

**RIVER VALLEY CONFERENCE**

Iowa City, IA  
 Sports Complex  
 Weather: Cloudy, Wind S 10-20mph, 87% & 65  
 Host: Cascade  
 Tuesday, October 11, 2022

**MEET OFFICIALS**

**Meet Director:**  
 Adam Kedley  
**Meet Referee:**  
 Bill Neal  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



**KAUDER RACING**  
**OFFICIAL MEET REPORT**  
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**Race #3**  
**Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Monticello	57	4-6-8-14-25(36)(39)	1:46:22	21:17	1:44.0
2 Mid-Prairie Wellman	69	1-2-15-24-27(30)(31)	1:45:56	21:12	3:00.1
3 Tipton	81	5-13-20-21-22(26)(29)	1:47:59	21:36	1:15.4
4 Beckman Catholic Dyersvil	108	3-10-18-28-49(59)(60)	1:50:37	22:08	3:56.8
5 Regina Iowa City	130	11-16-23-35-45(50)(51)	1:52:52	22:35	2:46.0
6 Cascade Western Dubuqu	144	12-19-34-38-41(52)(53)	1:54:29	22:54	2:38.1
7 Northeast Goose Lake	156	9-17-33-40-57(61)(62)	1:57:01	23:25	5:29.4
8 Anamosa	180	7-37-42-46-48(54)(55)	1:57:27	23:30	3:27.6
9 Bellevue	222	32-43-44-47-56(58)	2:01:39	24:20	3:01.8

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 HOSTETLER, Danielle	JR	Mid-Prairie Wellma	1	19:28.4	6:16.9	3:54.1
2 FLEMING, Abby	JR	Mid-Prairie Wellma	2	20:07.6	6:29.5	4:02.0
3 MERTZ, Julia	JR	Beckman Catholic	3	20:30.8	6:37.0	4:06.6
4 ALTHOFF, Emma	SR	Monticello	4	20:34.2	6:38.1	4:07.3
5 EDENS, Alivia	JR	Tipton	5	20:48.1	6:42.6	4:10.1
6 KOEHLER, Leah	SO	Monticello	6	20:55.0	6:44.8	4:11.5
7 REMLEY, Ava	FR	Anamosa	7	20:56.4	6:45.3	4:11.8
8 KEHOE, Marisa	JR	Monticello	8	21:04.0	6:47.7	4:13.3
9 SOENKSEN, Cenady	SR	Northeast Goose La	9	21:12.6	6:50.5	4:15.0
10 COSS, Audra	FR	Wilton	-	21:15.3	6:51.4	4:15.6
11 REITER, Madelyn	SO	Beckman Catholic	10	21:20.7	6:53.1	4:16.6
12 WHITAKER, Mya	SR	Regina Iowa City	11	21:21.5	6:53.4	4:16.8
13 KELCHEN, Hallie	FR	Cascade Western D	12	21:21.7	6:53.4	4:16.8
14 OWEN, Laura	SO	Tipton	13	21:26.0	6:54.8	4:17.7
15 RECKER, Halle	FR	Monticello	14	21:30.8	6:56.4	4:18.7
16 FUSCO, Carlie Jo	SR	Durant	-	21:39.4	6:59.2	4:20.4
17 SIEREN, Greta	JR	Mid-Prairie Wellma	15	21:39.6	6:59.2	4:20.4
18 GREVING, Ruby	FR	Regina Iowa City	16	21:42.8	7:00.2	4:21.1
19 KETELSEN, Faith	SR	Northeast Goose La	17	21:44.6	7:00.8	4:21.4
20 DUDZIK, Maria	JR	Beckman Catholic	18	21:49.0	7:02.3	4:22.3
21 SUPPLE, Lilly	FR	Cascade Western D	19	21:49.6	7:02.4	4:22.4
22 NEREM, Addie	JR	Tipton	20	21:50.3	7:02.7	4:22.6
23 MONTGOMERY, Claire	SO	Tipton	21	21:51.3	7:03.0	4:22.8
24 WALTER, Mack	JR	Tipton	22	22:03.4	7:06.9	4:25.2
25 EASTMAN, Ruby	FR	Regina Iowa City	23	22:07.5	7:08.2	4:26.0
26 POLL, Dessa	SO	Mid-Prairie Wellma	24	22:11.8	7:09.6	4:26.9
27 CAPRON, Ava	SO	Monticello	25	22:18.2	7:11.7	4:28.2
28 WALLICK, Coryn	SR	Tipton	(26)	22:24.9	7:13.8	4:29.5
29 EVANS, Tabitha	SR	Mid-Prairie Wellma	27	22:28.5	7:15.0	4:30.2
30 KNEPPER, Abby	SR	Beckman Catholic	28	22:28.7	7:15.0	4:30.3
31 KLABO, Chloe	JR	Tipton	(29)	22:34.6	7:16.9	4:31.4
32 JONES, Amara	SR	Mid-Prairie Wellma	(30)	22:35.5	7:17.2	4:31.6

