# **OCCCA**

Orange County Child Care Association

## President's Message

Happy New Year!!!!

Here is hoping you all had an amazing Holiday Season!!! We are coming up on our Orange County Child Care Association Elections and are in need of many positions, the most important are President and Newsletter Editor. In order for OCCCA to perform at full speed we need a full Board, if you have any questions please give me a call or send me an email.

Please take a moment to check out our website. All members are listed on the "free referral" portion of the website. I have gotten quite a bit of feedback from parents calling in for referrals stating that they called those providers with websites attached to their contact information first. It is super important in this "Internet age" that you get yourself a website of some kind. Even if you make a Facebook page and attach it, it is better than no advertising at all. Back when I started my business almost 30 years ago, it was pretty much word of mouth marketing. We are blessed beyond measure with all that we have available to us now. Take advantage of it and advertise your amazing facilities the best you can!!!!

Training tip: You have until 3/30/18 to complete the online Mandated Reporter Training and print out your certificate for your LPA to review after 3/30/18. Please go to our website at: www.ccld.ca.gov then click on CHILD CARE, then click on Resources For Providers and in the middle of the page, there is the link for the Mandated Reporter Training. Once you go into that site, toward the middle of the page, there will be the Child Care Training (3 hrs.) in English for you to take the training. Please only take the one that states Child Care and not the General training. The training is live now so you can take it anytime.





## Vice President's Message

Submitted by: Lynn Hallas

Happy New Year Everyone! I hope and pray you all enjoyed some time off with your family as well as some much needed time for yourselves. Please remember our General Meeting will be on January 8th. If you can think of ideas for the coming year and feel that it will help us on the board when planning for the year ahead please call or email me with your ideas. We're hoping to increase our membership so any ideas are more than welcome so bring them to the January meeting. I also wanted to say thank you to our Area Chairpeople in helping our members with any question or concerns as well as referring parents to providers in need. I have totally enjoyed working with you this year and I hope for a good productive year ahead within OCCCA!

# **Area Chairperson News**

# Diane Palermo Fountain Valley

Hello providers- I hope everyone had a wonderful holiday. It was so nice to spend time with family and friends. Thank you to all that took time out of your busy week to attend our Area meeting in November . We shared ideas and talked about our openings. Please continue to forward any referrals you can't use. I look forward to seeing all of you at our next General meeting in January. It's Election time! Here's to a great 2018!

### Sandra Turner Los Alamitos, Seal Beach, Cypress

Hello everyone! Happy New Year! Hope to see you at the General Meeting on January 8th!

#### Lynda Luistro Anaheim, Buena Park, Brea, Fullerton, La Habra

Hi All.

Hope your holidays were great. The calls are starting to come in now for 2018. I have given out quite a few name's. Happy New Year!!!

Lynda

# Lee Allton Westminster, Midway City

Hope to see you all on Monday, January 8th @ 6:50 PM at The Big Brothers and Big Sisters Club for our General Meeting!



## **Area Chairperson News**

### Lynn Hallas Orange/Anaheim Hills/Placentia/Yorba Linda

Hello ladies and thank you for referring parents back to OCCCA when finding your daycare is at capacity. The better communication we have with parents the better we all benefit as a goal. I do get feedback from parents who are unable to reach you during the daytime when they are actively trying to search for a provider with an opening. Please try to answer your phone during business hours and if you can't please check your messages as soon as possible and return that call. I feel this is a very professional concern and can make a parent feel more at ease when locating possible care for their child. Other than that, the calls have been coming in and I think it's awesome! Have a wonderful holiday season and see you at the General Meeting in January!

Joyce Russell Irvine

Now that we are past the holidays and into a new year hopefully calls for child care will pick up, I know many of you out there are in need. If anything has changed for you please let me know so I can keep that in mind when I get a call.

I wanted to let you know in advance that The City of Irvine has a workshop planned for us on Thursday February 22nd at The Irvine Child Resource Center, 143411 Yale Ave from 6:30-8pm. The workshop is entitled: "Talking to Parents when you have Concerns"

Those of you who have come out to the workshops know how fun and informative they are, with great speakers, tasty treats to eat and lots of giveaways to take home.

