



# BULLETIN

December 17, 2018



THE UNIVERSITY  
OF BRITISH COLUMBIA



## Changes to Extended Health & Dental Plans – January 1, 2019

*To: Employees who are Enrolled for the Extended Health & Dental Plans for CUPE 116 Employees*

*From: UBC Human Resources and CUPE 116*

### Extended Health & Dental Plans

As a result of the Memorandum of Agreement to dissolve the Benefits Accord signed by UBC and CUPE Local 116, the following plan enhancements will be implemented on January 1, 2019:

	Old	New - Effective January 1, 2019
<b>Vision Care</b>	<ul style="list-style-type: none"> <li>\$400 in any 24 month period for a person under age 19</li> <li>\$400 in any 36 month period for any other person</li> </ul>	\$400 in a 24 month period for all covered members and eligible dependents
<b>Dental Plan</b>	<ul style="list-style-type: none"> <li>\$3,000 calendar year maximum for basic and major dental services</li> <li>\$3,000 lifetime maximum for orthodontic services</li> </ul>	<ul style="list-style-type: none"> <li>No maximum for basic and major dental services</li> <li>\$3,000 lifetime maximum for orthodontic services remains the same</li> </ul>
<b>NEW Benefit Health Spending Account</b>	Not available	<p>Starting Jan. 1, 2019 and every Jan. 1<sup>st</sup> thereafter, you will have access to a <b>Health Spending Account containing \$250 in credits</b> that can be used to reimburse medical and dental expenses over and above what may have been paid by the UBC Extended Health and Dental Care benefits program, after coordinating with a spouse's plan (if applicable).</p> <p>Sun Life will administer this account and you can check your credit balance by logging in to the Sun Life Plan Member services website (<a href="http://www.mysunlife.ca">www.mysunlife.ca</a>) or calling 1.800.361.6212 starting Jan. 9, 2019. Expenses incurred prior to Jan. 1, 2019 are ineligible for reimbursement.</p> <p>For more information on the Health Spending Account and how to make claims, please visit: <a href="http://www.hr.ubc.ca/wellbeing-benefits/benefits/details/health-spending-account/">http://www.hr.ubc.ca/wellbeing-benefits/benefits/details/health-spending-account/</a></p>

<b>NEW Extended Health and Dental Claim Form</b>	Regular claim form	Combined claim form
	<a href="#">Sun Life Extended Health</a>	<a href="#">Sun Life Extended Health + HSA</a>
	<a href="#">Sun Life Dental</a>	<a href="#">Sun Life Dental + HSA</a>

### What kind of medical and dental expenses can I claim under my HSA?

Your HSA benefit can be used for many expenses that are either not covered or are only partially covered by UBC's Extended Health and Dental plans.

Here are some examples of eligible expenses you can claim under your HSA:

- The \$25 annual deductible for Extended Health;
- Extended Health and Dental claims that you were not fully reimbursed for due to plan limitations such as maximums and reasonable and customary charges or unpaid portions due to coinsurance (for example, if Sun Life covers 80% of your prescription drug claim, you can claim the 20% portion that you pay);
- Medical expenses not covered under the Extended Health and Dental plan, but considered eligible medical expenses by the Canada Revenue Agency (for example, physician fees for completing forms/reports; and insurance premiums for private health or dental care coverage including out-of-country coverage).

### For Additional Information

For more information about the CUPE 116 Extended Health and Dental Plans including the Health Spending Account, please visit the following web pages:

- <http://www.hr.ubc.ca/wellbeing-benefits/benefits/details/extended-health/cupe-116/>
- <http://www.hr.ubc.ca/wellbeing-benefits/benefits/details/health-spending-account/>

### Questions?

If you have other questions about this memo, please email [benefitsinfo@hr.ubc.ca](mailto:benefitsinfo@hr.ubc.ca).

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