

CASE Events Calendar - November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	4	5 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	6	7
8	9	10 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	11 Remembrance Day	12 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	13	14
15	16	17 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	18	19 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	20	21
22	23 Board Meeting Bonnie Doon 9 a.m.	24 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	25	26 Essentrics and Cardio 11:30 to 12:45 Zoom with Lynn	27	28
29	30					

Note: Watch email for more detail on activities and events.