

The Food Pantries for the Capital District Basic Needs Resource Guide



**Find Help Where You Need It:
Albany County**

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Table of Contents

Pg. 4-5	Hotline and Service Referral List
Pg. 6-8	Albany County Resource Guide
Pg. 9-11	Quick Facts About Hunger and The Food Pantries for the Capital District

**The Food Pantries for the Capital District
d/b/a The Food Pantries
32 Essex Street
Albany, NY 12206
518-458-1167
pantries@thefoodpantries.org
www.TheFoodPantries.org**



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Hotline and Service Referral List

AIDS Counseling and Testing	
<i>For Referrals</i>	(800) 541-2437
<i>For Counseling</i>	(800) 872-2777
Al-Anon <i>for Friends and Families of Alcoholics</i>	(518) 292-0577
Alcoholics Anonymous	(518) 463-0906
Alcoholism and Substance Abuse (NYS Council)	(800) 553-5790
Cancer Services (NYS)	(866) 442-2262
Child Abuse (Prevention)	(518) 447-7177
Child Abuse Hotline (National)*	(800) 422-4453
Child Health Plus (NYS)	(800) 698-4543
Children and Family Services (NYS Office)	(800) 345-5437
Crime Victims Assistance	(518) 855-2263
Domestic Violence Assistance (Unity House)	(518) 273-8255
Domestic Violence Hotline (Equinox)*	(518) 432-7865
Domestic Violence Hotline (Wellspring)*	(518) 584-8188
Eldercare Locator	(800) 677-1116
The Food Pantries for the Capital District	(518) 458-1167
Human Trafficking Hotline (National)*	(888) 373-7888
Hunger Hotline (USDA National)	(866) 3-HUNGRY
	(866) 348-6479
Hunger Hotline (USDA National Español)	(877) 8-HAMBRE
	(877) 842-6273

*24 hour hotlines and referrals

LGBT Domestic Violence Hotline (In Our Own Voices)	(518) 432-4341
Meals on Wheels <i>Home Delivered Meals for Seniors</i>	(518) 363-4020
Medicaid	(518) 884-4148
Narcotics Anonymous	(888) 319-2606
Poison Control*	(800) 222-1222
Psychiatric Center (Capital District Psychiatric Center)	(518) 447-9611
Psychiatric Crisis - Mobile Unit	(800) 543-3720
Rape Crisis Hotline	(518) 447-7716
Social Security Administration	(866) 253-9183
Summer Food Program (USDA)	(518) 380-5583
Suicide Prevention Hotline (National) *	(800) 273-8255

This is not a comprehensive list,
for more information regarding
human service and support agencies please call:

United Way: Dial 211

For Emergencies: Dial 911

*24 hour hotlines and referrals

ALBANY COUNTY

Albany Food Assistance

To find the pantry that serves your neighborhood call:

The Food Pantries for the Capital District – (518) 458-1167

For SNAP (Food Stamp) eligibility prescreening and application information:

NOEP Albany (Nutrition Outreach and Education Program) – (518) 689-6327

SNAP Albany (Supplemental Nutrition Assistance Program) - (518) 447-2551

Information about the Women, Infants, and Children Program (WIC):

Albany Women’s Health Center of Albany Med. College - (518) 432-4033, 220 Green St.

Cohoes Family Care Mom’s Program - (518) 235-7782, 55 Mohawk St., Cohoes

Information about Summer Meals:

Dial 211, or text “Food” to 877-877

Albany Medical Assistance

Albany County Health Department	(518) 447-4580	8:30 AM - 4:30 AM 175 Green St.
Albany County Cancer Services Program	(518) 525-8680	Free Cancer Screening
Alliance for Positive Health	(518) 434-4686	Testing for HIV and STDs
Cancer Services of Albany	(518) 525-8680	Call for Locations
Capital City Rescue Mission	(518) 462-0459	Free Medical Clinic Tues, Fri 9:00 AM - 3:00 PM
Capital District Psychiatric Center	(518) 549-6000	24 Hour Assistance
Damien Center (AIDS Community Center Peer Programing, Referrals)	(518) 449-7119	M- F 8 AM– 6:30 PM First Lutheran Church at 646 State St.
Healthy Families New York	(518) 447-7054	Home based program for
Medicaid/Medicare	(518) 447-7300	
Planned Parenthood Albany	(518) 434-5678	855 Central Ave. Albany, NY 12206
Poverello Center (Free medical assistance to adults without insurance)	(518) 462-7040	Wed , 6:30 PM - 8:30 PM 315 Sheridan Ave.
Whitney Young Jr. Health Services	(518) 465-4771	920 Lark St.

