



2026 LEVEL 9-10 REGIONAL CHAMPIONSHIPS COMPETITION SCHEDULE

Saturday, April 11th

<p>SESSION 5 LEVEL 9 <i>Senior 6 (22), Senior 8 (38)</i></p>	<p>General Stretch 8:00 AM Introductions 8:20 AM Timed Warm Up 8:30 AM Competition Begins 8:45 AM Awards 11:15 AM</p>
<p>SESSION 6 LEVEL 9 <i>Junior 7 (17), Senior 1 (27), Senior 2 (17)</i></p>	<p>General Stretch 11:25 AM Introductions 11:45 AM Timed Warm Up 11:55 AM Competition Begins 12:10 PM Awards 3:00 PM</p>
<p>SESSION 7 LEVEL 9 <i>Junior 8 (18), Senior 3 (14), Senior 7 (27)</i></p>	<p>General Stretch 3:00 PM Introductions 3:20 PM Timed Warm Up 3:30 PM Competition Begins 3:45 PM Awards 6:30 PM</p>
<p>SESSION 8 LEVEL 9 <i>Junior 6 (23), Senior 4 (24)</i></p>	<p>General Stretch 6:30 PM Introductions 6:50 PM Timed Warm Up 7:00 PM Competition Begins 7:15 PM Awards 9:30 PM</p>