

**WESTERN DUBUQUE INVITATIONAL**

Epworth, IA  
 School Campus  
 Weather: Cloudy, E 5-15mph, 66% & 68  
 Host: Western Dubuque  
 Thursday, September 28, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Tyler Lown  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 9/28/2023 6:02 PM

**Race #4  
JV Girls****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Decorah</b>	<b>15</b>	1-2-3-4-5(6)(7)	1:56:43	23:21	0:26.1
<b>2 Wahlert Dubuque</b>	<b>77</b>	9-13-15-18-22(27)(33)	2:09:41	25:57	1:48.1
<b>3 Epworth Western Dubuque</b>	<b>95</b>	10-11-19-26-29(31)(32)	2:12:43	26:33	2:53.9
<b>4 Clayton Ridge Guttenberg</b>	<b>99</b>	16-17-20-21-25(28)(38)	2:12:47	26:34	1:24.3
<b>5 Waukon</b>	<b>104</b>	8-12-14-34-36(37)(39)	2:14:09	26:50	4:03.7
<b>6 Cedar Rapids Kennedy</b>	<b>152</b>	23-24-30-35-40(41)	2:21:15	28:15	3:12.8

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 POLE, Stella	SO	Decorah	1	23:05.6	7:25.5	4:37.1
2 STEVENS, Natalie	SO	Decorah	2	23:13.1	7:27.9	4:38.6
3 LESMEISTER, Nora	SO	Decorah	3	23:23.6	7:31.3	4:40.7
4 STEINES, Kamryn	JR	Decorah	4	23:28.8	7:33.0	4:41.8
5 GOODNER, Natalie	JR	Decorah	5	23:31.7	7:33.9	4:42.3
6 JOHNSON, Elsa	JR	Decorah	(6)	23:38.4	7:36.1	4:43.7
7 SEARCY, Vivan	FR	Decorah	(7)	23:54.0	7:41.1	4:46.8
8 ADAMS, Ellie	FR	Decorah	-	24:17.7	7:48.7	4:51.5
9 HOOK, Elayna	SR	Decorah	-	24:19.4	7:49.3	4:51.9
10 BELLRICHARD, Lulu	FR	Decorah	-	24:20.8	7:49.7	4:52.1
11 BLIKRE, Grace	JR	Decorah	-	24:25.2	7:51.1	4:53.0
12 DAHLEN, Lillian	FR	Decorah	-	24:27.6	7:51.9	4:53.5
13 STADTMUELLER, Katie	FR	Monticello	-	24:50.3	7:59.2	4:58.1
14 STEWART, Bryiah	FR	Waukon	8	24:58.2	8:01.7	4:59.6
15 MUNSHOWER, Alison	SR	Wahlert Dubuque	9	25:03.3	8:03.4	5:00.7
16 KOETZ, Paige	JR	Epworth Western D	10	25:04.9	8:03.9	5:01.0
17 BLAIR, Willow	FR	Decorah	-	25:05.3	8:04.0	5:01.0
18 OLSON, Lillian	JR	Decorah	-	25:17.9	8:08.1	5:03.6
19 RISSMAN, Olivia	FR	Decorah	-	25:18.7	8:08.3	5:03.7
20 MICULINICH, Morgan	SO	Decorah	-	25:21.0	8:09.1	5:04.2
21 LUCAS, Maddie	FR	Epworth Western D	11	25:32.0	8:12.6	5:06.4
22 KRAMBEER, Kaitlyn	SR	Waukon	12	25:32.4	8:12.7	5:06.5
23 GENTILE, Isabella	SR	Calamus-Wheatlan	-	25:33.3	8:13.0	5:06.7
24 CUSHMAN, Ellie	FR	Wahlert Dubuque	13	25:38.5	8:14.7	5:07.7
25 DOWNING, Moriah	SO	Waukon	14	25:45.4	8:16.9	5:09.1
26 DEHN, Anna	SR	Wahlert Dubuque	15	25:51.7	8:18.9	5:10.3
27 VERHAGEN, Lauren	SR	Monticello	-	25:52.0	8:19.0	5:10.4
28 DICKSONN, Daisy	SR	Clayton Ridge Gutt	16	26:03.3	8:22.7	5:12.7
29 SIMON, Hinckley	JR	Clayton Ridge Gutt	17	26:10.1	8:24.8	5:14.0
30 WETHAL, Grace	JR	Wahlert Dubuque	18	26:15.9	8:26.7	5:15.2
31 MCGRANE, Claire	SR	Epworth Western D	19	26:23.6	8:29.2	5:16.7
32 DICKSON, Audrey	FR	Clayton Ridge Gutt	20	26:24.8	8:29.6	5:17.0
33 WARDELL, Jayda	JR	Clayton Ridge Gutt	21	26:40.7	8:34.7	5:20.1
34 HOUGEN, Regine	FR	Decorah	-	26:43.0	8:35.4	5:20.6
35 SEVERTSON, Lauren	FR	Decorah	-	26:45.2	8:36.1	5:21.0
36 VOLZ, Jillian	FR	Decorah	-	26:49.1	8:37.4	5:21.8