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**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
33 FAIRLIE, Gretchyn	SO	Camanche	-	22:45.7	7:20.5	4:33.7
34 HINES, Karli	SO	Tipton	-	22:49.0	7:21.6	4:34.3
35 POLL, Annika	JR	Mid-Prairie Wellma	(31)	23:00.7	7:25.4	4:36.7
36 HINGTGEN, Grace	JR	Bellevue	32	23:02.4	7:25.9	4:37.0
37 RESCHLY, Ivy	SO	Mid-Prairie Wellma	-	23:22.5	7:32.4	4:41.1
38 KETELSEN, Grace	SR	Northeast Goose La	33	23:24.9	7:33.2	4:41.5
39 DELAROSA, Ayda	SR	Cascade Western D	34	23:31.0	7:35.2	4:42.8
40 GAARDE, Grace	SR	Regina Iowa City	35	23:32.5	7:35.6	4:43.1
41 THOLEN, Addi	JR	Tipton	-	23:35.6	7:36.6	4:43.7
42 SCHEMMELE, Leah	FR	Monticello	(36)	23:36.9	7:37.0	4:43.9
43 BROWN, Ashlynn	SR	Anamosa	37	23:44.2	7:39.4	4:45.4
44 KREMER, Delaney	SO	Cascade Western D	38	23:46.7	7:40.2	4:45.9
45 BROWN, Charlotte	SR	Wilton	-	23:47.6	7:40.5	4:46.1
46 HINDERAKER, Rebecca	JR	Tipton	-	23:51.4	7:41.7	4:46.9
47 HENDRICKS, Emily	SR	Monticello	(39)	23:52.1	7:41.9	4:47.0
48 FOGG, Koda	SO	Tipton	-	23:52.2	7:42.0	4:47.0
49 KROGMAN, Natalie	SR	Northeast Goose La	40	23:56.7	7:43.4	4:47.9
50 TRUMM, Annie	FR	Cascade Western D	41	23:59.8	7:44.4	4:48.5
51 UTHOFF, Rheagyn	FR	Anamosa	42	24:03.5	7:45.6	4:49.3
52 HAMILTON, Saidee	SO	Tipton	-	24:04.4	7:45.9	4:49.4
53 HINGTGEN, Gabby	FR	Bellevue	43	24:06.2	7:46.5	4:49.8
54 LEIBFRIED, Adessa	SR	Bellevue	44	24:07.1	7:46.8	4:50.0
55 JOHNSON, Ellie	FR	Regina Iowa City	45	24:07.4	7:46.9	4:50.1
56 HOUGHTON, SeAnn	SR	Wilton	-	24:07.8	7:47.0	4:50.1
57 WHITSON, Leah	FR	Anamosa	46	24:18.4	7:50.4	4:52.3
58 DUNNE, Delaney	SR	Bellevue	47	24:18.5	7:50.5	4:52.3
59 SIMMONS, Ali	JR	Maquoketa	-	24:23.0	7:51.9	4:53.2
60 FORT, Audrey	FR	Anamosa	48	24:23.9	7:52.2	4:53.4
61 RECKER, Ellie	SR	Beckman Catholic	49	24:27.5	7:53.4	4:54.1
62 KLITGAARD, Cate	JR	Regina Iowa City	(50)	24:28.6	7:53.7	4:54.3
63 BOILEAU, Faith	JR	Regina Iowa City	(51)	24:29.3	7:53.9	4:54.4
64 ROHER, Katie	SR	Monticello	-	24:29.6	7:54.0	4:54.5
65 SICKELS, Keira	JR	Regina Iowa City	-	24:37.0	7:56.4	4:56.0
66 BOWER, Grace	SR	Cascade Western D	(52)	24:39.4	7:57.2	4:56.5
67 FREESE, Savannah	SR	Monticello	-	24:46.5	7:59.5	4:57.9
68 NEBERGALL, Tatum	SO	Tipton	-	24:53.2	8:01.7	4:59.2
69 TOPPING, Lilly	SR	Cascade Western D	(53)	25:01.7	8:04.4	5:00.9
70 POSTEL, Mya	SR	Monticello	-	25:23.5	8:11.4	5:05.3
71 GLAWATZ, Ella	SR	Monticello	-	25:37.5	8:15.9	5:08.1
72 RODGERS, Hannah	FR	Mid-Prairie Wellma	-	25:41.5	8:17.2	5:08.9
73 WHITSON, Emma	JR	Anamosa	(54)	25:46.7	8:18.9	5:09.9
74 MILLER, kali	JR	Mid-Prairie Wellma	-	25:51.1	8:20.3	5:10.8
75 HELGENS, Caejyn	SO	Anamosa	(55)	25:54.9	8:21.6	5:11.6
76 SCHECKEL, Kendelle	SO	Bellevue	56	26:04.2	8:24.6	5:13.5
77 PURSLEY, Melia	SO	Regina Iowa City	-	26:05.8	8:25.1	5:13.8
78 TIERNEY, Abby	FR	Regina Iowa City	-	26:08.6	8:26.0	5:14.3

