



# April 2019 Paramount Academy Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> *Chicken Sandwich w/ Roasted Chickpeas & Fruit	<b>2</b> *WG Chicken Nuggets w/ Dill Pickle Spears & Fruit	<b>3</b> *WG Cheese Pizza w/ Garden Salad & Fruit	<b>4</b> *Meatball Sub w/ Carrots & Fruit	<b>5</b> *WG Buffalo Popcorn Chicken N' Tots w/ Tater Tots & Fruit
<b>8</b> *Beef Hotdog on WG Bun w/ Roasted Chickpeas & Fruit	<b>9</b> *WG Red Chili, Bean & Cheese Burrito w/ Carrots & Fruit	<b>10</b> *WG Pepperoni Pizza w/ Garden Salad & Fruit	<b>11</b> *Orange Chicken w/ WG Rice w/ Celery & Fruit	<b>12</b> *Chicken Sandwich w/ Tater Tots & Fruit
<b>15</b> *Hamburger on WG Bun w/ Roasted Chickpeas & Fruit	<b>16</b> *Popcorn Chicken, Potato & Corn Bowl w/ Mashed Potatoes & Fruit	<b>17</b> *WG Cheese Pizza w/ Garden Salad & Fruit	<b>18</b> *WG Cheese Quesadilla w/ Carrots & Fruit	<b>19</b> NO MEAL SERVICE
<b>22</b> *WG Chicken Corn Dog w/ Roasted Chickpeas & Fruit	<b>23</b> *Cheeseburger on WG Bun w/ Dill Pickle Spears & Fruit	<b>24</b> *WG Pepperoni Pizza w/ Garden Salad & Fruit	<b>25</b> *Meatloaf Minis w/ Mashed Potatoes & Fruit	<b>26</b> *WG Hero Sub w/ Carrots & Fruit
<b>29</b> *WG Grilled Chicken Sandwich w/ Pepper Jack Cheese w/ Roasted Chickpeas & Fruit	<b>30</b> *WG Chicken, Cheese & Bean Burrito w/ Celery & Fruit			

\* This institution is an equal opportunity provider.  
 \* Menus are subject to change based on product availability.  
 \* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk