

Education: Bachelor's in Psychology from Ashford University, MSW Fordham University, Licensed through NYS. Additional education obtained through Beck Institute for Cognitive Behavior Therapy with a focus in Anxiety and OCD. Training and education in NYS CASAC certification program.

Previous Work Experience: Preventive caseworker with NHS for at-risk youth in the Orange county area. Substance abuse/mental health counselor for Catholic Charities in school based adolescent program, as well as adult program in Newburgh and Goshen.

Additional Training/Speciality: Trauma Informed Care, Cognitive Behavior Therapy, Motivational Interviewing, Substance abuse, Anxiety, Depression, Children/Adolescents, Behavioral Analysis