www.pickawayseniors.org

Office..... 740-474-8831

Toll Free..... 888-397-7246

Nutrition 740-474-8617

Fax..... 740-477-8114

Office Hours:

Monday-Friday

8am — 4pm

*** Due to COVID-19: some services,
hours and days have changed.**

Services provided Monday – Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available

Tuesday—Thursday

9am—1pm.

Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.



Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on second Tuesdays.



Produce Market

Mid-Ohio Foodbank delivers 2500 pounds, or more, of fresh produce on the second and fourth Thursday of each month.

**For additional
information on
any of these
services, call
Pickaway
Senior Center:**

740-474-8831



**The Pickaway
Senior Center
is a non-profit
organization.**

**We are supported
by financial
contributions
from:**

- Title III as administered through Ohio Department of Aging
- Funds from the senior levy as passed by the Pickaway County voters
- Private donations and fundraisers

SEPTEMBER BIRTHDAYS — HAPPY BIRTHDAY!



SEPTEMBER 1

Geneva Bussa
Julia Smith
Linda Speakman
John Cavinee
Elizabeth Jones
Lynda Stough

SEPTEMBER 2

Margaret Remy
Ronald Swoyer
Judy Perkins
Vickie Fleming

SEPTEMBER 3

Wayne Carter
Robert Brown
Janice Atwood
Sharon Hayes
Ginger Stant
Betty Carstens
Paula Richmond

SEPTEMBER 4

Kimberly Walter

SEPTEMBER 5

Elsie Cramblit
Sheryl Lowe
Kim Rossiter
Betty Wolford
Judy Palm
Jerry Bettinger

SEPTEMBER 6

Sharon Dollison
Harold Hewitt



SEPTEMBER 7

Dorothy Jones
Jim Finch
Blaine Keckley
Gary Agin
Patty Longberry
Sandra Hedrick

SEPTEMBER 8

Virginia Gifford
Rhea Harber
Patricia Flinner
Roy Sark
Norma Fosnaugh
Ben Hall

SEPTEMBER 9

Sally Lemaster
Janet McWhorter
Ann Dewitt



SEPTEMBER 10

Sondra Ferrell
Ruthanne Edgington
George Bandy
Lynn Tracy
James Schneider
Judy Morrison
Gina Drake

SEPTEMBER 11

Dennis Keller
Carolyn Shaw
Harold Leonard
Shirley Canterbury
Linda Schlegler



SEPTEMBER 12

Alberta Rutt
Pam Dean

SEPTEMBER 13

Linda Graves
Della Eckart
Joyce Haddox
Amy Fry

SEPTEMBER 14

Jeane Crider
Norma Dumm
Becky Neff
Matt McGowan
Kathleen Fleming
James Daft
Rebecca Myers
Cindy Wagner
Darlene Brigner
Ilene McNichols

SEPTEMBER 15

Dorothy Knipp
Steve Garrett

SEPTEMBER 16

Dorothy Cormany
Jessi Degroot
Richard Martin

SEPTEMBER 17

Charlene Basham
Pamela Wolfe
Donna Ruck
Eddy Arbogast
Barbara Wing



SEPTEMBER 18

Ruth Michael
Robert Foreman
Darlene Jackson
Harold Thompson
Brenda Gibson



SEPTEMBER 19

Susan Campbell
Marge Sealock
Willard Estep
John Lovely

SEPTEMBER 20

Joann Middaugh

SEPTEMBER 21

Grace Elliott
William Robinson
Carolyn Pyle
Flora Pluta

SEPTEMBER 22

Helen George
Melba Sexson
Steven Schoedinger

SEPTEMBER 23

Beverly Currence
Shelvia Neff
Susie Williamson

SEPTEMBER 24

Sandra Burns
Linda Barbee
Paul Vance



SEPTEMBER 25

Patricia Drummond
Louise Mettler
Melissa Weese
Mary Janes

SEPTEMBER 26

Sally Majors
Charles Braun
Debra Valentine
Steve Tobin

SEPTEMBER 27

Shirley Reeser
Toni Peele
Marta Bowen

SEPTEMBER 28

Ronald Hawkes
Lainey Ebright
Debbie Staggs

SEPTEMBER 29

Anna Harber
Becky Roush
Betty Myers
Linda Gregory
Elliott Hawkes
Richard Patmore
Bonnie Kern
Bob Featheringham
Karen Bensonhaver
Steve Billups



In Memory or Honor of...