For those who haven't been, come join us!

Check your calendars and then call Marcy Backhus at 949-724-6632 to reserve your place. I will be there and hope to see you too.

### Lynn Hallas CDC, Dove Cyn, El Toro, Foothill Rch, Lake Forest, Portola Hills

Hello ladies and thank you for referring parents back to OCCCA when finding your daycare is at capacity. The better communication we have with parents the better we all benefit as a goal. I do get feedback from parents who are unable to reach you during the daytime when they are actively trying to search for a provider with an opening. Please try to answer your phone during business hours and if you can't please check your messages as soon as possible and return that call. I feel this is a very professional concern and can make a parent feel more at ease when locating possible care for their child. Other than that, the calls have been coming in and I think it's awesome! Have a wonderful holiday season and see you at the General Meeting in January!

### **Diane Spriestersbach** Laguna Niguel

Happy New year everyone!!!!!



Wishing Wand Craft

## **Area Chairperson News**

#### Tena Madrid

**Huntington Beach, Sunset Beach, Surfside** 

Hello everyone:

I hope that you enjoyed the holidays and found some time to enjoy and relax. As usual, the calls have slowed down since Thanksgiving and I am hopeful that they will pick up again in January.

REMINDER: All providers and their assistants need to complete the online mandated reporter training for Child Abuse by March 1st. I have taken it and although it is lengthy, it is very informative and it did not take me too long to complete and pass the test.

I will keep you notified about our first 2018 area meeting which will probably be in March. We had such a fun time at our October meeting at Stone Fire Grill. I hope you will join us for our next meeting. We will be having our regular General meeting in January.

It is my pleasure to have you as members of the OCCCA. As your area chair, I am committed to helping you in any way that I can.

Happy New Year!

#### Garden Grove, Stanton

I would like to thank Yessika Magdaleno for her hard work and dedication to the cities of Garden Grove and Stanton. Yessika will be handing over the reins to Rose Gaba. Thanks you ladies for all of your efforts in making OCCCA successful!

#### Linda Zoelle

Balboa Island, CDM, Costa Mesa, Newport beach, Newport Coast, Santa Ana, Tustin

Happy New Year everyone! If you're a grandma like me I know you thoroughly enjoyed your time with your family and grandchildren over the holidays. Nothing makes me happier than to watch their expressions on their little faces when they open their gifts. And I'm equally excited awaiting for the arrival of my 6th grandchild Haley Lynn due on February 4!

It's that time of year again for our Annual Meeting and elections. It's very important as a member to come and vote, or volunteer to help out. If you are interested in a position, please call or email me at lz3.occca@yahoo.com, 949 673-2692.

Hope to see you all on January 8th.



**Butterfly Craft** 

### We would love for you to join us...

### Share your talents and skills

### 2018 Board Elections Coming Soon...

This January 2018 board elections will be held at our Annual Meeting. The three board positions listed below are up for election and three Chair positions. Members interested in any of these positions please contact President Lee Allton or any board member. A job description can be emailed to you or please send a short resume to Lee at alltonl@aol.com for publication in the January/February 2018 newsletter.

#### President

Attends and presides at all meetings. Seeks ways and methods to improve or enlarge the image of the association. Maintains an open and continuous line of communication with all board members, DSS and CHS.

### Secretary

Performs various duties as required by the President. Keeps the minutes of all board and general meetings.

### Vice President Central/Coastal County

Acts as liaison between Area Chairpersons and the general membership, keeps Area Chairpersons updated on new/renewal members, maintains an accurate list of all members in their county, calls meetings of all Area Chairpersons when/if necessary.

#### CHAIR POSITIONS

Public Policy - Keeps updated on all legislation that affects family child care.

Newsletter Editor - Creates, coordinates and edits newsletter as well as soliciting for and maintaining contact with advertisers. Folds, labels, and mails newsletters. An association computer is available for this job.

