

Rocking Horse Early Learning Center

2253 American Way
Port Allen, LA 70767

Breakfast
December 2021

225-749-4004
Info@RHELCLC.com
TaxID: 26-3480811

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WW Pancakes w/ Syrup Fresh Bananas Whole/Skim Milk	2 Brown Sugar/Cinnamon Oatmeal Sliced Peaches Whole/Skim Milk	3 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk
6 WW French Toast Sticks Sliced Peaches Whole/Skim Milk	7 Cheese Grits Mixed Tropical Fruit Whole/Skim Milk	8 WW Toast w/ Jelly Fruit Cocktail Whole/Skim Milk	9 WW Cinnamon Biscuits Sliced Pears Whole/Skim Milk	10 Breakfast Sausage Mandarin Oranges Whole/Skim Milk
13 WW Waffle w/ Syrup Sliced Peaches Whole/Skim Milk	14 WW Buttered Biscuit Mixed Tropical Fruit Whole/Skim Milk	15 Dry Cereal Fruit Cocktail Whole/Skim Milk	16 Buttered Grits Sliced Pears Whole/skim Milk	17 WW English Muffin Mandarin Oranges Whole/Skim Milk
20 Creamy Oatmeal Mixed Tropical Fruit Whole/Skim Milk	21 WW French Toast Sticks Madarine Oranges Whole/Skim Milk	22 WW Cinamaon Toast Mixed Fruit Whole/Skim Milk	23 Breakfast Sausage Fruit Cocktail Whole/Skim Milk	24 Dry Cereal Sliced Pears Whole/Skim Milk
27 WW English Muffin Breakfast Sausage Sliced Peaches Whole/Skim Milk	28 WW Buttered Toast Mixed Fruit Whole/Skim Milk	29 WW Pancakes w/ Syrup Fresh Bananas Whole/Skim Milk	30 Brown Sugar/Cinnamon Oatmeal Sliced Peaches Whole/Skim Milk	31 WW Waffles w/ Syrup Fruit Cocktail Whole/Skim Milk

USDA Nondiscrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.)

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Lunch
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Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Whole/skim Milk	2 Beef Stew Steamed Rice Buttered Squash Fresh Bananas	3 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Sliced Pears
6 Chicken and Sausage Gumbo Steamed Rice Buttered Corn' Sliced Pears	7 WW Spaghetti w/ Meat Sauce Steamed Brocoli Fruit Cocktail Whole/Skiim Milk	8 Tuna Salad w/ WW Sliced Bread Green Beans Mandarin Orange Slices	9 BBQ Pork Baked Beans Buttered Diced Potatoes Pineapple Tidbits	10 Red Beans w/ Ham & Sausage Steamed Rice Green Beans Mixed Tropical Fruit
13 Meatloaf w/ Gravy Steamed Rice Sweet Peas Sliced Pears	14 Oven Fried Fish Garlic Mashed Potatoes Lima Beans Pineapple Chunks	15 WW Pastalya w/ Pork & Sausage Sweet Potatos Tropical Fruit	16 All Beef Hot Dog w/ WW Bun Buttered Diced Potatos Mandarin Oranges Whole/Skim Milk	17 Chicken Stew Steamed Rice Brocoli & Cheese Casserole Fuit Cocktail
20 Tuna Salad w/ WG Crackers Glazed Carrots Pinapple Tidbits Whole/Skim Milk	21 Smothered Pork Chops Mashed Potatos Sweet Peas Applesauce	22 White Beans w/ Ham & Sausage Steamed Rice Buttered Squash / Sliced Pears	23 WW Chicken Nuggets Green Beans Mixed Fruit Whole/Skim Milk	24 Sloppy Joe on WW Bun Salad w Ranch Dressing Sliced Peaches Whole/Skim Milk
27 Baked Pork Chop Cajun Rice Dressing Sweet Pototo Casserole Sliced Peaches	28 WW Grilled Cheese Sandwich Green Beans Sliced Pears Whole/Skim Milk	29 Chicken & Sausage Jambalya Sweet Peas Fruit Cocktail Whole/skim Milk	30 Beef Stew Steamed Rice Buttered Squash Fresh Bananas	31 Breaded Fish Sticks WW Macaroni & Cheese Sweet Peas Sliced Pears

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Afternoon Snack

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Monday	Tuesday	Wednesday	Thursday	Friday
		1 WW Honey Graham Crackers 100% Juice	2 WG Cheddar Goldfish 100% Juice	3 WG Bean & Veggie Crackers 100% Juice
6 Oyster Crackers 100% Juice	7 WG Teddy Graham Crackers 100% Juice	8 Crackers Mozzarella String Cheese 100% Juice	9 Ritz Bitz Cheese Crackers 100% Juice	10 WG Cheddar Cheese Its 100% Juice
13 WG Animal Crackers 100% Juice	14 White Cheddar Cheese Its 100% Juice	15 WW Honey Graham Crackers 100% Juice	16 WG Cheddar Goldfish 100% Juice	17 WG Bean & Veggie Carckers 100% Juice
20 Oyster Crackers 100% Juice	21 WG Teddy Graham Crackers 100% Juice	22 WG Cheddar Cheese Its 100% Juice	23 Ritz Bitz Cheese Crackers 100% Juice	24 Crackers Mozzarella String Cheese 100% Juice
27 WG Animal Cracker 100% Juice	28 White Cheddar Cheese Its 100% Juice	29 WW Honey Graham Crackers 100% Juice	30 WG Cheddar Goldfish 100% Juice	31 WG Bean & Veggie Crackers 100% Juice

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