

## Fear is Not Welcome Here!

*“For God has not given us a spirit of timidity, but of power and love and discipline”  
(2 Timothy 1:7 -NASB)*

We all know what it is like to be filled with fear, apprehensiveness, timidity and/or dread at some time or other in our lives. It is not a comfortable feeling and has a definite impact on our mind and body as well as our emotions.

Webster’s describes fear as a painful emotion excited by apprehension of impending danger.

2 Timothy 1:7 makes it clear that fear doesn’t come from God.

Though we may lose sight of this, at times, God continues to prove Himself faithful in our lives. All throughout the Bible, God instructs people to not fear. Though we may feel sometimes this is easier said than done, it is no coincidence that when you add up all the instances in Scripture where it instructs, "do not fear," "fear not," and "be not afraid" they total 365 occurrences--one occurrence for every day of the year.

Remember when the Armenian army surrounded the Israelites camp? (2 Kings 6:15-17) A fear struck servant came to Elisha with the disheartening news. However, Elisha assured the servant. So he answered, “Do not fear, for those who are with us are more than those who are with them.”

In 2 Kings 6:16, Elisha prayed and instantly the servant's eyes were opened to see the hills, all around, covered with horses and chariots of fire.

The truth was that God had provided the Israelites more than enough protection from the Armenians. Elisha's eyes were on what was true while the servant's gaze had been distracted by the surrounding enemy.

I wonder if the servant would have seen God's army from the start had he not allowed the enemy to distract him from what was true. When we are fully aware of the truth of who we are in Christ, we will not be afraid.

[https://www.youtube.com/watch?v=kzI\\_NpWnaLI](https://www.youtube.com/watch?v=kzI_NpWnaLI)

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