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79 THOMPSON, Lauren	SR	Wilton	-	26:10.1	8:26.5	5:14.6
80 SCRANTON, Ava	SR	Anamosa	-	26:12.7	8:27.3	5:15.2
81 KEARNEY, Bri	FR	Monticello	-	26:28.4	8:32.4	5:18.3
82 HAGEN, Zoey	SO	Tipton	-	26:31.6	8:33.4	5:18.9
83 BROKAW, Serena	SR	Monticello	-	26:40.0	8:36.1	5:20.6
84 HANSEN, Teryn	FR	Northeast Goose La	57	26:41.9	8:36.7	5:21.0
85 BRAET, Hannah	JR	Bellevue	(58)	26:45.9	8:38.0	5:21.8
86 KNIPPER, Libby	SR	Beckman Catholic	(59)	26:47.6	8:38.6	5:22.2
87 THIER, Jordan	SR	Beckman Catholic	(60)	26:53.7	8:40.5	5:23.4
88 WAGNER, Maggie	SR	Anamosa	-	26:55.9	8:41.2	5:23.8
89 SLEEP, Leah	JR	Anamosa	-	26:56.0	8:41.3	5:23.8
90 NELSON, Evelyn	SO	Maquoketa	-	27:01.1	8:42.9	5:24.9
91 BROGHAMMER, Elise	SO	Anamosa	-	27:10.5	8:45.9	5:26.7
92 JENNINGS, Paityn	SR	Mid-Prairie Wellma	-	27:11.3	8:46.2	5:26.9
93 SAFLY, Alaina	FR	Mid-Prairie Wellma	-	27:52.5	8:59.5	5:35.2
94 REA, Mallory	JR	Beckman Catholic	-	28:02.5	9:02.7	5:37.2
95 GRIENER, Josie	SR	Mid-Prairie Wellma	-	28:10.6	9:05.3	5:38.8
96 GOEDKEN, Chloe	SO	Beckman Catholic	-	28:11.0	9:05.5	5:38.9
97 GREBNER, Marie	SO	Beckman Catholic	-	28:26.0	9:10.3	5:41.9
98 HERRICK, Mickala	JR	Anamosa	-	28:32.1	9:12.3	5:43.1
99 GASSMAN, Taylor	JR	Monticello	-	29:23.9	9:29.0	5:53.5
100 SAMSON, Haley	SO	Northeast Goose La	(61)	30:17.2	9:46.2	6:04.2
101 SCHNEIDER, Cora	SO	Northeast Goose La	(62)	30:27.5	9:49.5	6:06.2
102 ECKHOFF, Rachel	JR	Regina Iowa City	-	30:50.4	9:56.9	6:10.8