Ways and Means - Coordinate fundraising and grants in raising funds to meet financial needs of association. In addition, each board member is required to:

- be in compliance with the Department of Social Services
- attend general and board meetings
- submit articles to the Newsletter Editor
- attend Board Retreat

All nomination forms which include your bio must be received by December 1 in order to be published in the Jan/Feb Newsletter. Nomination bios received after that will be published at the Annual Meeting. Voting - every member entitled to vote shall have the right to do so either in person or by one or more persons authorized by a written proxy, signed by the person and filed with the Secretary of the Association. All requests for voting by proxy can be made by emailing Linda Zoelle at lz3.occca@yahoo.com no later than Friday, December 29.

ANNUAL MEETING PROXY FORM		
I, Association to be held at the	_, hereby appointAnni (insert date)	as my proxy at the Annual Meeting of the Orange County Child Care ual Meeting.
	re held in order to vote in the	good standing (refer to Bylaws) and membership dues must be paid up through January Board of Directors elections. Proxies are required to be held by members of the Orange
Authorization Signatures Without the proper signatures must be witnessed by someone		repted. As outlined in the rules and regulations governing the OCCCA, your signature appointing.
Member Name (Please Print)		Member Signature
License Number	Membership Expiration Date	Phone Number (including area code)
Appointed Proxy's Name (Pleas	se Print)	Proxy's Membership Expiration Date
Witness Name (Please Print)		Witness Signature
Mail to: OCCCA, PO Box. 26769	9, Santa Ana, CA 92799 attn: S	ecretary
A validly executed proxy shall b	oe in force only for that meetin	g which the member is unable to attend as specified above.
10/06		
1994. I have been on the OC Vendors and Program chai	CCCA Board for the past 15 r, and currently secretary .	n currently your OCCCA secretary. I have had my childcare business since by ears in various positions: Board assistant, membership chair, soy being active in the childcare community. I hope to get to know more of

### The Importance of Music in Toddler Development

(Published in playgroupnsw.org.au)

Very early in life, children will start to identify rhythm and even move to the beat of music. Besides that, music provides cognitive benefits that support children's early development.

Here are five reasons why music can be beneficial to the development of a child:

- l.Music increases toddlers' sensory development. Just as taste, textures and colors aid a child's sensory development, so does music. Exposing children to different types of music can help create more pathways between the cells in their brains. This effect increases even more when you link music to different activities such as dancing.
- 2. Music can improve literacy and numeracy. From an early age, babies can hear the difference between different types of sounds. After just a few weeks, a baby is able to identify their mother's voice from other people's. Exposure to music enhances a child's natural ability to decode sounds and words. By singing nursery rhymes to children, you can help them to identify sound patterns and learn through repetition. In addition to that, music also helps children anticipate what is coming next in a poem or a song and they know how to put these patterns in sequence. By mastering these skills, children build the base of literacy and numeracy.
- 3. Music is a mood lifter. A lot of parents tuck their children in with a lullaby or calm them down with a song. Just as music can soothe a child, it can also lift their spirits. You can use music to indicate play time, sleep time or different moments in a child's daily schedule.
- 4. Music helps toddlers build coordination. Even if a child doesn't understand the lyrics of a song yet, they can definitely move to the rhythm of the music. You may have already noticed a child dancing to certain songs or liking certain types of music more than others. Music encourages children's inclination to move, developing their fine and gross motor skills. Plus, rhythm is very entertaining. You may even notice toddlers starting to jump up and down, which helps with their muscle development, strength and balance. When you see children dancing, give them a toy drum or other musical instrument and dance with them. They will try to mimic your moves, which can help them with their hand-eye coordination and exercise their clutch grip.
- 5. Music can help toddlers develop their vocabulary. Even though at first a child may not understand the words in a song or nursery rhyme, they do develop their understanding by identifying the storytelling in a song. For example the ABC song, where many children think that the sequence "l-m-n-o-p" is a word, "elemenopee." As they grow, they will start to realize that it's not a word, but a sequence of sounds, each sound being a separate entity. To help children learn more words and identify the story in a song, try singing their favorite nursery rhymes and inserting their name into the song. You can also encourage children to change words in a song to keep them engaged and learning.

