

Since April 2025, some of the Caritas Members have been making visits to the homes of aged and homebound parishioners of OMPH.

A Talk on the "Schemes and Benefits of SOCSO" was organised for the parishioners of the three Catholic Parishes in Ipoh on 18 May, 2025 from 2.00 to 4.00pm at the OMPH Parish Hall.

Caritas OMPH further sponsored fried meehoon as a breakfast item for the aged and infirmed after the healing mass organised by CCR Ministry on 21 June, 2025.

Caritas OMPH - Irene Tan Education Fund

Since its set up in 2022, the Fund has granted full and partial financial aid for registration fees, course study fees and monthly subsistence allowance to 12 children of FINs, parishioners of OMPH and East Malaysia Churches to pursue degree courses in various public institutions of higher learning and 8 of them have already graduated with 1 having obtained a First Class Honours Degree.

Caritas OMPH Learning Centre

The Learning Centre sessions commenced on 2 March, 2025 at Wallace House every Sunday, from 1.00pm to 5.00pm with a tea break from 3.00pm to 3.30pm, (except for public holidays and specially declared holidays) with 12 primary school students and 2 teachers. An additional teacher was recruited in August 2025.

Acknowledgement

Caritas OMPH acknowledges and will like to thank the following whose magnanimous contributions have made it possible for Caritas OMPH to fulfil its vision and mission:-

- a) The Parish Priest and Assistant Parish Priest of OMPH for their kind support of all of Caritas OMPH's activities;
- b) The Catholic Welfare Services for a grant of RM44,785.00;
- c) Caritas Penang for a grant of RM3,000.00;
- d) All well-wishers, benefactors and donors for their generous monetary contributions during the year 2025, the 2024 Christmas Appeal to Donors, the second collection at the first monthly weekend masses and the monetary and non-monetary donations during the 2025 Lenten Campaign and throughout the year 2025;
- e) OMPH Sunday School Students, their Parents and Teachers for their donations of food items during the 2025 Lenten Campaign;
- f) Hospital Fatimah for their monthly donation of used carton boxes.

May God bless all of you.

October 2025

Caritas OMPH

(Formerly known as Parish Human Development Committee)

PARISH OF OUR MOTHER OF PERPETUAL HELP

IPOH GARDEN, IPOH

2024/2025 NEWSLETTER

Caritas OMPH is the official body in the Parish of Our Mother of Perpetual Help (OMPH) in matters pertaining to the promotion of charity, integral human development, justice and peace. Currently, there are 20 Members and 1 Auxiliary Member carrying out the mission and objectives of the Ministry.

Service To The Poor And Marginalised

During the period under review, Caritas OMPH continued with its usual mission activity of providing monthly food rations to an average of 22 families called "Friends-In-Need" (FINs) in the Tg. Rambutan, Bercham, Kg. Simee, Ipoh Garden and Ashby Road Flats areas. Emergency rations were also given out as and when the need arose.

Caritas OMPH continued giving out education aid, compassionate aid, nursing care aid, medical aid, ambulance aid and bereavement aid to the FINs and their immediate dependents as and when the need arose.

In response to an appeal for assistance, Caritas OMPH donated RM500.00 and some food items to the Rainbow Children's Home in Buntong on 27 Aug, 2025.

A Gift Packet of RM150.00 in cash was given to each FIN during the monthly distribution day on 19 Oct, 2025 on the occasion of the Deepavali Festival celebrated on 20 Oct, 2025.

Social Responsibility

In collaboration with OMPH Sunday School and the Youth Ministry, Caritas OMPH organised a Children's Christmas Party on 15 Dec, 2024 at the OMPH Parish Hall from 4.00 to 7.00pm where children between the ages of 5 to 12 from The Salvation Army Girls Home, Pusat Jagaan 1Malaysia, Sunday School and Caritas Learning Centre were invited for the event.

Caritas OMPH donated a sum of RM500.00 to the Orang Asli Community at Batu Berangkai, Kampar for their annual festival celebrations held on 22 Feb, 2025.

During the Lenten Season, Caritas OMPH organised an Outreach Event on 30 March, 2025 where some food items were given and a Lunch was arranged for 30 migrant community members at Church of the Sacred Heart, Kampar.

On 24 April, 2025, two Caritas OMPH Members followed the team from Sahabat Orang Asli of Church of St. Michael to Lawin Selatan in Lenggong, Perak and distributed food items to 20 Orang Asli families resident there.

Caritas OMPH is one of the recipients of various kinds of vegetables from a farm in Cameron Highlands under their monthly corporate social responsibilities programme since April 2025 and these vegetables are repacked and distributed to our FINs, some orphanages and welfare homes.



Monthly ration packing



Investigative review of FIN



Sponsoring fried meehoon after Healing Mass



Deepavali Gift Packet



Monthly ration distribution to FIN



Children's Christmas Party 2024



Learning Centre session at Wallace House



Visitation to the aged and homebound parishioners of OMPH



Christmas Hamper given to FINs in 2024



Donation of food items to 20 Orang Asli Families in Lawin Selatan



Donation of food items to Rainbow Children's Home



Vegetables packed in boxes donated by a farm in Cameron Highlands



Emergency ration given to marginalised family



Talk on Schemes and Benefits of SOCSO



Loan of Laptop to tertiary education student



Recipient of Caritas - Irene Tan Education Fund graduated with 1st Class Honours