*Recognition Gifts to the Pickaway Senior Center are very thoughtful gifts
which allow others in Pickaway County to be helped.*

Enclosed is my gift of \$ _____

In:

☐ Memory of: or ☐ Honor of:Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by: _____

Please make checks payable to the Pickaway Senior Center. Mail gift to:

**Pickaway Senior Center
PO Box 565
Circleville OH 43113**

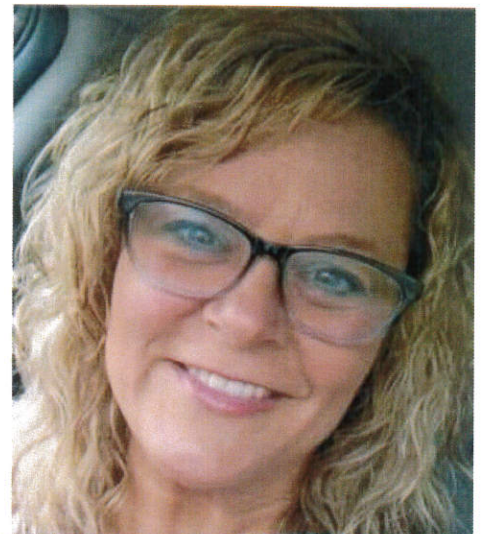
EMPLOYEE SPOTLIGHT: Dayna Anderson, Supportive Services Coordinator

The Senior Center provides a wide variety of supportive services to seniors in Pickaway County; the role of Supportive Services Coordinator is a vital one and Dayna has just the skillsets to keep things humming along!

Dayna served her previous employer for 15 years. "Its amazing that so many of the roles I filled and tasks I managed at the lab and distribution center are similar to the roles and tasks in my work at the Center," states Dayna. From opening the lab and distribution center, through roles in quality assurance, human resources, and management training, none of the skills she gained are going to waste.

"I realized I was sacrificing time with family, that I needed to take a step back from the demanding schedule. In faith, I resigned with no new job to step into," she reflects. "I noticed the open position at the Senior Center in the want ads, but didn't want to take a role so similar to the one I'd just left. I had to see it a couple times before I applied. It continues to be a great fit!"

Dayna says, "I love working with our seniors, hearing about their life experiences, completing assessments and connecting the dots between what is needed and what is available, helping them to live their best lives in their home. Really, its about making a difference for the people we serve and our community."



SPECIAL THANKS TO THE FOLLOWING PEOPLE...



New Members

Marie Lowry
Kimberly Hayes
Tammy Hughes
Dixie Walker
Linda Dunkle
Teresa Shaw
Mack Shaw

~~~~~

### \$10 Fund Donations

Linda Harden  
Damon Lively  
Jean Crider

~~~~~

Your
donations
make a difference
in our *Community!*

~~~~~

### Memorial/Honor of Donations

In Memory of my wife  
**Audrey Greeno**

Given by,  
Dave Greeno

~~~~~

~~~~~

In Memory of  
**Charles Fanska**

Given by,  
Vick Fanska

~~~~~

In Memory of
**Carolyn M
(Wright) Valentine**

Given by,
The Family

~~~~~

In Memory of  
**Fred Acord**  
*on the occasion of his  
September 30 birthday*

Given by,  
Pat Acord

~~~~~

In Memory of
Dorothy Drum
*on the occasion of her
July 31 birthday*

Given by,
David & Wanda Hartranft

~~~~~

In Memory of  
**William Ross Currence**  
*on the occasion of his  
August 27 birthday*

Given by,  
Beverly J Currence

~~~~~



**BAKED
SPAGHETTI**
w/salad, garlic bread, cookie
Thursday, September 8
11:00 am-Noon
(RSVP by September 2)
740.474.8831
cost: \$5



**IT'S FRUSTRATING
WHEN YOU KNOW
ALL THE ANSWERS
BUT NOBODY
BOTHERS TO ASK
YOU THE
QUESTIONS.**

©LPI

PARTNER SPOTLIGHT: Ohio Senior Health Insurance Information Program (OSHIIP)

The Ohio Senior Health Insurance Information Program (OSHIIP), a division of Ohio Department of Insurance, provides free, objective health insurance information and one-on-one counseling to those covered by Medicare and their caregivers. OSHIIP's hotline experts, speakers bureau, year-round out-reach events, webinars and trained local Counselors educate consumers about:



- Original Medicare
- Medicare Supplemental Insurance
- Medicare Prescription Drug Coverage (Part D)
- Medicare Advantage
- Extra Help and Cost Saving Programs
- Medicare health coverage for seniors and for people under age 65 with disabilities.
- Medicare prescription drug plans.
- Medicare Advantage Plans (example: HMOs and PPOs).
- Medicare supplemental insurance.
- Financial assistance programs for people with limited income.
- Long-term care insurance.

OSHIIP is Nationally Recognized. In 2019, OSHIIP ranked highest in national performance measures for a fourth consecutive year!