Submitted by Michelle Spoor



### **The Wonder of Kindness**

### By Sandy McDaniel

I was thrilled when I heard that North Star school in Meridian, ID had purchased tickets for their entire 5th grade class and their parents to the movie "Wonder." My family took turns reading the book aloud before Chelsea (fifth grader) saw the movie. Then as I sat and watched "Wonder" myself, I had inevitable tears of empathy and tears of joy that all those children had seen that movie and were talking about it. All kindness requires is empathy and the courage to stand up for something that is important to you.

I think it's essential to model kindness, to enforce a zero unkindness policy at home, and to talk about what it would be like to be so different that people said unkind things to you. It is also important to discuss what you can do or say if someone around you is being verbally bullied. In terms of someone saying something unkind to you, "So!" is short and sweet then walk away. Don't feed a dragon with your fear.

If we all stuck together and stuck up for each other, the verbal abuse would stop. Abusers only have power where fear is involved. If it is unpopular to be unkind, the abusers will be quiet. I like the motto: BE KIND OR BE QUIET!

Teach your children that we do not know anyone else's story---what their lives are really like---so we do not have the right to judge anyone, ever! When someone is unkind or abrasive with me I ask myself, "I wonder what is going on in his/her life?" Then I send that person a blessing that their life will have more love in it. I'm not a Saint; I've lived a long life and I know that every single person has a story.

A wonderful conversation initiator would be to go see the movie WONDER and then talk about it. How did the mother and dad feel sending Augie off to school the first day? How did he feel? What was the most hurtful thing that happened to him the first day? Why was the daughter so upset? Would you have the courage to go sit with Augie at lunch? How would it feel if you were Augie and one person came and sat with you at lunch? What touched your heart during this movie? What made you feel sad? What was funny? What did you decide for yourself after seeing this movie?

When we talk to our children and listen we are truly teaching life lessons. We are doing more than programming them to do successful things; we are programming them to BE successful human beings.

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# **General Meeting**

### Meeting location:

Big Brothers, Big Sisters of Orange County 1801 E. Edinger Ave Ste # 101, Santa Ana, CA 92705

Date and Time:

January 8, 2018 at 6:50 pm to 8:30 pm

Wear the color "Blue" and get an extra raffle ticket!

This meeting will be a round table discussion regarding required paperwork, contracts and new training requirements.

### Thank you to our Conference Vendors for all of your support:

- Pat Nelson, Discovery Toys, rpnelson@pacbell.net, 714-524-6673
- Paul Watson, EMS First Aid/CPR, instructor4ems@gmail.com, 714-658-7684
- Stan Roork, My School Insurance, info@myschoolinsurance.com, 877-766-7518
- La Habra Food Program, Cristina Duque, Spanish/English 562-307-2165
- Courtesy Fire Extinguisher Service, 951-678-3634
- Yousef Badou, Emergence LLC, ybadou@EmergenceDisrupt.com

### **Resolutions for Child Care Providers**

The new year is as good a time as any to resolve to make changes and to plot a course for the future. Making New Year's Resolutions can be a great way to set goals and assess your progress.

### Improve Yourself

The most common resolutions are those we choose for personal growth and improvement. To be able to care for others, you first need to be able to care for yourself. If you smoke cigarettes, this may be the time to quit smoking. Probably the most popular New Year's Resolution is to lose weight and to exercise more. Child care providers can be vulnerable to stress and burnout. Learn simple ways to keep your stress level under control. There are also techniques for keeping calm when you are at the breaking point. Of course the best strategy is to learn to avoid stress by managing the many demands you face in both your personal and professional life.

### Improve Your Environment

Whether this is a time you opt to do a seasonal cleaning or simply an excuse to get control over clutter, you may resolve to get organized and restructure your home, child care space, or both. Learn how to organize your childcare space so it is a fun and inviting place for children to learn and grow. Take this time to ensure your home is safe for young children. There are some great ways to set up a household organization system and find new ideas to solve storage problems.

### **Improve Your Business**

This may be a logical time for you to make desired changes within your child care program. As we start the new year you may find it helpful to start a more efficient means of record-keeping. Setting up a new system may help you remain organized throughout the year. Many service oriented businesses choose the new year as an appropriate time to raise fees or tuition. Learn from other providers on how to change rates and inform parents. You may even wish to go as far as to redo your policies or even rewrite your parent handbook.