Albany Community Meals

BREAKFAST

Mon, Fri	8:00 AM - 8:30 AM	Interfaith Partnership for the Homeless	176 Sheridan Ave. (518) 434-8021
Tues, Wed; Apr 15 - Oct 3	7:30 AM - 8:30 AM	FOCUS Churches	85 Chestnut St. (518) 443-0460
Tues, Wed, Thurs; Nov - Apr	7:00 AM - 9:00 AM	FOCUS Churches	85 Chestnut St. (518) 443-0460
Daily	6:30 AM	Capital City Rescue Mission	259 S. Pearl St. (518) 462-0459

LUNCH

Sunday Mon, Thurs	1:00 PM - 2:00 PM 11:30 AM - 1:00 PM	Sister Maureen Joyce Center (Soup Kitchen)	369 Livingston Ave. (518) 462-9885
Tues, Sat	11:30 AM - 1:00 PM	St. John's/St. Ann's	88 4th Ave. (518) 472-9091
Wed	11:30 AM - 12:30 PM	Sacred Heart Church	33 Walter St. (518) 434-0680
Wed; Sept - June	12:00 PM - 1:00 PM	Israel AME Church	381 Hamilton St. (518) 463-8779
Sat	11:00 AM - 1:00 PM	Grace & Holy Innocents	498 Clinton Ave. (518) 465-1112
Daily (Sun. - Take Out)	11:30 AM - 4:30 PM	Capital City Rescue Mission	259 N. Pearl St. (518) 462-0459
Last Week of the Month; Mon-Fri	12:00 PM - 1:00 PM	Salvation Army - Cohoes	Canal Sq. on Remsen St. (518) 463-6678

DINNER

Mon - Sat Sun	6:30 PM 4:30 PM	Capital City Rescue Mission	259 Pearl St. (518) 462-0459
Mon	5:00 PM - 7:00 PM	Food Not Bombs	Social Justice Center 33 Central Ave. (518) 434-4037
Mon - Fri Mon - Fri	4:00 PM - 5:30 PM 5:00 PM - 6:00 PM	Salvation Army Mobile Canteen	20 S. Ferry St. 500 Clinton Ave. (518) 463-6678
Sat	4:30 PM - 7:00 PM	United Church of Cohoes	123 Mohawk St. (518) 237-0278
Mon - Thur Sat, Sun	4:00 PM - 6:00 PM 3:00 PM - 5:00 PM	JC Club Children's Feeding Center <i>(Under Age 19 Only)</i>	63 Quail St. (518) 465-6712

Albany Community Resources

Albany Community Action Partnership (ACAP)	(518) 463-3175 (518) 237-9201	333 Sheridan Ave. 145 Remsen St., Cohoes
Catholic Charities of the Diocese of Albany	(518) 453-6650	40 North Main Ave.
Equinox	(518) 435-9931	500 Central Ave.
Legal Aid Society	(518) 462-6765	55 Colvin Ave.
Trinity Alliance of the Capital Region	(518) 449-5155	15 Trinity Place

Albany County Social Services

Albany DSS	(518) 447-7300	162 Washington Ave.
DSS Adult Protective Services - Albany	(518) 447-7177	162 Washington Ave.

Albany Housing and Shelter Assistance

Albany Community Action Partnership (ACAP)	(518) 447-7323	Weatherizations Disability Access
Albany Housing Authority	(518) 641-7500	200 S Pearl St.
HEAP (Home Energy Assistance Program)	(518) 447-7690	162 Washington Ave.
Homeless Action Committee Outreach Van	(518) 426-0554	2 PM–10PM Mobile Assistance for Homeless Persons
Homeless and Travelers Aid (HATAS)	(518) 463-2124 (24 Hrs) Call for shelter placement	138 Central Ave.
NY Connects	(518) 447- 7177	
Sheridan Hollow Drop in Center	(518) 694-8899	176 Sheridan Ave.
United Tenants of Albany	(518) 436- 8997	255 Orange St., Ste. 4

