

Central Alberta Mountain Club Fall 2018 / Winter 2019 Trip Schedule

Note: All winter activities are weather permitting and cancelled at discretion of coordinator

| Date | Trip | Trip Coordinator | Type | Distance | Elevation | Time | # Participants | Comments |
|--------|-------------------------------------|--|---|----------|-------------------------------------|---------|----------------|---|
| Oct 13 | Coliseum | Tricia & Mark Bateman 403.352.3877 T_bateman@shaw.ca | Intermediate Hike | 14 km | 680 m | 5-6 hrs | 12 | New route up; old route down. Followed by wiener roast and s'mores at Beaver Dam Campsite |
| Nov 3 | Twin Lakes / Crimson Lake connector | Amanda Brosius 403.348.7506 A_mclean1@hotmail.com | Easy Bike Ride | ~25 km | ~100 m | 3-4 hrs | No limit | Suitable for mountain and hybrid bikes (minimum of 2" tires suggested); not suitable for road bikes |
| Dec 1 | Sheep Mountain | Tricia & Mark Bateman 403.352.3877 T_bateman@shaw.ca | Easy to Intermediate Snowshoe | ~10 km | ~300 m | 5 hours | 12 | Ya Ha Tinda area |
| Dec 8 | Rummel Lake | Amanda Brosius 403.348.7506 A_mclean1@hotmail.com | Intermediate Snowshoe or Hike | 12 km | 400 m | 4-5 hrs | 12 | |
| Jan 12 | JJ Collette | Debby and Jeff Kirtzinger 403.877.8540 Debby.kirtzinger@wolfcreek.ab.ca | Easy X Country Ski | ~10 km | Some up and down depending on route | ~2 hrs | No limit | Meet at JJ Collette @ 10AM. Bring your own smokie/potluck finger food for lunch at Kirtzinger's back yard fire pit. Condiments provided |
| Jan 13 | Medicine River | Pat Staniforth Smith 403.307.7380 Patss.pss@gmail.com | Easy Snow Shoe & Social | 5-6 km | minimal | 3-4 hrs | No limit | Leave Red Deer at 9:30 AM; 20 minute drive West. Wiener roast to follow; participants bring own food & hot drink. |
| Jan 19 | Elk Pass to Blueberry Hill | Shelly & Ron Dommier 403.302.2214 Shelly.domier@wolfcreek.ab.ca | Intermediate X-Country Ski with some steep sections | 17 km | 250 m | 6 hrs | 15 | Meet at AMA @ 6:45 AM and leave by 7:00. Dommier's are hoping to book Saturday night at Ribbon Creek hostel |

October 3, 2018

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| Jan 20 | Linn Valley | Tricia & Mark Bateman 403.352.3877 T_bateman@shaw.ca | Skate Social / Shinny hockey | | | | No limit | A Sunday afternoon social and potluck. The Bateman's will provide the hot chocolate. BYOB |
| Jan 26 | White rabbit recreation area | Pat Staniforth Smith 403.307.7380 Patss.pss@gmail.com | Intermediate snowshoe | 10-14 km | 150 m | 6-7 hrs | 12 | Leave Red Deer at 7:00 AM. |
| Feb 8 - 10 | Lake Louise Ski Resort | Janice Fenwick 403.347.9643 Fenwickj@telus.net | Downhill Skiing | | | | No limit | Staying at Lake Louise Hostel Friday & Saturday nights. Participants responsible for booking own accommodations |
| Feb 15-17 | Lake Louise area | Claudette Cyr 403.704.5688 Klodie5050@gmail.com | Intermediate X-country ski on Saturday; snowshoe Sunday | | | | 8 | Staying at Lake Louise Hostel Friday & Saturday nights; 8 beds reserved, contact Claudette. |
| Feb 16-17 | Lake Louise area | Shelly & Ron Domier 403.302.2214 Shelly.domier@wolfcreek.ab.ca | Intermediate Snowshoe | 8-12 km | ~400 m | 4-5 hrs | 15 | Meet at AMA @ 6:45 AM and leaving by 7:00. Staying at Lake Louise Hostel Saturday night. Participants responsible for booking own accommodations |
| Feb 17 | Moose Meadows to Ink Pots, return via Johnston Canyon | Shelly & Ron Domier 403.302.2214 Shelly.domier@wolfcreek.ab.ca | Intermediate Snowshoe or hike | 11.4 km | 685 m | 4-6 hrs | 15 | Meet at Moose Meadows Parking Lot |
| Feb 23 | Sawmill | Tricia & Mark Bateman 403.352.3877 T_bateman@shaw.ca | Intermediate Snowshoe | ~12 km | ~300 m | 5 hrs | 12 | Cumulative elevation gain ~ 600m |

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| March 1 | Riverbend Golf Course | Debby and Jeff Kirtzinger 403.877.8540 Debby.kirtzinger@wolfcreek.ab.ca | Easy or Intermediate x-country ski | ~10 km | Minimal to some hills | 1-2 hrs | No limit | Meet at 6:00 PM for Full Moon Ski. The perimeter is easy; the adventurous can ski the more advanced back hills. Meet for cold beverage and appetizer post ski; location TBD. |
| Mar 9 | Fish Lake area | Tricia & Mark Bateman 403.352.3877 T_bateman@shaw.ca | Easy Snowshoe or hike | ~10 km | minimal | 4 hours | No limit | Leave Red Deer at 7:00 AM; snowshoe for ~4 hours followed by Weiner roast and S'mores |
| Mar 15-17 | Lake Louise Ski Resort | Tamara Amendt 403.872.6942 wtamendt@shaw.ca | Downhill Saturday and Sunday; option for x-country Sunday | | | | No limit | Stay at Lake Louise Hostel Friday and Saturday nights; book own accommodations. Dinner together at Bill Peytos on Saturday. |
| April 27 & 28 | Nordegg Area | Terry Lakey 403.505.3808 Heartmt14@rocketmail.com | Hikes | Variable | variable | | No limit | April Exodus: Hikes to be determined by conditions, participants and coordinators. Make own arrangements for Shunda Hostel |

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