Of course, making resolutions for improvement is only the first step, but it is an important step. Good luck in meeting all the goals you set for yourself in the new year





Get a Heart Shaped small cookie cutter and some white sucker sticks and cut the watermelon into heart shapes and stack alternately on sucker stick! What a fun snack!!!!

Get any of your favorite box of Pancake mix and some red food coloring and mix in half of the batter. Alternate regular pancakes and pink ones on the plates then add a healthy topping of whipped cream and fresh strawberries!



# **Contact Information**

### **OCCCA BOARD OF DIRECTORS**

President Lee Allton 714.892.7220 alltonl@aol.com	Secretary Cyndi Casum 714.679.7374 cyndisdaycarefv@yahoo.com	Pubic Policy Yessika Magdaleno 714.971.8004 littleflowers1@aol.com	Membership Chair Michelle Spoor 714.222.4922 michellespoor22@gmail.com	Ways & Means Chair Mary Testerman 562.598.7407 marys_kids@yahoo.com
Vice President	Treasurer	Program Chair	Hostess	Newsletter/Website
Lynn Hallas	Linda Zoelle	TBD	Sandra Turner	TBD
949.858.1527	949.673.2692		562.799.3608	
campfans@cox.net	lz3.occca@yahoo.com		sandraluzturner@yahoo.com	

# OrangeCountyChildCareAssociation.org

### **IMPORTANT NUMBERS**

Community Care Licensing	714.703-2800	http://ccld.ca.gov/contact.html
Child Care Advocate Program	310.337.4335	Sharon.Greene1@dss.ca.gov
CHS Referral Line (M-F 9-3:30)	949.364.6605	www.chs-ca.org/child-care/ccrrp/
Children's Home Society	714.456-9800	www.chs-ca.org
Calif Childcare Health Program	800.333.3212	www.ucsfchildcarehealth.org
Child Guidance Center	714.953-4455	www.cgcoc.org
Help Me Grow-Orange County	866.GROW-025	www.helmegrowoc.org
OC Child Abuse Prevention	714.543.4333	www.brightfutures4kids.org
California Poison Action Line	800.222.1222	www.calpoison.org
Regional Center of Orange Co.	714.796.5100	www.rcocdd.com
Child Care Advocate-Jane Cong-Huyen	714.705.6041	Jane.Cong-Huyen@DSS.ca.gov

### **FOREIGN LANGUAGE ASSISTANCE**

Armenian	Alice Gharbjanians	(949) 833-0404	
French	Alice Gharbjanians	(949) 833-0404	
German	Anke Secrest	(714) 434-0834	
Pharsi	Mona Mosavat	(714) 633-4353	
Spanish	Yessika Magdaleno	(714) 971-8004	

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### **AREA CHAIRS BY CITY**

### NORTH COUNTY, VICE PRESIDENT LYNN HALLAS, 949.858.1527

City	Chairperson	Phone	City	Chairperson	Phone
Anaheim	Lynda Luistro	714.521.7485	Los Alamitos	Sandra Turner	562.756.1750
Anaheim Hills	Sandra Turner	562.756.1750	Midway City	Lee Allton	714.892.7220
Brea	Lynda Luistro	714.521.7485	Orange	Sandra Turner	562.756.1750
Buena Park	Lynda Luistro	714.521.7485	Placentia, Atwood	Sandra Turner	562.756.1750
Cypress	Sandra Turner	562.756.1750	Santa Ana	Linda Zoelle	949.673.2692
Fountain Valley	Diane Palermo	714.965.3602	Seal Beach	Sandra Turner	562.756.1750
Fullerton	Lynda Luistro	714.521.7485	Stanton	Rose Gaba	714.890.3789
Garden Grove	Rose Gaba	714.890.3789	Sunset Beach	Tena Madrid	714.536-2351
Huntington Beach	Tena Madrid	714.536-2351	Villa Park	Sandra Turner	562.756.1750
La Habra	Lynda Luistro	714.521.7485	Westminster	Lee Allton	714.892.7220
La Palma	Lynda Luistro	714.521.7485	Yorba Linda	Sandra Turner	562.756.1750

