



2025 Men's Meet Schedule (as of 12/18/24)

Gym C

SESSION	OPEN STRETCH	INTROS	AWARDS	DATE	LEVEL
A	8:00 AM	8:20 AM	12:05 PM	Friday, January 17	Level 7
<i>AGE GROUPS</i>	<i>Level 7 (12-14)</i>				
B	11:50 AM	12:10 PM	3:35 PM	Friday, January 17	Level 7, 9
<i>AGE GROUPS</i>	<i>Level 7 (15+); Level 9 (16+)</i>				
C	3:20 PM	3:40 PM	8:10 PM	Friday, January 17	Level 9
<i>AGE GROUPS</i>	<i>Level 9 (14-15)</i>				
Inaugural Women's Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Friday, January 17	Women's NCAA (Gym A)
D	8:00 AM	8:20 AM	12:50 PM	Saturday, January 18	Level 10
<i>AGE GROUPS</i>	<i>Level 10 (16-17)</i>				
E	12:35 PM	12:55 PM	5:15 PM	Saturday, January 18	Level 10
<i>AGE GROUPS</i>	<i>Level 10 (18+), Regional Teams</i>				
54th Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Saturday, January 18	Men's NCAA & GymACT (Gym C)
F	8:00 AM	8:20 AM	12:20 PM	Sunday, January 19	Level 8
<i>AGE GROUPS</i>	<i>Level 8 (All ages)</i>				
G	12:05 PM	12:25 PM	4:25 PM	Sunday, January 19	Level 5, 6
<i>AGE GROUPS</i>	<i>Level 5D1 (12+), Level 5D2 (All ages), Level 6 (All ages)</i>				
H	4:10 PM	4:30 PM	8:05 PM	Sunday, January 19	Level 5
<i>AGE GROUPS</i>	<i>Level 5 (8-11)</i>				
I	8:00 AM	8:20 AM	11:50 AM	Monday, January 20	Level 4
<i>AGE GROUPS</i>	<i>Level 4 (All ages)</i>				
J	11:35 AM	11:55 AM	2:00 PM	Monday, January 20	Level 3
<i>AGE GROUPS</i>	<i>Level 3 (All ages)</i>				

Age group determinations as of 12/31/25

Visit <https://www.windycitygymnastics.com> for more information



2025 Women's Meet Schedule (as of 12/18/24)

Gym A

SESSION	OPEN STRETCH	INTROS	AWARDS	DATE	LEVEL
A01	8:00 AM	8:20 AM	11:40 AM	Friday, January 17	Level 9
<i>TEAMS</i>	<i>Achievers, CGA, Compass, Deveau's, DMGC, GBC, I-Power, MGA, NGC, Power in Motion, Precision, Summitt, Troy, Viking, Wilmette</i>				
A02	11:40 AM	12:00 PM	3:20 PM	Friday, January 17	Level 9, 10
<i>TEAMS</i>	<i>L9 - Air Force, Charleston, Empowered, Flying High, NSGA, PGC, The Zone L10 - ALL</i>				
A03 - Inaugural Women's Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Friday, January 17	Women's NCAA (Gym A)
A04	8:00 AM	8:20 AM	12:10 PM	Saturday, January 18	Level 7
<i>TEAMS</i>	<i>ACROS, Air Force, Bloomfield, Deveau's, Flying High, I-Power, LSA, MEKS, MEGA, NSGA, The Zone, Troy, Viking, YMCA of Spfld</i>				
A05	12:10 PM	12:30 PM	4:05 PM	Saturday, January 18	Level 7
<i>TEAMS</i>	<i>Achievers, CGA, Charleston, Compass, DMGC, EPIC, Excel, FIT, GBC, GU, Infinite, PDOP, PGC, Precision, SGA, Southern Starz, Summit, TAG, Wilmette</i>				
54th Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Saturday, January 18	Men's NCAA & GymACT (Gym C)
A06	8:00 AM	8:20 AM	12:05 PM	Sunday, January 19	Level 8
<i>TEAMS</i>	<i>Achievers, ACROS, Air Force, CGA, Compass, Deveau's, EPIC, Flying High, I-Power, LSA, NGC, PGC, TAG, Troy</i>				
A07	12:05 PM	12:25 PM	4:05 PM	Sunday, January 19	Level 8, Xcel Diamond
<i>TEAMS</i>	<i>L8 - CPD, Empowered, Excel, MEGA, NSGA, Power in Motion, Southern Starz, Viking XD - Empowered, Excel, FIT, IK, I-Power, LPGC, NSGA, Prairie, YMCA of Spfld</i>				
A08	4:05 PM	4:25 PM	7:50 PM	Sunday, January 19	Xcel Diamond, Sapphire
<i>TEAMS</i>	<i>XD - Charleston, CPD, Deveau's, Flying High, MEKS, MEGA, OGA, Salto, SGA, Summit, Wilmette XSA - ALL</i>				
A09	8:00 AM	8:20 AM	12:40 PM	Monday, January 20	Level 6
<i>TEAMS</i>	<i>Achievers, ACROS, Air Force, Charleston, Compass, Deveau's, DMGC, MEKS, NSGA, Southern Starz, TAG, The Zone, Troy</i>				
A10	12:40 PM	1:00 PM	4:45 PM	Monday, January 20	Level 6
<i>TEAMS</i>	<i>CGA, Flying High, GU, I-Power, Infinite, LSA, MEGA, NGC, Power in Motion, Prairie, Precision, Summit, Viking, Wilmette</i>				



