Rocking Horse Early Learning Center

Breakfast

2253 American Way Port Allen, LA 70767 September 2019

225-749-4004 Info@RHELC.com TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	WW French Toast Sticks Madarine Oranges Whole/Skim Milk	WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	5 WW Pancake & Sausage Fruit Cocktail Whole/Skim Milk	Dry Cereal Sliced Pears Whole/Skim Milk
9 WW English Muffin Breakfast Sausage Sliced Peaches Whole/Skim Milk	WW Buttered Toast Mixed Fruit Whole/Skim Milk	WW Pancakes w/ Syrup Fresh Bananas Whole/Skim Milk	Brown Sugar/Cinnamon Oatmeal Sliced Peaches Whole/Skim Milk	WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
WW French Toast Sticks Slcied Peaches Whole/Skim Milk	Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	WW Pancake & Sausage Mandarin Oranges Whole/Skim Milk
WW Waffle w/ Syrup Sliced Peaches Whole/Skiim Milk	WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	Dry Cereal Fruit Cocktail Whole/Skim Milk	Buttered Grits Sliced Pears Whole/skim Milk	WW English Muffin Mandarin Oranges Whole/Skim Milk
30 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk				

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Tuna Salad w/ Crackers	Smothered Pork Chops	White Beans w/ Ham &	WW Chicken Nuggets	Sloppy Joe on WW Bun
Glazed Carrots	Mashed Potatos	Sausage	Green Beans	Salad w Ranch Dressing
Pinapple Tidbits	Sweet Peas	Steamed Rice	Mixed Fruit	Sliced Peaches
Whole/Skim Milk	Applesauce	Buttered Squash / Sliced Pears	Whole/Skim Milk	Whole/Skim Milk
	140		Laoi	
9	10	11	12	13
Baked Pork Chop	WW Grilled Cheese Sandwich	Chicken & Sausage Jambalya	Beef Stew	Breaded Fish Sticks
Cajun Rice Dressing	Green Beans	Sweet Peas	Steamed Rice	WW Macaroni & Cheese
Sweet Pototo Casserole	Sliced Pears	Fruit Cockail	Buttered Squash	Sweet Peas
Sliced Peaches	Whole/Skim Milk	Whole/skim Milk	Fresh Bananas	Sliced Pears
16	17	18	19	20
Chicken and Sausage Gumbo	WW Spaghetti w/ Meat Sauce	Tuna Salad w/ WW Sliced	BBQ Pork	Red Beans w/ Ham & Sausage
Steamed Rice	Steamed Brocoli	Bread	Baked Beans	Steamed Rice
Buttered Corn'	Fruit Cocktail	Green Beans	Buttered Diced Potatoes	Green Beans
Sliced Pears	Whole/Skiim Milk	Mandarin Orange Slices	Pineapple Tidbits	Mixed Tropical Fruit
23	24	25	26	27
Meatloaf w/ Gravy	Oven Fried Fish	WW Pastalya w/ Pork &	All Beef Hot Dog w/ WW Bun	Chicken Stew
Steamed Rice	Garlic Mashed Potatoes	Sausage	Buttered Diced Potatos	Steamed Rice
Sweet Peas	Lima Beans	Sweet Potatos	Mandarin Oranges	Brocoli & Cheese Casserole
Sliced Pears	Pineapple Chunks	Tropical Fruit	Whole/Skim Milk	Fuit Cocktail
Sliced Pears	Pineappie Churiks	Tropical Fruit	VVIIOIE/SKIITI IVIIIK	Full Cocklaii
30				
Tuna Salad w/ Crackers				
Glazed Carrots				
Pinapple Tidbits				
Whole/Skim Milk				

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2253 American Way Port Allen, LA 70767 **Afternoon Snack**

September 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
WG Pretzel Goldfish 100% Juice	WG Teddy Graham Crackers 100% Juice	WG Cheddar Cheese It 100% Juice	Ritz Bitz Cheese Crackers 100% Juice	Crackers Mozzarella String Cheese 100% Juice
9 WG Animal Cracker 100% Juice	White Cheddar Cheese Its 100% Juice	WW Honey Graham Crackers 100% Juice	WG Cheddar Goldfish 100% Juice	WW Blueberry Lemon Crispy Bites 100% Juice
WG Pretzel Goldfish 100% Juice	WG Teddry Graham Crackers 100% Juice	WG Cheddar Cheese Its 100% Juice	Ritz Bitz Cheese Crackers 100% Juice	Crackers Mozzarella String Cheese 100% Juice
WG Animal Crackers 100% Juice	White Cheddar Cheese Its 100% Juice	WW Honey Graham Crackers 100% Juice	WG Cheddar Goldfish 100% Juice	WW Blueberry Lemon Crispy Bites 100% Juice
WG Pretzel Goldfish 100% Juice				