### SOUTH COUNTY VICE-PRESIDENT, LYNN HALLAS, 949.858.1527

City	Chairperson	Phone	City	Chairperson	Phone
Aliso Viejo	Diane Spiesterbach	949.495.6439	Laguna Niguel	Diane Spiesterbach	949.495.6439
Balboa Island	Linda Zoelle	949.673.2692	Laguna Woods	Diane Spiesterbach	949.495.6439
Capistrano Beach	Diane Spiesterbach	949.495.6439	Lake Forest	Lynn Hallas	949.858.1527
Corona Del Mar	Linda Zoelle	949.673.2692	Las Flores	Diane Spiesterbach	949.495.6439
Costa Mesa	Linda Zoelle	949.673.2692	Mission Viejo	Diane Spiesterbach	949.495.6439
Coto De Caza	Lynn Hallas	949.858.1527	Newport Beach	Linda Zoelle	949.673.2692
Dana Point	Diane Spiesterbach	949.495.6439	Newport Coast	Linda Zoelle	949.673.2692
Dove Canyon	Lynn Hallas	949.858.1527	Portola Hills	Lynn Hallas	949.858.1527
East Irvine	Joyce Russell	949.387.6997	Rancho Sta Mrgta	Diane Spiesterbach	949.495.6439
El Toro	Lynn Hallas	949.858.1527	San Clemente	Diane Spiesterbach	949.495.6439
Foothill Ranch	Lynn Hallas	949.858.1527	SJ Capistrano	Diane Spiesterbach	949.495.6439
Irvine	Joyce Russell	949.387.6997	Silverado	Lynn Hallas	949.858.1527
Ladera Ranch	Diane Spiesterbach	949.495.6439	Tustin	Linda Zoelle	949.673.2692
Laguna Beach	Diane Spiesterbach	949.495.6439	Trabuco Canyon	Lynn Hallas	949.858.1527
Laguna Hills	Diane Spiesterbach	949.495.6439			

### MEMBERSHIP RENEWAL

Please enclose a self-addressed, stamped envelope (SASE) with your renewal to have a membership card mailed to you. Otherwise you may pick up your card at the next General Meeting

Questions?: Michelle Spoor (714) 222-4922

### ORANGE COUNTY CHILD CARE ASSOCIATION

The Orange County Child Care Association would like to invite you to join (or rejoin) our professional organization for licensed Family Child Care Providers. General membership is for licensed family child care providers providing services in Orange County. With your paid membership you will receive, many benefits including child care referrals, a bi-monthly newsletter, general meetings and workshops. Please take this opportunity to become "Part of the Solution" as we all work together to deliver quality child care. For more details on what is included in your membership contact our Membership Chairperson.

#### GENERAL MEMBERSHIP APPLICATION

Please type or print information

		i tease type or print information	
License:	Small Family Child Care Home [ ] Large Family Child Care Home [ ]	New Member [ ] Renewing Member [ ] Returning I	
Name		License Number	
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	Street Address	City Zip	
Phone N	umber		
Email Ac	ldress		
If you we		r Facebook daycare page attached to your name on t	he OCCCA website, please list
	/FB page		
DI	I West Chair		
Please er	nclose all of the following items:	eense (not required for renewing members with active license on fi	ile with OCCCA)
		CCCA for one year's membership	io with decerty
	[ ] A legal size, self addressed	stamped envelope	
	Mail c	ompleted application and required documents to:	
	Ora	nge County Child Care Association	
		P.O. Box 26769	
		Santa Ana, CA 92799	
ment fee Spoor, M	for lost membership cards. If you have	essing. There will be a \$30.00 charge on all returned chere any questions about OCCCA membership or the application of the appl	
Interoffice	: Forward to Membership Chairperson		01/16

# **Credits/Notes**

The Orange County Child Care Association publishes their bimonthly Newsletters for the benefit of Members and Associate Members. Please send all Newsletter contributions to:

Orange County Child Care Association P.O. Box 26769 Santa Ana, CA 92799

Email: contactus@orangecountychildcareassociation.org

March/April Newsletter Deadline: January 18, 2018