2025 Women's Meet Schedule (as of 12/18/24)

Gym B

SESSION	OPEN STRETCH	INTROS	AWARDS	DATE	LEVEL
B01	8:00 AM	8:20 AM	12:35 AM	Friday, January 17	Xcel Gold
<i>TEAMS</i>	<i>Capital, CPD, Deveau's, EPIC, Flying High, IK, MEGA, Salto, SGA</i>				
B02	12:35 PM	12:55 PM	5:00 PM	Friday, January 17	Xcel Gold
<i>TEAMS</i>	<i>Bloomfield, CGA, DMGC, Excel, FIT, GBC, I-Power, NGC, OGA, Wilmette</i>				
A03 - Inaugural Women's Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Friday, January 17	Women's NCAA (Gym A)
B04	8:00 AM	8:20 AM	12:25 PM	Saturday, January 18	Xcel Platinum
<i>TEAMS</i>	<i>CGA, DMGC, EPIC, Excel, Flying High, GBC, I-Power, IK, LSA, OGA, Precision, Salto, Southern Starz, Wilmette</i>				
B05	12:25 PM	12:45 PM	4:45 PM	Saturday, January 18	Xcel Platinum
<i>TEAMS</i>	<i>Bloomfield, Capital, CPD, Deveau's, MEKS, MEGA, NGC, NSGA, Prairie, YMCA of Spfld</i>				
54th Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Saturday, January 18	Men's NCAA & GymACT (Gym C)
B06	8:00 AM	8:20 AM	11:50 AM	Sunday, January 19	Xcel Silver
<i>TEAMS</i>	<i>Bloomfield, CPD, Deveau's, DMGC, Excel, Flying High, Prairie, SGA, YMCA of Spfld</i>				
B07	11:50 AM	12:10 PM	3:25 PM	Sunday, January 19	Xcel Silver
<i>TEAMS</i>	<i>Capital, Champion, Deveau's, EPIC, GBC, MEKS, MEGA, OGA, Wilmette</i>				
B08	3:25 PM	3:45 PM	6:55 PM	Sunday, January 19	Xcel Silver
<i>TEAMS</i>	<i>FIT, Flyaways, I-Power, LSA, NGC, NSGA, Salto,</i>				

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2025 Women's Meet Schedule (as of 12/18/24)

Gym D

SESSION	OPEN STRETCH	INTROS	AWARDS	DATE	LEVEL
D01	8:00 AM	8:20 AM	12:55 PM	Friday, January 17	Xcel Gold
<i>TEAMS</i>	<i>LPGC, LSA, MEKS, NSGA, Prairie, YMCA of Spfld</i>				
D02	12:55 PM	1:15 PM	4:20 PM	Friday, January 17	Xcel Bronze
<i>TEAMS</i>	<i>Xcel Bronze (ALL)</i>				
A03 - Inaugural Women's Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Friday, January 17	Women's NCAA (Gym A)
D04	8:00 AM	8:20 AM	12:00 PM	Saturday, January 18	Level 3
<i>TEAMS</i>	<i>Achievers, NGC, NSGA, PDOP, Power in Motion, Prairie, SGA, Wilmette</i>				
D05	12:00 PM	12:20 PM	3:50 PM	Saturday, January 18	Level 3
<i>TEAMS</i>	<i>Flying High, I-Power, LSA, MEGA, The Zone, Troy, Viking</i>				
54th Windy City Invitational	Doors open at 6 PM Meet at 7 PM			Saturday, January 18	Men's NCAA & GymACT (Gym C)
D06	8:00 AM	8:20 AM	12:05 PM	Sunday, January 19	Level 4, 5
<i>TEAMS</i>	<i>L4 - Champion, GBC, MEGA, NSGA L5 - ALL</i>				
D07	12:05 PM	12:25 PM	4:00 PM	Sunday, January 19	Level 4
<i>TEAMS</i>	<i>Achievers, Flying High, I-Power, NGC, PDOP, SGA, Troy, Wilmette</i>				
D08	4:00 PM	4:20 PM	7:30 PM	Sunday, January 19	Level 4
<i>TEAMS</i>	<i>EPIC, LSA, Power in Motion, Prairie, The Zone, Viking</i>				