

KARATE TERMINOLOGY

Japanese to English

Japanese Translation	English Term
Age Uke	Up block
Aiuchi	Simultaneous techniques
Aka	Red
Ao	Blue
Arrigato	Thank you
Arrigato gosai mashita	Thank you very much
Atoshi baraku	Little time left/fight ends soon
Ayumi Dachi	Walking Stance
Budo	"Martial Way" - Preventing or avoiding violence as far as possible
Bunkai	Kata applications
Chudan	Middle level
Chudan Zuki	Stomach Punch
Chukoku	1st warning
Dachi	Stances
Dan	Black belt ranks
Do	Attaining enlightenment/improving character through training
Dojo	Training hall
Domo	Thanks
Encho-sen	Tie breaker round
Fukushin	Judges
Fukushin shugo	Judges called
Fumikomi	Stomp kick
Gedan	Lower level
Gedan Barai	Down block
Geri	Kick
Gi	Uniform
Go	5
Go Ju	50
Go no sen	Allowing opponent to attack first, opening targets for counterattack.
Gomen nasai	I'm sorry
Gyaku Shuto Uchi	Reverse Chop
Gyaku Zuki	Reverse Punch
Hachi	8
Hai	Yes
Haito	Ridge hand
Hajime	Begin
Hansoku	3rd warning
Hansoku Chui	4th warning and disqualification
Hantei	Decision
Hanzen Dachi	Half forward stance
Harai Uke	Down block
Heisoku Dachi	Attention stance
Hidari	Left
Hiji Ate	Elbow Strike
Hiji Uke	Elbow block
Hikiwake	Draw/Tie
Hiza Geri	Knee kick

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Hombu Dojo	Headquarters
Hyaku	100
Ichi	1
Ippon	One point
Ippon Kumite	One point sparring
Jiyu Ippon Kumite	One point moving sparring
Jiyu Kumite	Free sparring
Jodan	Upper level
Jodan Zuki	Face Punch
Jogai	Out of bounds
Ju	10
Ju Go	15
Ju Ichi	11
Ju Ni	12
Ju San	13
Ju Shi	14
Juji Uke	X Block
Kake Te	Hooking hand block
Kamae / Kamae te	Get ready/Guard up
Kara te	Empty hand
Karate-do	"The Way" - The physical, mental, and social aspects Karate
Karateka	Practitioner of Karate
Kata	Forms
Keikoku	2nd warning
Ken Tsui	Hammer Strike
Kiai	Yell or shout
Kiba Dachi	Side Stance
Kihon	Fundamentals / Basic techniques
Kiken	Withdraw
Kime	Focus
Kizami Zuki	Jab Punch
Kobudo	Weapons Art
Kohai	Lower rank
Koken	Wrist Strike
Kosa Dachi	Crossed leg stance
Ku	9
Kumite	Sparring
Kumite	Sparring
Kyotsuke	Attention
Kyu	Ranks below black belt
Ma-ai	Proper distancing or timing
Mae	Front
Mae Ashi Geri	Kick with front leg
Mae Geri	Front snap kick
Mae tobi geri	Flying front snap
Mawahi Hiji Ate	Circular Elbow strike
Mawashi Geri	Roundhouse kick

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Mawat-Te	Turn around
Mienai	Can not see
Migi	Right
Mikazuki Geri	Crescent kick
Mokuso	Meditate
Morote Uke	Support Block
Morote Zuke	U-Punch
Mubobi	Self-endangerment
Musubi Dachii	Heels Together (Feet 45 °)
Nai Fan Chin Dachii	Side Stance (horse stance)
Nakae	Enter ring
Neko Ashi Dachii	Cat stance
Ni	2
Ni Ju	20
Nihon	Two points
No Kachi	Winner
Nukite	Spear Hand
Obi	Belt
Oi Zuki	Lunge Punch
Onaji Waza	Same technique
Onegai shimasu	Please teach me or help me
Otagai ni rei	Bow to each other
Rei	Bow
Roku	6
San	3
San Ju	30
Sanbon	Three points
Sanbon Kumite	Three point sparring
Sanbon Zuki	Three punches (1 face, 2 stomach)
Sanchin Dachii	Hourglass/Diagonal Inside Stance
Seiza	Kneeling position
Sempai	Higher Rank
Sempai ni rei	Bow to higher belt
Sen no sen	Attack at exact moment opponent attacks
Sensei	Instructor
Sensei ni rei	Bow to teacher
Shi	4
Shi Ju	40
Shichi	7
Shihan	Master instructor
Shikkaku	Disqualification from tournament
Shiko Dachii	Side stance (Toes Out)
Shiro	White
Shobu Hajime	Start match - Begin Fighting
Shomen	Front of Dojo
Shomen ni rei	Bow to the front
Shushin	Referee

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Shuto Uchi	Knifehand Strike Chop
Shuto Uke	Knifehand block
Sokuto Geri	Side thrust kick
Sukui Uke	Scooping block
Suwatte kudasai	Please sit down
Teisho	Palm Strike
Torimasen	No score
Tsukukete	Keep fighting
Tsukukete Hajime	Resume fighting - begin
Uchi Mawashi Geri	Inside roundhouse
Uke	Block
Uraken	Backhand Strike
Ushiro	Back
Ushiro Geri	Back kick
Waza	Techniques
Waza ari	Half point
Yamae	End
Yoi	Ready
Yoko Geri	Side kick
Yoko Geri kekomi	Side thrust kick
Yoko Tobi Geri	Flying side thrust kick
Yoko Uchi Uke	Outside block
Yoko Uke	Inside block
Yon Hon Nukite	Four Finger Spear Hand
Zanshin	Remain alert
Zenkutsu Dachi	Forward stance
Zuki	Punch