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JV Girls****Final Results****INDIVIDUAL RESULTS (cont'd)**

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37 KELLY, Kathryn	SR	Decorah	-	26:50.5	8:37.8	5:22.1
38 TUTHILL, Lilyan	SO	Wahlert Dubuque	22	26:51.3	8:38.1	5:22.3
39 PIERCE, Ellison	SO	Cedar Rapids Kenn	23	26:53.9	8:38.9	5:22.8
40 STORHOFF, Claire	FR	Decorah	-	26:56.7	8:39.8	5:23.3
41 CAMPBELL, Avery	FR	Cedar Rapids Kenn	24	27:02.1	8:41.6	5:24.4
42 RILEY, McKenzie	JR	Decorah	-	27:19.4	8:47.1	5:27.9
43 MYERS, Emily	JR	Decorah	-	27:20.2	8:47.4	5:28.0
44 HUINKER, Olivia	SO	Decorah	-	27:23.5	8:48.4	5:28.7
45 HORNS, Pfeiffer	FR	Clayton Ridge Gutt	25	27:27.5	8:49.7	5:29.5
46 HARMENING, Marley	FR	Decorah	-	27:40.1	8:53.8	5:32.0
47 SMITH, Cecilia	JR	Epworth Western D	26	27:43.5	8:54.9	5:32.7
48 ZHANG, Grace	SR	Wahlert Dubuque	(27)	27:44.1	8:55.1	5:32.8
49 GAUL, Hailey	JR	Clayton Ridge Gutt	(28)	27:45.2	8:55.4	5:33.0
50 MCAVAN, Nora	JR	Central DeWitt	-	27:49.1	8:56.7	5:33.8
51 ADAMSON, Julia	JR	Epworth Western D	29	27:58.8	8:59.8	5:35.8
52 LUKES-SMITH, Addison	JR	Decorah	-	28:11.1	9:03.7	5:38.2
53 CHITTENDEN, Ryan	SO	Cedar Rapids Kenn	30	28:11.6	9:03.9	5:38.3
54 KNEPPER-LUDOVISSY, Deli	FR	Epworth Western D	(31)	28:18.8	9:06.2	5:39.7
55 MENKE, Teagan	FR	Decorah	-	28:19.6	9:06.5	5:39.9
56 SESSIONS, Nina	FR	Decorah	-	28:24.2	9:08.0	5:40.8
57 LEITZ, Myla	FR	Decorah	-	28:25.5	9:08.4	5:41.1
58 LECONTE, Allison	SO	Epworth Western D	(32)	28:28.7	9:09.4	5:41.7
59 DIGMANN, Ella	FR	Epworth Western D	-	28:35.0	9:11.4	5:43.0
60 JENSEN, Jasalyn	SO	Camanche	-	28:37.0	9:12.1	5:43.4
61 SELL, Everlie	FR	Wahlert Dubuque	(33)	28:41.3	9:13.4	5:44.2
62 MILLER, Melanie	FR	Central DeWitt	-	28:44.9	9:14.6	5:45.0
63 RETALLICK, Emma	JR	Waukon	34	28:51.0	9:16.6	5:46.2