Milestones reached:

- Counseled more than 435,000 people
- \$32 million saved for Ohio consumers
- Distributed more than 1,000,000 publications
- Trained and certified more than 2,600 community-based volunteers



An OSHIIP representative is present for YOU each month, at the Center. You can drop by the table on WEDNESDAY, SEPTEMBER 28, beginning at 8:30am, and chat with the volunteer, or you can scheduled an appointment directly with OSHIIP.

**You can reach OSHIIP via its Hotline: 800.686.1578,
Main Switchboard: 614.644.2673,
or via email: OSHIIPmail@insurance.ohio.gov**



Jan Free, Community Educator, Bella Care Hospice, will present the basics of Hospice care and some of the opportunities and challenges it can present. The time to learn about Hospice is BEFORE you or a loved one might need Hospice.

HOSPICE 101: what is the benefit of Hospice Care?

WEDNESDAY, SEPTEMBER 14, 1PM

NEW TRIP: AMISH COUNTRY

Tuesday, November 8, the motorcoach departs for a tour of Amish Country and overnight stay at the Berlin *Encore*. The trip includes shopping, museums, and the Amish County Theater show "*Christmas in the Country*".

The bus will depart the Center at 8am and head to Lehman's Hardware, Kidron for shopping and lunch on your own. Alpine Hills Museum, World's Largest Cuckoo Clock, dinner, play, and overnight are all included. You're invited to share in the free hotel breakfast, then shopping on your own, with checkout at 11am. At 11:30am we'll gather for a complimentary lunch and then have time for additional shopping until the bus departs at 3:30pm. Arrival at the Senior Center is estimated for 6pm.

Occupancies: single (\$305.11), double (\$237.88), triple (\$219.23) and quad (\$209.91) are available. **FINAL PAYMENT DUE: OCT. 3**



MEDICAL EQUIPMENT

Andy Good, Owner, GoodCare by CPCI, will share information

Tuesday, September 20, 10am, about types of durable medical equipment lifts, mobility, other products and services, with what insurance might (partially) cover.

This Hocking-based company is locally owned, since 1976; Andy is its second generation of caring, compassionate, leadership.

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and insights to help
you save money
and hassles in
the long run.**



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TRIVIA IN THE AFTERNOON • THURSDAY, SEPTEMBER 15 • 1PM

Enjoy Trivia? Grab your pals and form a group — pick a team name — then join us for lively competition! There will be a variety of categories — we'll collect your phones at the door!

MONDAY, OCTOBER 24, 7AM-3:30 PM

Sign up you (and your gal pals) NOW
by calling 740.474.8831



MOBILE MAMMOGRAPHY COACH



GOT...
Arts & Crafts
TO SHARE FOR
HOLIDAY
SHOPPING?

Call the Center to rent a table!
The Holiday Craft Show will be held
Friday, November 4, 9am—2pm



Don't yell at your Computer, let us fix it!

**49.00 fixed rate for all seniors, computer tune ups,
repairs, training, Virus removal, new setups,
software installs and upgrades, at your senior center.**
Call (614) 398-1098 for an appointment.

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• Providing affordable housing for
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176 Rustic Drive • Circleville, Ohio 43113

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Promedica Hospice Presents:



second and fourth Thursday
each month at 12:30 pm!

Thursdays, Sept 8 & Sept 22

Blood Pressure Clinic

the last Tuesday of each month!



ALL ARE WELCOME!

Tuesday, SEPTEMBER 27, 10 am

AGING IN PLACE: FALL PREVENTION

FREE program • take a fresh look at potential risks around your home



Tuesday, September 20,
1—2 pm

TOPICS OF FOCUS:

What Causes Falls

Ways to Prevent Falls

Possible Hazards in Your Home

Universal Home Design

Presenter, **Jessica Lowe**, is Family & Consumer Sciences Educator, the Ohio State University Extension Office, Pickaway County. She teaches classes on nutrition, health & wellness, and money management throughout the community. She is a graduate of both Ohio University and Ohio State University, and is a life-long Pickaway County resident. In her free time, Jessica can be found in her garden, talking walks around the neighborhood, or knitting.

Questions? Contact Jessica (lowe.495@osu.edu, 740.474.7534)

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Circleville OH 43113

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U.S. Postage
PAID
Permit #200
Circleville OH 43113

RETURN SERVICE REQUESTED

Current Resident



JULY VITAL STATISTICS

Transportation
33 people
190 transports
3353 miles

Adult Day Care
8 people
121 transports
910 miles

Hot Meals Delivered
8055 meals
7900 miles

Meals Served In Person
502 congregate meals

Fresh Produce Disbursed
2743 pounds of produce

Commodities Disbursed
129 families served

DON'T MISS OUT

Check out upcoming events and activities at the Center!

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From January 1 to June 30 of this year, your Senior Center has provided

49,605 meals

In 2021, from January 1 to December 31, your Senior Center provided

92,253 meals

