

Are Microwave Ovens Dangerous?

(taken from Guido Moosbrugger lecture in Toronto, Canada)

Millions of microwave ovens are in use on Earth – in the United States alone, they are found in 60% of all households. The various advantages are well known; microwave ovens work very quickly, saving time. The short cooking time, in turn, saves vitamins and aromatic ingredients present in vegetables cooked this way. Also, lengthy thawing of frozen food is eliminated. Besides saving time, microwave ovens also save energy.

Microwaves are, as is well known, electromagnetic waves, whose frequency range lies between radio waves and infrared light, with wavelengths from about one millimeter to one meter. For microwave ovens, decimeter waves, within the range of a few Giga hertz, are the most suitable.

It is now positively established that microwave radiation is dangerous, if it cannot be properly contained within the oven. Officially, it is maintained that the microwave shielding built into the oven is fully effective. However, according to the Pleiadeans, this assertion is not completely accurate, because the necessary metal covering for shielding the oven window has not yet been discovered [S. SB. S. 2318].

Ptaah has explained that cooking with microwaves is actually very harmful, when the food comes into direct contact with the microwaves. The microwave radiation changes the composition of the food, and can develop potentially poisonous and dangerous substances, which can severely damage one's health. In more conventional cooking, wherein food is merely heated, this does not occur.

In addition, the microwaves can cause psychic damage to humans and animals, cause brain damage in humans, and even destruction of the brain. They contribute to Alzheimer's disease, and pose a risk factor for eyesight, for example cataracts. Microwaves cause cellular damage and cancer, can damage or destroy the fetus of pregnant women, and induce sterility in men. They also disrupt the life of plants.

A microwave oven must be built in such a way that it does not irradiate the food being cooked, and does not allow radiation to escape to the outside.

On the other hand, microwaves can also be used for health-promoting purposes, if the correct dosage is known. At the moment, there is not sufficient relevant knowledge available, so that more harm than good is done.