64 GASSMAN, Taylor	SR	Monticello	-	28:57.7	9:18.7	5:47.5
65 MARTIN, Natalie	SR	Cedar Rapids Kenn	35	29:00.1	9:19.5	5:48.0
66 O'NEILL, Ashlin	SR	Waukon	36	29:01.8	9:20.1	5:48.4
67 BERNS, Mallory	JR	Waukon	(37)	29:08.6	9:22.2	5:49.7
68 GREEN, Lilli	JR	Epworth Western D	-	29:11.5	9:23.2	5:50.3
69 DRONE, Alli	FR	Epworth Western D	-	29:12.0	9:23.3	5:50.4
70 SCHAEFERS, Mollie	JR	Clayton Ridge Gutt	(38)	29:16.2	9:24.7	5:51.2
71 BERNS, Addisyn	FR	Waukon	(39)	29:32.0	9:29.8	5:54.4
72 SADEWASSER, Allysa	SO	Clayton Ridge Gutt	-	29:38.7	9:31.9	5:55.7
73 MOORE, Braelyn	SO	Epworth Western D	-	30:03.9	9:40.0	6:00.8
74 LANGERMAN, Kayla	SO	Cedar Rapids Kenn	40	30:06.7	9:40.9	6:01.3
75 PAYTON, Sophie	SO	Maquoketa	-	30:12.8	9:42.9	6:02.6
76 NELSON, Ella	FR	Maquoketa	-	30:17.5	9:44.4	6:03.5
77 O'HARA, Kyra	SO	Decorah	-	30:21.6	9:45.7	6:04.3
78 GOERDT, Alyssa	SR	Beckman Catholic	-	30:32.8	9:49.3	6:06.5
79 AYALA, Haylie	FR	Cedar Rapids Kenn	(41)	30:36.7	9:50.6	6:07.3
80 LEMKE, Kylie	FR	Decorah	-	30:37.1	9:50.7	6:07.4
81 RIVEROS, Maria	SO	Decorah	-	30:45.1	9:53.3	6:09.0
82 PITZ, Cambrie	JR	Epworth Western D	-	31:09.9	10:01.2	6:14.0

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83 ZWART, Drew	SO	Decorah	-	31:11.3	10:01.7	6:14.3
84 GREBNER, Marie	JR	Beckman Catholic	-	31:26.4	10:06.6	6:17.3
85 GOEDKEN, Chloe	JR	Beckman Catholic	-	31:27.2	10:06.8	6:17.4
86 CEARLOCK, Annebelle	SO	Wahlert Dubuque	-	31:35.9	10:09.6	6:19.2
87 CHRISTENSEN, Skylar	FR	Monticello	-	31:50.1	10:14.2	6:22.0
88 KELCHEN, Teagan	JR	Epworth Western D	-	33:00.8	10:36.9	6:36.2
89 HANSON, Ava	FR	Decorah	-	33:35.8	10:48.2	6:43.2
90 RICKELS, Miranda	SR	Calamus-Wheatlan	-	33:47.3	10:51.9	6:45.5
91 SPICER, Rachel	SR	Central DeWitt	-	35:14.1	11:19.8	7:02.8
92 CARLSON, Ella	JR	Decorah	-	35:54.5	11:32.7	7:10.9
93 LARSON, Abigail	SO	Decorah	-	36:40.6	11:47.6	7:20.1