Albany Clothing and Furniture Assistance

Blessed Sacrament	(518) 482-3375	Wed , Sat 10 AM - 1 PM 607 Central Ave.
Capital Church	(518) 456-3022	Thurs 6 PM - 7 PM 31 Vly Road
Capital City Rescue Mission	(518) 462-0459 ext. 259	Women - Wed, Fri 9:30 - 11:30 AM Men - Tues, Thurs 1:30 PM - 3:00 PM 259 N. Pearl St.
Grassroots Givers Community Store	(518) 817-5921	274 Washington Ave.
St. Mary's Outreach	(518) 462-4357	Tues, Thurs, Fri 9 AM - 11:30 AM 10 Lodge St, enter from Steuben St.
St. John's/St. Ann's Center	(518) 472-9091 ext. 14	Mon, Wed, Thurs, Fri 10 AM - 12 PM, 1 PM - 3 PM 88 4th Ave.

**Price points may vary - call ahead for availability and pricing*

The Food Pantries for the Capital District

Mission: To address hunger in the Capital District through our member food pantries. We support our members by providing funding, purchasing, collecting and delivering food. We provide a forum for networking, coordination of services, education and training.



Vision: A dynamic network of well-stocked food pantries nourishing our hungry neighbors in the Capital District.

ABOUT HUNGER IN THE CAPITAL DISTRICT

According to Feeding America, more than 2.67 million children and adults in New York are food insecure. Essentially, more than 13.5% of the population of NY do not have enough food to meet basic nutritional needs.

New York State and Capital District hunger statistics (2015)

New York State

12.6% of total population = 2,502,250 people are food insecure

19.4% of children = 819,460 infants and children are food insecure

Albany County

13.0% of total population = 40,070 people are food insecure

17.3% of children = 10,230 infants and children are food insecure

Rensselaer County

11.7% of total population = 18,720 people are food insecure

19.1% of children = 6,250 infants and children are food insecure

Saratoga County

8.8% of total population = 19,760 people are food insecure

15.6% of children = 7,520 infants and children are food insecure

Schenectady County

11.8% of total population = 18,210 people are food insecure

18.7% of children = 6,380 infants and children are food insecure

TRUTH AND MYTH OF THE SNAP (formerly called food stamps) PROGRAM

MYTH-SNAP provides enough food to the hungry

TRUTH-On average, 41.5% of the hungry in our 4 counties do not qualify for SNAP, according to Feeding America

TRUTH-benefits typically supply enough food for only 3 weeks of the month

TRUTH-Snap only provides approximately a \$4.67 per day food allowance, according to Center on Budget and Policy Priorities

TRUTH-Some people who are food insecure do not want to apply for SNAP—they just need short-term assistance or only visit a pantry to fill a gap in income

ABOUT THE FOOD PANTRIES—QUICK FACTS

- The Food Pantries is a coalition of more than 60 food pantries
- Our service area is Albany, Rensselaer, Saratoga, and Schenectady Counties
- The Food Pantries was founded in 1979.
- We collect food from food drives for free distribution to our member pantries
- The community can help by hosting Food and Fund Drives
- \$1 can help provide 6.25 pounds of food to the hungry
- All of the services we provide to our members are completely free for them to utilize



HOW THE FOOD PANTRIES HELPS FEED THE HUNGRY IN OUR COMMUNITIES

In 2016, we helped fund, collect and deliver enough food for more than 2.7 million meals and 274,754 pantry visits

Delivery Service—1,380 tons of food delivered to our member pantries

Food Drives—241,812 pounds of food collected

Infant Needs— 108,772 diapers and 1,721 cans of formula distributed

Food Funding—Money is put on account at the food bank for the food pantries to pay for food, and we purchase milk vouchers, grocery store gift certificates and produce gift certificates.

Information and Referrals— 1,511 people were referred to pantry services and additional programs.

WHO WE SERVE THROUGH OUR MEMBER PANTRIES (2016 Numbers and Statistics)

Approximately 47,088 people access food from our member food pantries each year. On average, an individual visits a pantry approximately 5 times each year. Some use a food pantry in the event of a crisis and some need food pantries to alleviate a chronic state of food insecurity.

100,252 pantry visits by infants and children (ages 0-17)

152,466 pantry visits by adults (ages 18-59)

22,036 pantry visits by senior citizens (ages 60+)

We are maintaining the highest service levels in our coalition's history

